

# RAPE CRISIS SCOTLAND

**Annual Report 2010**

# Introducing Rape Crisis Scotland

Women and girls, regardless of age, race, class and circumstances, are raped, sexually assaulted and/or sexually abused. It can happen to anyone. Most are assaulted by someone they know, including partners, family members and acquaintances. Sexual violence is frightening, degrading and humiliating and can have a significant and long-term impact. This can be compounded by a criminal justice system in which less than 3% of reported rapes result in a criminal conviction; where women continue to be routinely asked questions in court about their sexual history and character; and by society's attitudes towards victims – 'she asked for it'.

For over 30 years, the rape crisis movement in Scotland has supported women who have experienced sexual violence, pressed for legal change and countered the many myths about rape and sexual assault. It is now a thriving network of nine affiliated and four associate centres which provide free and confidential support to women and girls by telephone, letter, email and in person.

A national office – **Rape Crisis Scotland (RCS)** – supports the work of local centres and develops new centres in areas where there are no or few specialist services.

This report gives a brief overview of the main developments within RCS and its affiliated centres over the past year.

In this time, there have been many significant developments both within RCS and within the criminal justice system. The **RCS helpline**, a free and confidential service offering initial support and information, is open every day from 6pm to 12 midnight. The second evaluation of the service demonstrated it is being well used, with the helpline receiving on average eight calls every evening.

Much, however, remains to be done, particularly on challenging attitudes to sexual violence. We launched a major TV advertising campaign – *Not Ever* – in June 2010.

## Introducing Rape Crisis Scotland



This campaign was designed to build on the success of the *'This is not an invitation to rape me'* poster campaign which ran two years ago. Responses to the new campaign have been very positive, and it has certainly generated a lot of discussion about society's attitudes to rape.

The current economic climate means that many voluntary organisations are facing an uncertain future. Our priority for the coming year will be to do everything we can to protect the funding for our rape crisis centres, which provide such an essential service.



We have been very pleased in the past year to welcome three new Associate Member Centres:

Central Scotland Rape Crisis Centre  
South West Rape & Sexual Abuse Centre  
Fife Rape & Sexual Assault Centre

A strong and vibrant rape crisis movement is key to supporting survivors and challenging its causes.

## RCS helpline 2009 – 2010: vital support for survivors

The **RCS Helpline** has taken over 7,500 calls since its launch in 2007. Offering a daily service between 6pm and 12 midnight, the helpline has provided initial and crisis support and information to survivors of sexual violence (aged 13+), their friends, relatives and workers.

The helpline is staffed by both paid and voluntary workers who have been trained to offer a responsive service tailored to the individual needs of callers. The helpline works with survivors of sexual violence no matter when in their life it happened. The calls reflect the breadth of survivors experiences, whether this be related to a recent rape or historic abuse, to a sexual assault or commercial exploitation, to long term abuse or isolated incidents. The helpline offers a safe place for callers to voice their experiences, to discuss the impact on their lives, to look at coping strategies and to access longer term support. The helpline is also able to offer practical information on health, reporting and the legal system, criminal injuries compensation as well as support based information around flashbacks, panic attacks, anxiety etc.

It is not possible to represent all of the callers who contact the helpline. However throughout 2009 a database was developed to record anonymised call statistics which contribute to highlighting the extent of sexual violence in Scotland. Of the 2,647 calls received from April to March, 83% have been from survivors, with 55% contacting about rape or sexual assault, 41% about childhood sexual abuse and 4% regarding a variety of experiences from ritual abuse to sexual harassment. The helpline offers support regardless of when the attack/s happened (where a timescale has been disclosed) 14% of callers contacted within one week of the attack and were able to access a crisis response, and a further 15% contacted between one week to three months. The helpline also plays an important role in offering initial support to survivors who may have experienced attacks some time ago but never disclosed this and to survivors who may be receiving support but continue to experience periods of crisis due to the impact of the attack/s.



**Have you been affected  
by sexual violence?**

**RAPE  
CRISIS  
SCOTLAND**

For support  
and information  
please call  
Rape Crisis Scotland Helpline

Freephone

**08088 01 03 02**

*(voice and minicom)*

Language interpreter available  
Open daily 6pm – 12 midnight



supported by the Scottish Government

The **RCS Helpline** is keen to provide an accessible service, offering access to language interpreters and translated support information as well as a minicom service. There has been consultation with relevant agencies around improving access and developments around email support and targeted service information.

