

RAPE CRISIS CENTRE

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**RAPE
CRISIS
SCOTLAND**

ANNUAL REPORT

2021-2022



This report is dedicated to Emma Ritch, the late Chair of our Board of Trustees and an ardent advocate for survivors. We're eternally grateful to Emma for her support, leadership, and sisterhood.



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INTRODUCTION

This was another very busy year for the Rape Crisis movement in Scotland and we made great strides in several areas of our work.

We welcomed the Scottish Government's investment of an additional **£2.25 million** of funding to help address waiting lists for specialist support. This much-needed investment in local Rape Crisis services allowed centres to employ additional staff to reduce the time survivors need to wait to access support. We are looking forward to the outcome of the **Independent Strategic Review of Funding and Commissioning of Violence Against Women and Girls Services.**

As COVID restrictions were relaxed across Scotland, local Rape Crisis Centres increased accessibility by returning to face-to-face support, alongside online and telephone support options. Our national helpline also increased capacity to respond to demand, and successfully trialled a webchat service that received very positive feedback from survivors.

We were thrilled to launch **Equally Safe at School (ESAS)** in August 2021. Developed in partnership with the University of Glasgow and delivered by

Prevention Workers in local Rape Crisis Centres across Scotland, ESAS is an award-winning whole school approach to responding to gender-based violence. ESAS supports schools to take the lead in their communities to ensure students can thrive free from harassment, and has been embraced by schools, with **50** signing up in the first **6** months.

We have continued to work closely with partners across justice, health, education and the third sector, as well as with survivors and local centres, to improve responses to survivors of sexual crime.

We were shocked and deeply saddened by the sudden passing of our colleague, sister and Chair of our Board of Trustees, Emma Ritch. Emma was a committed and passionate feminist and advocate for women and girls in Scotland, Europe and beyond. We pay tribute to Emma's incredible work, both as our Chair and across the wider feminist movement. Emma had an enormous impact on our organisation and we are so grateful to have benefited from her leadership for the last ten years. She is sorely missed.



HELPLINE

We've had lots of exciting developments on the helpline this year. To increase capacity and ensure more survivors are able to access helpline support on their first attempt, we increased the helpline opening hours in early 2022, adding an extra hour of support every day. The helpline is now open from 5pm until midnight, every night. In addition, we recruited **5** new support workers in January 2022 which meant we were able to increase the number of support workers on each shift.

The Rape Crisis Scotland helpline received a total of **5407** support and information contacts over the year and **66%** of contacts this year were phone calls. In addition, we also had **839** hang ups and **121** silent calls, evidence that reaching out for support continues to be challenging.

Text support contacts increased by **82%** compared to the previous year. This represents a shift in how survivors are reaching out for support, from email to text, which might indicate a greater awareness of the different types of support available or an increase in demand for text support.

TO INCREASE CAPACITY AND ENSURE MORE SURVIVORS ARE ABLE TO ACCESS HELPLINE SUPPORT ON THEIR FIRST ATTEMPT, WE INCREASED THE HELPLINE OPENING HOURS IN EARLY 2022

Building on the popularity of the text support service, this year we explored new ways to increase access to the helpline. The helpline team successfully ran a **pilot of webchat support** for a six week period throughout November – December 2021 and provided **36** support and information sessions via webchat throughout this time. Written support, including support by email, text, letter and webchat, made up **31%** of all support and information contacts over the last year.

We had great feedback from survivors about their experiences of accessing webchat support, and we found there was demand for the service to be continued. We are pleased to announce that the full webchat support service will be launched later in 2022.

WE ARE PLEASED TO ANNOUNCE THAT THE FULL WEBCHAT SUPPORT SERVICE WILL BE LAUNCHED LATER IN 2022.

In addition to our core helpline support, the helpline team ran a four month paid learning and development programme open to Black, Asian and Minority Ethnic (BAME) women seeking to broaden access to the helpline, and particularly to widen access to recruitment on our helpline for BAME women in Glasgow. Six excellent trainees were recruited for the programme running from February-June 2022.

The Learning and Development programme was a highly valuable learning experience for the helpline team as well as the trainees. It inspired new ideas for adapting the current volunteering programme and recruitment processes, to ensure that we are providing

accessible and supported opportunities for all. We are pleased that two of the trainees have decided to join the helpline volunteer team, and we hope the experience will lead to further volunteer and paid work opportunities in the future.

