

EQUALLY SAFE IN COLLEGES AND UNIVERSITIES

Rape Crisis Centres' offer a range of services to support colleges and universities to prevent gender-based violence (GBV), respond to disclosures of GBV, and support students and staff that are experiencing or have experienced GBV both on and off campus.



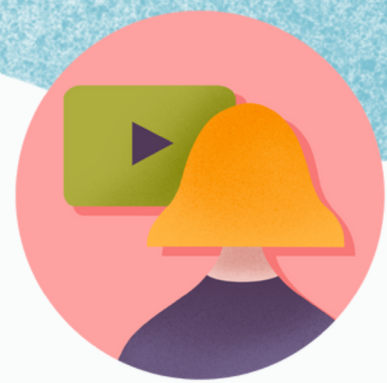


STAFF TRAINING

GBV First Responder Training Programme

GBV First Responder Training is a two tiered programme designed to equip staff within colleges and universities with the skills and confidence to respond to disclosures of gender based violence. Institutions investing in designated First Responders demonstrate to students a commitment to supporting survivors of sexual and gender based violence.

Level	Participants	Content
Level 1 (Essential) 1 Day	All staff	<ul style="list-style-type: none">• What is GBV?• Prevalence and statistics• Societal attitudes about GBV• The criminal justice system• Introduction to responding to disclosures
Level 2 (Enhanced) 1 Day	Staff in frontline, student facing roles, or who have a remit relating to GBV, and who have completed Level 1.	<ul style="list-style-type: none">• Responding to disclosures• Defining trauma and traumatic symptoms• Understanding coping strategies• Trauma informed practice• Boundaries and vicarious trauma



STUDENT EDUCATION

GBV eLearning Module

The Rape Crisis Scotland GBV e-learning module is a free, interactive learning tool designed to give students an introduction to GBV.

Content includes:

- facts and figures about GBV
- consent and healthy relationships
- the impact of GBV and how to be a supportive friend
- signposting to support for those affected by GBV

The module was developed with input from a range of key stakeholders in the GBV, FE and HE sectors. The module is developed specifically for the Scottish context and includes a gendered analysis in line with Equally Safe; Scotland-specific support information for survivors of GBV and their supporters; Scottish legislation and legal definitions; and links to the wider Equally Safe in Colleges and Universities project and the ESHE Toolkit.

The module is free to access from Rape Crisis Scotland and can be embedded within your institutions existing e-learning platforms.



STUDENT EDUCATION

Peer Education Programme

Let's Talk about Sexual Violence is a peer education programme, designed in partnership with University of Glasgow Students' Representative Union and Glasgow Caledonian University, for students with a keen interest in challenging sexual violence.

Peer educators take part in a 3-day training course, which equips them with the skills and knowledge to deliver a 90-minute workshop to other students. This programme requires a commitment from the institution to support the values of the programme, advertise the training, recruit participants and support students to coordinate peer workshops.

If you would like to discuss tailored student education packages please contact your local Rape Crisis Centre for more information.

More information:

If you are interested in finding out more about our work in colleges and universities, please contact:

Lisa Waiting

Schools Further and Higher Education Coordinator
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Rape Crisis Scotland Helpline (for anyone aged 13+)
08088 01 03 02

Information about other support services is available [here](#).

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