Other developments have included a new volunteer recruitment and training programme which resulted in 10 new volunteers joining the existing team. A marketing strategy was commissioned to underpin the promotion of the helpline and promote access across different communities. Some developments were put on hold as both the Training and Volunteer Co-ordinator and Helpline Manager went on maternity leave. Cath Campbell, from GRCC, joined the team covering one post, whilst the other was absorbed in-house. Throughout this period the helpline continued its unbroken record of opening every evening of the year, providing a vital service to anyone affected by sexual violence.

# Raising awareness

## Not Ever

Following on from the success of our national poster campaign *This Is Not An Invitation To Rape Me* we developed a new awareness-raising campaign, *Not Ever*.



This was a TV campaign, funded again by the Scottish Government, which was launched in June 2010 and ran for seven weeks over the summer on three different television channels across Scotland.

*Not Ever* dealt with similar themes to *This Is Not An Invitation To Rape Me*, and was intended to challenge public attitudes that blame women for rape. From the moment it began, *Not Ever* generated a great deal of interest and provoked discussion and debate among the Scottish population. It also attracted interest from abroad.

The advert itself was supported by a campaign website [www.notever.co.uk](http://www.notever.co.uk) and garnered significant support very quickly on social networking sites such as Facebook and Twitter. It was also discussed extensively on a diverse range of blogs. 82% of the Scottish population saw the *Not Ever* advert at least once, and the advert is now proving to be a useful resource within educational settings.

### **Conference – Without fear or favour: a voice for rape survivors in the criminal justice system?**

Rape Crisis Scotland was delighted to work in partnership with the Equality and Human Rights Commission to hold a conference considering the issue of independent legal representation for complainers of sexual offences.

The conference, held in March 2010, brought together speakers from Scotland, Canada and Ireland, to consider whether separate legal representation for complainers would improve access to justice following rape.

The conference was attended by over 100 people from a wide range of organizations across Scotland and beyond. RCS and the EHRC will be considering how to take forward the issues raised by the conference. A full conference report will be released later in the year and made available on the RCS website.

### **Without fear or favour: a voice for rape survivors in the criminal justice system?**

A FREE joint Rape Crisis Scotland and Equality & Human Rights Commission conference considering independent legal representation for sexual offence complainers.

**Friday 26 March 2010**

Radisson Blu Hotel  
301 Argyle Street  
Glasgow G2 8DL

**RAPE  
CRISIS  
SCOTLAND**



Equality and  
Human Rights  
Commission

Scotland



## RCS Website

We undertook a complete overhaul of the Rape Crisis Scotland website. In addition to a redesign, the new site incorporates features to make it more useful and accessible as a resource.



These include videos introducing our service in Urdu, Punjabi, Mandarin Chinese, Arabic, French, Slovakian and Polish as well as documents in these languages. The new website also includes a **Members Area** to allow sharing of information by RCS member centres, a **Find a service near you** facility allowing users to combine a postcode search with a category (eg Rape Crisis, Police, Procurator Fiscal) to help people find a service near them, and a **Blog**, with the facility for people to comment on items under discussion. A newsletter generated automatically by the new website is circulated to a growing list of subscribers.

## Media updates

We circulated 20 **Media updates** during the year. These comprise lists of links to a range of media stories, opinion pieces and online resources on diverse topics related to sexual violence. These have been incorporated into the newsletter following the redevelopment of the website.



## Information

### Making recovery a reality

With the help of survivors and Glasgow-based Media-Co-op we created a new DVD entitled 'Making recovery a reality', which looks at the impact of sexual violence on survivors and highlights the support services offered by the Rape Crisis network in Scotland. Women who have been supported by Rape Crisis centres describe their own journeys of recovery and the part that Rape Crisis has played in making their recovery a reality. We are enormously grateful to everyone who took part in the making of the film.

### Responding to enquiries

We ran stalls at eight events. In addition to general administration calls and calls to the helpline, we responded to 278 enquiries. We receive on average one media enquiry every week.