I feel my voice is counted and heard. They make a concerted effort to understand the barriers and intersectional obstacles we face, and are dynamic with solutions.

Helpline trainee



HELPLINE FEEDBACK

At the moment I am still in a very dark place and not able to access the self care and coping mechanisms I usually turn to. Having it reinforced that I can access really meaningful support, at my own pace but I don't have to feel forced - where someone isn't just telling me something out of pity while judging me or going to take matters out of my hands is really important.

I feel less alone and less isolated. I feel supported and that people understand what I am dealing with. It is helpful to have as a safety net for when my legal case progresses.

I was really delighted with the speed of the response and the quality of the information and advice given to me at this early stage of contact.

All the info I asked for was provided quickly and concise. My questions all answered and I feel much better for messaging now. I feel in a better place to decide my next steps and know now what will happen when I do.

Thank you so much for believing me and taking me seriously [...] The support worker was so supportive and validated my experience. they also reassured me that I would absolutely be believed and taken seriously. Taking this step was so daunting but so worth it

Taking this step was so daunting but so worth it and I feel lighter for just having this one conversation.



NATIONAL ADVOCACY PROJECT

The National Advocacy Project is a network of advocacy workers across Scotland who provide support and advocacy to anyone that has engaged, or is considering engaging, with the justice system following a sexual crime.

In 2021-22, approximately **2000** survivors were supported by the **National Advocacy Project**, and Advocacy Workers provided over **20,000** hours of support. We supported survivors at every stage of the criminal justice process, with **185** survivors supported at police statements, **29** supported at precognition, **51** supported to court familiarisation visits, and **142** survivors provided with in court support.

The return of jury trials throughout Scotland meant that we were able to support **193** survivors to attend court, triple the number of people supported to do this in 2020-21. However, the significant court delays that already existed have been made much worse by the impacts of COVID, and the National Advocacy Project saw increased caseloads and waiting lists

this year as a result. During the period we received **1,375** referrals for support and **750** survivors spent time on a waiting list for advocacy, a **30%** increase on the previous year.

WE CONTINUE TO HEAR FROM SURVIVORS OF THE HUGE DISTRESS THAT DELAYS CAUSE AT ALL LEVELS AND STAGES OF THE CRIMINAL JUSTICE SYSTEM

We continue to hear from survivors of the huge distress that delays cause at all levels and stages of the criminal justice system. We are extremely concerned about the impact of these delays for all survivors who are considering or who are engaging with the criminal justice system.

PREVENTION

It has been a very busy year for prevention workers across the Rape Crisis network in Scotland.

We continued to work closely with local Rape Crisis Centres delivering the **national prevention programme**. School closures as a result of COVID in the early part of the year meant that providing prevention workshops was initially a challenge. However, with the easing of COVID restrictions and the return to in-person schooling, local Rape Crisis Centres were able to reach pre-pandemic numbers of schools and a record number of young people.

In 2021-22 centres delivered workshops to **27,952** young people across **181** schools, which is approximately half of the secondary schools in Scotland. Centres also supported **415** young people take the lead in helping prevent sexual violence – focusing on what they want to change in their school, community and wider society.

Rape Crisis Centres also worked with **93** partner agencies across the country - including youth agencies, Women's Aid groups, VAWG partnerships – to join up approaches, share training and help other agencies

better support the young people they work with. After several years piloting and development, we launched **Equally Safe at School (ESAS)** in August 2021. Developed in partnership with the University of Glasgow, ESAS is a whole school approach to responding to gender-based violence which supports schools and young people to take the lead in their communities.

In February 2022, Equally Safe at School was recognised for its collaborative approach and was awarded the University of Glasgow's Medical, Veterinary and Life Sciences' award for Public Engagement. The judges were particularly impressed by the way ESAS had involved young people in its design. By the end of the period, **50** schools had registered for ESAS across **20** local authorities.

Finally, we worked with local Rape Crisis Centres to deliver the **Equally Safe in Colleges and Universities (ESCU) programme** which provides specialist training to local colleges and universities to improve responses for survivors. This year we supported **10** centres in delivering First Responder training, which focuses on providing trauma-informed responses to students who disclose gender-based violence. First Responder training was provided to staff in **10** universities and **3** colleges.