## Finances

### Summary accounts for the period April 2009 – March 2010

Auditor: Campbell Dallas

#### Income

|                         |                   |
|-------------------------|-------------------|
| Core funding            | £245,540          |
| National Helpline       | £269,272          |
| Grants to Local Centres | £439,295          |
| Campaign                | £155,000          |
| Other restricted        | £15,000           |
| Donations               | £5,698            |
| Bank interest           | £609              |
| <b>Total:</b>           | <b>£1,130,414</b> |

#### Expenditure

|                        |                   |
|------------------------|-------------------|
| Charitable expenditure | £1,081,321        |
| Governance costs       | £4,833            |
| <b>Total:</b>          | <b>£1,086,154</b> |

Please contact us if you would like a copy of our audited accounts.

# Working for change

## Legal developments

Rape Crisis Scotland welcomed the passage of the Sexual Offences Act, which represents the most significant reform of the law on sexual offences. The Act is due to come into force in December 2010.

## Multi-agency working

RCS is involved in many multi-agency groups including:

- National Group to Address Violence Against Women
- COPFS Expert Group on Sexual Offences
- Steering group for Archway (Sexual Assault Referral Centre)
- Cross Party Working Group on Men's Violence Against Women and Children
- White Ribbon Scotland Steering Group

## Working with the Crown Office and the police

We work closely with the Crown Office and the police.

We are represented on the Crown Office Expert Group on Sexual Offences. We are also involved in providing training to COPFS staff on rape and sexual assault.

As part of the review by the Association of Chief Police Officers in Scotland (ACPOS) of how sexual offences are investigated, a national training programme for police officers undertaking rape and serious sexual assault investigations has been developed. RCS has been involved in providing training to officers who deliver this training at a local level.

We have finalised with ACPOS a protocol for automatic referral to the RCS Helpline for all complaints of sexual offences. This will mean the pro-active provision of support – where desired – to survivors. We hope that this system will go live late 2010.

# Research

## **Evaluation of the processes used to establish the Scottish Borders Rape Crisis Centre**

This was the first time a new rape crisis centre has been set up in partnership with a local authority in this way, and it is important for Rape Crisis Scotland and partner agencies to consider what worked well and what could be improved upon as part of this process.

The evaluation is overall very positive about the process for establishing the Scottish Borders Rape Crisis Centre (SBRCC), and the benefits of working in close partnership with a local authority in establishing a new rape crisis centre. The evaluation will be used to inform future service development both within SBRCC and within rape crisis more generally.

## **Scoping exercise for sexual violence services in the Highlands**

Working with the Highland Community Planning Partnership Violence Against Women Strategy Group, we commissioned this report to inform the development of services for female survivors of sexual violence in the Highlands. The scoping exercise aims to:

- To map existing services in the area and describe the services they provide
- To identify any gaps which exist in responding to female survivors
- To consider what models of service provision for female survivors of sexual violence might work in an area as geographically distinct as the Highlands
- To outline both what forms these models might take and the costs involved

The report should be completed towards the end of 2010.

# Developing new services Scottish Borders Rape Crisis Centre

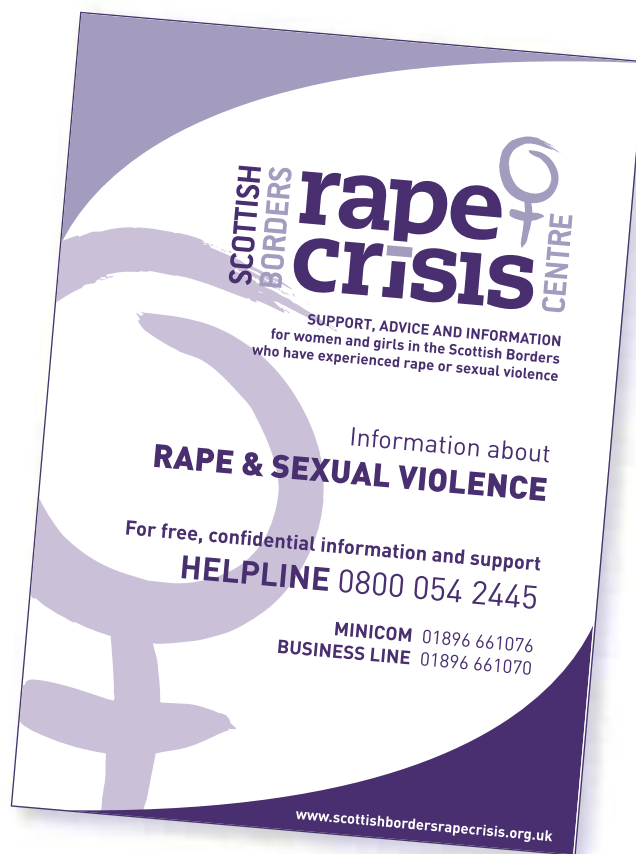
## Background and Context

In 2008, Rape Crisis Scotland applied to the Scottish Government for development funds to continue their national development programme. The main aim of the new Rape Crisis Centre would be to develop a support service for women and girls who have experienced sexual violence in the Scottish Borders area.

Rape Crisis Scotland, in partnership with Scottish Borders Council pursued the first stages of the service development by recruiting a Service Co-ordinator, who was employed by SBC's Safer Communities team, in December 2009.

This model of partnership working was the first of its kind between Rape Crisis Scotland and a local authority – Scottish Borders Council. A recent evaluation of the development process has been completed demonstrating this positive partnership.

After the recruitment and induction of a board of Trustees, the Scottish Borders Rape



Crisis Centre became an autonomous organization with charitable status.

The SBRCC helpline was launched on 1 July 2010 and is staffed by trained local volunteers.

## Looking ahead

We plan to build on the many successes and new development described in this report, including:

- Work to protect vital funding for rape crisis centres across Scotland
- Implement a system of automatic referral from the police to the RCS Helpline for sexual offence complaints
- Build on the work of our *Not Ever* campaign to continue to challenge society's attitudes towards sexual violence



## Testimonials

**“ It's great to see this campaign and, from many of the comments people have made here on your website, it's a very necessary campaign... ”**

**“ Thanks to Rape Crisis for continuing to challenge these attitudes. It's an important message and I think it will resonate with many women. ”**

# News from local centres

## **Aberdeen**

The Centre has been through a re-structure, with new Board members appointed and new staff positions created to sustain the service provision within the Grampian area.

Through a tough period, volunteers were recruited and successfully completed their training, enabling Aberdeen to re-open their doors to women survivors.

A well attended awareness day was held which facilitated increased knowledge of its services for women and young girls and kick-started the forming of important relationships and potential partnerships with other organisations and services.

## **Argyll & Bute**

We became a Company Limited by Guarantee and relocated to new, larger premises with two support rooms. We have employed three new part-time staff members for Education, Support and Development.

A new volunteer recruitment and training programme was completed at the end of July. We now have six newly trained volunteers from the Bute, Cowal and Helensburgh areas. Our funding application to develop volunteer services in Oban, Lorne and The Isles in the spring of 2011 was successful.

700 young people participated in 'Tessa' Prevention Workshops. Venues included Hermitage Academy, Helensburgh, Rothesay Academy, Isle of Bute and a number of youth groups in the Helensburgh, Tarbert and Cowal areas. The 'Tessa Youth Project' is now in the process of undergoing copyright registration.

Survivor Scotland Funding enabled the expansion of services to include support to non offending males and the additional male helpline. This is a major development for the Centre. Although the official launch will not take place until the end of the year, nine men are currently receiving support.



A further two blocks of Group Support were facilitated for women in Bute and Cowal. Sessions included Art, Writing, Self Esteem and Confidence Building. We also held a Relaxation Day for women in Helensburgh (with child care facilities). Activities included greetings cards and jewellery making, manicures, hand, neck and shoulder massage, first aid and camouflage make up demonstration and various arts and crafts. The event was enjoyed by over 50 women.

We produced a subtitled DVD of Centre Services which can be viewed in Polish or English. Our Centre Self Help Books were translated into Polish.

### **East Ayrshire**

In the past year we have moved into new larger premises allowing us to provide a better and more varied service to our clients. We invited the local Provost, Councillors and other service providers from East and South Ayrshire to view the new premises and raise awareness of the services provided.