I LEARNED...

*Sexual violence
isn't just physical
(Boy, 12)*

*Where I can speak to someone
if I have been sexually abused/about
adverts using sex to promote products.
(Girl, 12)*

*That no matter how we
look, we can get help.
(Gender queer young person, 12)*

*To make sure that you ask consent
before doing something that the
other person may not like
(Boy, 13)*

*Consent and how to tell if
someone isn't getting consent.
(Girl, 13)*

*I have learned that no matter what
you or anyone else is going through
we are never alone. We always
have someone to talk to.
(Girl, 14)*

*You don't need to send
it you don't want to.
(Boy, 14)*

*Victim blaming is very
common and it shouldn't be.
(Other gender, 15)*

*To respect people's
boundaries and don't pressure
anyone to do anything.
(Girl, 15)*

*Need to listen. You don't have to
have sex even if its last second.
(Boy, 15)*

*That some things I thought
were normal are actually
sexual violence.
(Girl, 16)*

*Porn is not
always consensual.
(Boy, 16)*

An artistic illustration featuring a large, dark blue hand with a textured, stippled appearance. The hand is open, with fingers slightly spread, and holds a small, rectangular sign. The sign has a light green border and a dark green top section containing the text 'RAPE CRISIS CENTRE' in white, uppercase letters. Below the text, the sign is divided into two white rectangular sections by a thin green vertical line. The background is a dark, textured surface with a mottled pattern of dark blue and brown tones.

RAPE CRISIS CENTRE

SUPPORTING CENTRES

We continued to deliver and expand the learning and development opportunities across the Rape Crisis network, including the development of an accredited qualification and building our Knowledge and Learning Hub.

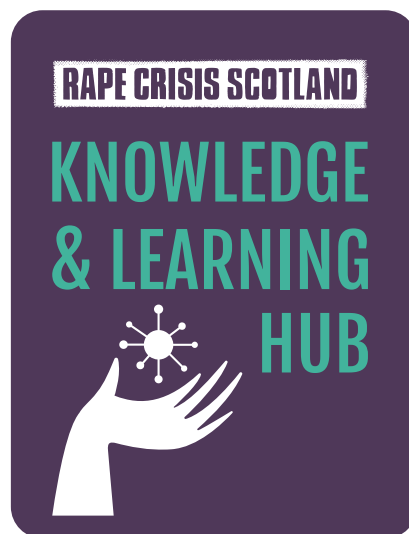
A working group from across the network began development of the qualification '**Sexual Violence in Scotland: Support, Advocacy and Prevention**'. This qualification will be accredited by both the Scottish Qualifications Authority (SQA) and Rape Crisis Scotland and will help to build capacity across our network.

THE KNOWLEDGE AND LEARNING HUB WAS CREATED THROUGH A PROCESS OF CROSS-NETWORK COLLABORATION

The **Knowledge and Learning Hub** was created through a process of cross-network collaboration in response to the need identified by local centres for a place to share, learn and connect with all members

of our network across Scotland. Development also commenced on a '**Support Toolkit**' guide to support best practice for 1-2-1 and group support.

We continued to provide training to the network this year, including **Sexual Harassment training** provided by the SWRC, **Governance training** for Trustees and Chairs in Boards of Rape Crisis Centres and **Crisis Management training**. We also maintained ongoing support through peer networks for Advocacy and Prevention workers across the network who meet online quarterly to discuss issues at a local and national level and to receive ongoing training.





SCOTTISH WOMEN'S RIGHTS CENTRE

The Scottish Women's Rights Centre (SWRC) is a unique collaborative project which provides free legal and advocacy services to survivors of gender-based violence in Scotland. The SWRC partnership between Rape Crisis Scotland, JustRight Scotland and the University of Strathclyde Law Clinic delivers Scotland wide legal information helplines, advice surgeries and



some representation as well as specialist advocacy support and **FollowItApp** – an incident recording app for women survivors of stalking.