This saw an increase in services such as Stress and Anger Management and saw a more holistic approach to the healing of the survivor. The future of the centre is, however, in doubt due to the service being put out to tender.

### **Dundee**

It has been an exciting and challenging year. Three new workers brought us up to six full-time and two part-time workers. Additionally, we have had four Board members, three counselling placement students and six volunteers supporting the organisation.

We worked in partnership with Angus Women's Aid in the setting up of an Angus Outreach Project, funded through Survivor Scotland. This project initially provided support to adult women in rural Angus who had been sexually abused as children. In December 2009 we successfully secured a further £25,000 to continue the project,

we have also been able to secure other funding to enable this project to be open up and work with women who have been raped or sexually abused at any time in their lives.

Our Women's Support and Training Project has also been successful in securing a further three years funding and the demand for workshops is continually high.

In September 2009 the Vice Versa Project was established, the Four Cities Fund through Dundee City Leisure and Communities, Community Safety Partnership funded a full-time worker to provide support to women involved in street prostitution.

The project has the long-term aim of supporting women to exit prostitution and provides a drop in service, street outreach teams, one to one support and drug treatment programmes. This project has been developed in partnership with NCH Action for Children Tayside Arrest Referral services. In March 2010 the project received a **Tayside Police Divisional**

**Excellence Award** for Partnership Working and it has now been nominated for the **Force Excellence Award**. It is encouraging how many women have made contact with the project and the fact that women are engaging with it.

In 2009 we found new premises that would enable us to grow as a service. We were able to break our lease and moved in June. We have quickly settled and are able to provide more support than ever.

### Edinburgh

EWRSAC has achieved a huge amount over the past year. In 2009 we were one of 35 charities shortlisted for the **Guardian Charity of the Year Award** and in 2010 our volunteer team won an **Inspiring Volunteer Award** from Edinburgh Volunteer Centre. We significantly increased our face-to-face and helpline support; launched a new comprehensive website; launched our new service for young women aged 12 - 18,

The STAR Project; and continued to deliver a wide range of training sessions to agencies in the statutory and voluntary sectors. We also worked closely with Lothian and Borders police to become a remote reporting site and to help develop a striking myth-busting postcard campaign launched in the festive period in 2009.

We have been very grateful to have received continued funding from the City of Edinburgh Council, the Scottish Government, the Big Lottery Fund, Lloyds TSB Foundation for Scotland, The Robertson Trust and Lankelly Chase Foundation.

### **Glasgow**

We hosted two conferences this year. In March we looked at the *Mainstreaming of Sexual Violence* with international speaker Jackson Katz. Frances Monaghan from Wise Women in Glasgow spoke about the development of their media boards and the work they do on images of women

and girls in the media. In October the Rosey project hosted its second conference looking at the sexualisation of women and girls in the music industry. It was attended by 150 people with representation from schools across the area.

Our outreach work continues to develop and we are maintaining a presence in East and West Dunbartonshire despite our staffing and funding difficulties. This is due to huge commitment from our workers and volunteers. We have been working closely with Strathclyde Police delivering training to their Sexual Offences Liaison Officers based within the public protection unit. We have also been asked to deliver training for trainers at Tulliallan in November this year. Our centre has been completely refurbished with a grant from the Charles Hayward Foundation. We now have a dedicated therapy room and more desk space in the office. Ironically we have lost staff and can't afford to replace them – but this will change!!

We have undertaken two new volunteer training programmes in the past year and are about to start a third. It has been hard work but our current staff/volunteer team have rallied and contributed to the training and supporting the new volunteers.

### **Lanarkshire**

The credibility of the work of the LRCC and everyone's commitment was acknowledged when we received an award naming us as **Voluntary Organisation of the Year 2010**. The Award was proudly accepted by voluntary support worker Annette.

Helpline and face to face support is provided Monday to Friday at specific times. 2009/10 saw a 7% increase in calls and 19% increase in face to face support hours. We also supported an additional ten new girls aged 14 – 18yrs, making a total of 15 young girls supported over the past year.

LRCC continues to be actively involved in local partnership groups where we strive

to help to improve support services for the women and girls of Lanarkshire.

### **Perth & Kinross**

We have seen increasing referrals annually from 27 in 2007/08 to 106 in 2009/10. Helpline calls are up from 69 to 505 during the same period.

We recruited eight new volunteers who participated in our six week long training programme, with four going on to complete their 80 hour induction. They are now at the stage of being able to support women face to face and on the telephone. Meanwhile they have helped with various events and the running of the Centre administration.

During 2009 we extended the RCS campaign ***This is not an invitation to rape me*** with two taxis printed with graphics (funded by Perth & Kinross Choose Life Fund) and ran a festive poster campaign in pubs and clubs. We continue to push the message that there is no excuse for rape and/or sexual abuse.

## News from local centres

At our Development Day in May 2009 we piloted our new group support pack and self-harm and suicide prevention training with good results. The group then went on to develop our mission statement and decided upon: 'Women working towards freedom from rape and sexual abuse'.

We now have six Management Committee Members but could still accommodate more. We continue to search for interested women.

### Western Isles

The number of women receiving support from WIRCC has been increasing steadily. Survivors feel safer and can access our service (through attending workshops) without fear of being identified, especially in the more rural areas. The Centre is now receiving funding from Survivor Scotland. There has been a good uptake of a number of successful workshops which we have facilitated throughout the Western Isles and also in the Southern Isles.

## Supporting local centres

RCS offered a wide range of support to the 13 rape crisis centres throughout Scotland and the islands including advice, resources, media support, co-ordination of development days, funding updates and governance training to boards.

The *RCS Ensuring Good Governance within Rape Crisis Centres (2009/2010)* information pack was completed and distributed to all centres as a resource for management committees and boards of Scottish Rape Crisis Centres. It offers a comprehensive summary of the key responsibilities of the governance role and additional resources and helpful publications. For further information please see the RCS website.

A new forum for trainers was established for all rape crisis staff involved in training. The main aims are: to offer support, encourage the sharing of ideas and practice, explore monitoring and evaluation experiences and co-ordinate training throughout Scotland.

# Contact information

## Aberdeen

Rape and Abuse Support  
88 John Street, Aberdeen AB25 1LE  
**Helpline: 01224 620 772**  
**Office: 01224 639 347**  
Email: [info@rasane.org.uk](mailto:info@rasane.org.uk)  
Web: [www.rasane.org.uk](http://www.rasane.org.uk)

## Argyll & Bute

Argyll & Bute Rape Crisis Centre  
PO Box 9338, Dunoon PA23 8WS  
**Helpline (women): 0800 121 46 85 Helpline (men): 0800 032 0399**  
Minicom prefix 08001  
**Office: 01369 700 800**  
Email: [info@rapecrisiscentre-argyll-bute.org.uk](mailto:info@rapecrisiscentre-argyll-bute.org.uk)  
Email: [support@rapecrisiscentre-argyll-bute.org.uk](mailto:support@rapecrisiscentre-argyll-bute.org.uk)  
Web: [www.rapecrisiscentre-argyll-bute.org.uk](http://www.rapecrisiscentre-argyll-bute.org.uk)

## Central Scotland

Rape & Sexual Abuse Centre  
1 Glebe Avenue, Stirling FK8 2HZ and PO Box 28, Falkirk FK1 1AA  
**Helpline: 01786 471 771**  
**Office: 01786 446 887**  
Email: [csrcc@ic24.net](mailto:csrcc@ic24.net)  
Web: [www.rapecrisiscentralscotland.co.uk](http://www.rapecrisiscentralscotland.co.uk)



### Dumfries and Galloway

South West Rape & Sexual Abuse Centre

9 George Street Meuse

Dumfries DG1 1HH

**Helpline: 01387 253 113** (Dumfries)

**Helpline: 01776 889 331** (Stranraer)

Email: [swrcandsac@btconnect.com](mailto:swrcandsac@btconnect.com)

Web: [www.rape-crisis.co.uk](http://www.rape-crisis.co.uk)

### Dundee

Women's Rape & Sexual Abuse Centre

PO Box 83, Dundee DD1 4YZ

**Helpline: 01382 201 291**

Office: 01382 205 556

Minicom: 01382 226 936

Email: [wrasac@btconnect.com](mailto:wrasac@btconnect.com)