Despite limited capacity in the legal team during this time, the SWRC legal helpline - which offers information, signposting and initial legal advice to women who have experienced violence and abuse - answered **359** calls in 2021-22 and provided tailored legal advice in **130** legal surgery appointments. To help manage capacity the SWRC introduced a new way of delivering helplines in January 2022, with Advocacy Workers handling calls for

initial information and support. Where legal information or advice was required, solicitor call backs were arranged. The Advocacy Triage service worked well and was continued into 2022-23. The SWRC advocacy support service combines a dedicated advocacy helpline, non legal casework, and partnership work with relevant justice services. Over the last year, as well as short pieces of advocacy work and providing support to clients of the SWRC solicitors; this service provided ongoing advocacy support to **19** women and received **237** calls to the advocacy helpline (which has since been suspended following the introduction of the Triage Service). The SWRC advocacy service also works with the Rape Crisis Scotland Helpline to deliver FollowItApp including providing an initial support and signposting call when signing up to use the app, at the end of the period, the FollowItApp had **382** users.

This year marked the end of the **Rosa funded Sexual Harassment Service** after three years, during which the SWRC employed a solicitor specialising in sexual harassment. The Rosa Sexual Harassment solicitor

took **90** telephone advice calls and **54** legal surgery appointments. She also represented women in **5** cases, delivered training to the Rape Crisis network and published a series of blogs on rights in relation to sexual harassment which remain available on the SWRC website. Thank you to Rosa, the grant-making charity that funded this project and made this service possible.

The SWRC also completed the **RISE@SWRC** pilot project, funded by the Scottish Government to offer legal and advocacy services to women survivors of gender-based violence who were involved in selling or exchanging sex. Although uptake of this service was low, relationships were established across the sector, a series of blogs and resources were published and there was important learning which is being embedded to core SWRC services to improve accessibility.

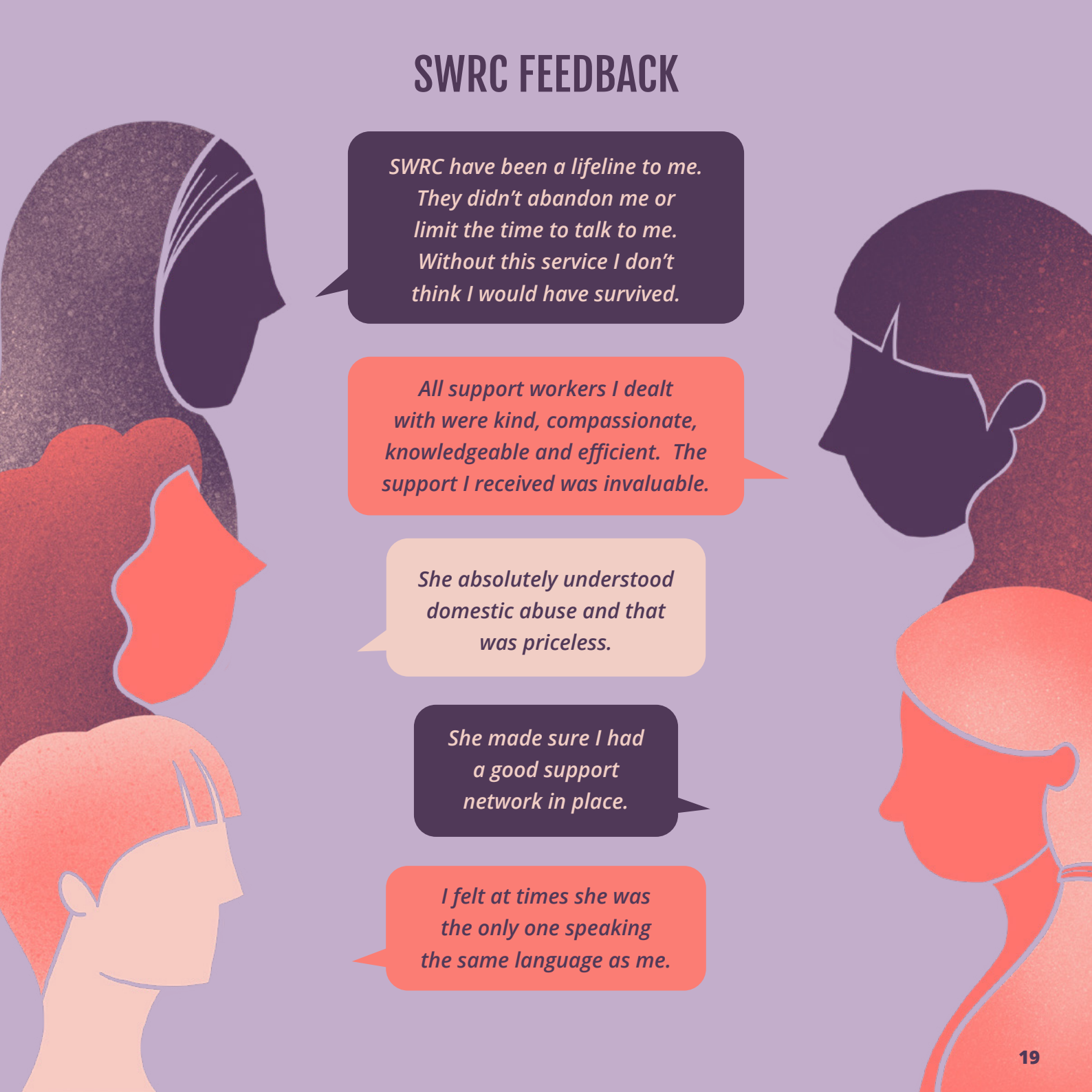
The SWRC continued to work to improve the justice landscape for survivors. In the last year, they delivered training on domestic abuse to **32** solicitors, expanding the solicitor signposting network available on the SWRC website. They also presented **3** webinars as part of the Labyrinth Project to a total of **156** attendees, on topics such as forced marriage and the EU Settlement Scheme