Web: [www.wrasacdundee.org](http://www.wrasacdundee.org)

### East Ayrshire

Rape Counselling & Resource Centre

PO Box 23, Kilmarnock KA1 1DP

**Helpline: 01563 541 769**

Office: 01563 544 686

Email: [rcrc1@tiscali.co.uk](mailto:rcrc1@tiscali.co.uk)

## Contact information

### Edinburgh

Women's Rape & Sexual Abuse Centre

1 Leopold Place, Edinburgh EH7 5JW

**Helpline: 0131 556 9437**

**Office: 0131 557 6737 Minicom: 0131 557 6757**

**Email:** [support@ewrasac.org.uk](mailto:support@ewrasac.org.uk) **Email:** [info@ewrasac.org.uk](mailto:info@ewrasac.org.uk)

**Web:** [www.ewrasac.org.uk](http://www.ewrasac.org.uk)

### Fife

Fife Rape & Sexual Assault Centre

182a The Esplanade, Kirkcaldy KY1 1RE

**Office: 01592 642 336**

**Email:** [info@frasac.org.uk](mailto:info@frasac.org.uk) **Web:** [www.frasac.org.uk](http://www.frasac.org.uk)

### Glasgow

Glasgow Rape Crisis Centre

5th Floor, 30 Bell Street, Glasgow G1 1LG

**Helpline: 0141 552 3200**

**Office: 0141 552 3201 Minicom: 0141 552 4244**

**Email:** [info@rapecrisiscentre-glasgow.co.uk](mailto:info@rapecrisiscentre-glasgow.co.uk) **Web:** [www.rapecrisiscentre-glasgow.co.uk](http://www.rapecrisiscentre-glasgow.co.uk)

### Lanarkshire

Lanarkshire Rape Crisis Centre

Brandon House Business Centre, 23-25 Brandon Street, Hamilton ML3 6DA

**Helpline: 01698 527 003 Office: 01698 527 006**

**Email:** [info@lanrcc.org.uk](mailto:info@lanrcc.org.uk) **Web:** [www.lanrcc.org.uk](http://www.lanrcc.org.uk)

### Perth & Kinross

Women's Rape & Sexual Abuse Centre

PO Box 7570, Perth PH2 1BY

**Helpline: 01738 630 965**

**Office: 01738 626 290**

**Email:** [info@perthshirerapecrisis.org](mailto:info@perthshirerapecrisis.org)

**Support:** [wrasacpk@gmail.com](mailto:wrasacpk@gmail.com)

**Web:** [www.perthshirerapecrisis.org](http://www.perthshirerapecrisis.org)

### Western Isles

Rape Crisis Centre

74 Kenneth Street, Stornoway, Isle of Lewis HS1 2DS

**Helpline: 01851 709 965**

**Office: 01851 709 967**

**Email:** [info@wircc.org.uk](mailto:info@wircc.org.uk)

**Web:** [www.wircc.org.uk](http://www.wircc.org.uk)

### Scottish Borders

Rape Crisis Centre

41 Bridge Street, Galashiels TD1 1SW

**Helpline: 0800 054 2445**

**Office:** 01896 661070

**Email:** [SBRCC@hotmail.co.uk](mailto:SBRCC@hotmail.co.uk)

**Web:** [www.scottishbordersrapecrisis.org.uk](http://www.scottishbordersrapecrisis.org.uk)

# **RAPE CRISIS SCOTLAND**

Tara House  
46 Bath Street  
Glasgow  
G2 1HG

Office tel: 0141 331 4180

Office fax and minicom: 0141 332 2168

Email: [info@rapecrisisscotland.org.uk](mailto:info@rapecrisisscotland.org.uk)

Web: [www.rapecrisisscotland.org.uk](http://www.rapecrisisscotland.org.uk)

Rape Crisis Scotland is a charitable  
company limited by guarantee.  
Registered in Scotland No 258568.  
Recognised by the Inland Revenue  
as a Scottish Charity No SC025642

## **RCS Helpline**

# **08088 01 03 02**

*(voice and minicom)*

open daily 6pm – 12 midnight