(EUSS) for survivors and women living with abuse after Brexit. The SWRC published new resources in relation to immigration rights and on making disclosures of abuse on social media, and responded to relevant policy consultations.

IN THE LAST YEAR, THE SWRC DELIVERED TRAINING ON DOMESTIC ABUSE TO 32 SOLICITORS, EXPANDING THE SOLICITOR SIGNPOSTING NETWORK ON THEIR WEBSITE

In January 2022, Rape Crisis Scotland and the SWRC received 2 years funding from **The Legal Education Foundation** to develop Justice Training and Policy remits with shared capacity (2.5 days per week each). The project aims to achieve an impact across a wide network to shape policy development and increase expertise to improve legal outcomes for survivors of gender-based violence across Scotland.

SWRC FEEDBACK



*SWRC have been a lifeline to me.
They didn't abandon me or
limit the time to talk to me.
Without this service I don't
think I would have survived.*

*All support workers I dealt
with were kind, compassionate,
knowledgeable and efficient. The
support I received was invaluable.*

*She absolutely understood
domestic abuse and that
was priceless.*

*She made sure I had
a good support
network in place.*

*I felt at times she was
the only one speaking
the same language as me.*



WORKING FOR CHANGE

We continue to lead the way in pushing forward public understanding of sexual violence in Scotland, as well as highlighting available support and holding decision makers to account. Survivors are at the core of our work at Rape Crisis Scotland and we have continued to work closely with the **Survivor Reference Group (SRG)** this year to advocate powerfully for change. The SRG is a participation group made up of nearly 60 survivors across Scotland who draw on their lived experience to campaign for improved responses to sexual violence.

We supported the SRG to create the **Police Responses in Scotland Report**, a collation of survivors' experiences of reporting sexual crimes and what needs to change. The report was widely publicised and welcomed by First Minister Nicola Sturgeon who committed the Scottish Government to considering the relevant findings. The report was also acknowledged by Chief Constable Iain Livingstone, who met with some of the survivors involved to confirm Police Scotland's support for a number of the recommendations and reaffirm his commitment to improving police responses to victims and survivors.

We also launched a **podcast mini-series**, led and shaped by members of the Survivor Reference Group. The podcast series is by survivors for survivors, and for anyone else who wants to hear directly from survivors. In it, SRG members discuss their experiences from seeking justice to self-care, to what it's like to access support to media coverage.

WE LAUNCHED A PODCAST MINI-SERIES, LED BY SURVIVORS FOR SURVIVORS

The SRG have also met with various organisations, committees and institutions to inform them on issues such as funding, the impact of waiting lists and the life-saving impact of Rape Crisis support. We supported members of the SRG and fellow survivor activist Miss M to meet with the **Criminal Justice Committee** in person and provide private evidence about their experience of seeking justice and what needs to change. These were powerful, impactful sessions that spurred the committee to seek evidence from the Courts, Lord Advocate and Cabinet Secretary for Justice.

Our joint campaign with Miss M to **End Not Proven** made great strides this year. In early 2022, the Scottish Government consulted on the Not Proven verdict and related reforms, considering for the first time whether to remove the third verdict.

We were pleased when independent analysis of the consultation responses found **clear majority support for the removal of the Not Proven verdict**. We will continue to press the Scottish Government to deliver on this mandate and to follow through with their commitment to improving survivors' access to, and experiences of, the criminal justice system. We pay tribute to the efforts of Miss M and the many other survivors who have worked to bring the Not Proven verdict to the attention of decision makers.

**WE PUBLISHED A REPORT
CALLING FOR INDEPENDENT
LEGAL REPRESENTATION
FOR COMPLAINERS WHEN
ATTEMPTS ARE MADE TO BRING
UP THEIR SEXUAL HISTORY**

We have continued to advocate for legal change, and in particular we have tirelessly campaigned for the recommendations of **Lady Dorrian's report on Improving the Management of Sexual Offence Cases** to be given serious consideration. We were represented on a governance group established by the Scottish Government to make headway on the implementation of these recommendations. We published a **report from a roundtable into privacy rights for sexual offence complainers** which called for independent legal representation for complainers when attempts are made to bring up their sexual history or character. Further, our Chief Executive spoke at a Glasgow Third Sector Interface Network seminar on Lady Dorrian's review of the management of sexual offences and abolishing 'not proven', and reforming corroboration.

We continued to be represented in key working groups, including the **Chief Medical Officer (CMO) Taskforce** on improving health responses to rape and sexual assault. Through the CMO Taskforce, we were able to help shape the promotional campaign and information resources for the new self-referral process for forensic medical examinations through Sexual Assault Response Coordination Services (SARCS).

We embarked on yet another busy **16 Days of Action**, featuring blogs, briefings for the Scottish Parliament ahead of their debates on Prevention and Criminal Justice and a takeover by **Scottish Borders Rape Crisis**. We also supported **Amina's Say Her Name event**, commemorating the women killed through so-called honour-based violence.

WE USED OUR PLATFORM TO SPEAK OUT AGAINST THE NATIONALITY AND BORDERS BILL AND ITS IMPACT ON SURVIVORS

Throughout the year, we highlighted in the media issues affecting survivors of sexual violence. Our Chief Executive Sandy Brindley gave several radio and television interviews discussing issues such as criminal justice reform, changing attitudes about sexual violence and sexual misconduct in universities. We used our platform to speak out against the **Nationality and Borders Bill** and its impact on survivors, working with the Scottish Refugee Council and Just Right Scotland to write a statement that was signed by **60** Scottish organisations from across the women's, refugee and trafficking, homelessness and

children's sectors. We also wrote a well-received piece for the Scotsman about so-called safety advice, and published **10** blogs and **17** news articles on our website.

We gave **22** training presentations and our prevention team continued to co-chair the **Gender-Based Violence in Schools Working Group**, alongside Zero Tolerance and the Scottish Government Learning Directorate. The working group is currently engaged in planning a national guidance document which will clearly set out the role of schools in preventing and intervening in gender-based violence, as well as their responsibility to support survivors.

We would like to thank everyone who stood with survivors this year and everyone who contributed to the fundraiser. Most importantly, we want to thank survivors and those who continue to advocate powerfully for change. We see you, we believe you and we're here for you.

LOOKING AHEAD

Rape Crisis Scotland will continue to work to transform attitudes, improve responses at a local and national level, and ultimately to end rape and sexual violence in all its forms.

We will develop and implement our new **3 year strategic plan for 2023-26**, drawing on the expertise within our organisation and the wider rape crisis movement to help us deliver our key priorities in tackling sexual violence.

We are dedicated to developing and expanding our participation work which keeps survivors and their priorities at the core of our work, shaping our approach to service delivery and informing our campaigning and policy work. The recent creation of the **Participation and Resources Worker** post will allow us to increase our capacity for participation work with the **Survivor Reference Group** and beyond, drawing on decades of experience from across the Rape Crisis network in Scotland.

We have been encouraged by the Scottish Government's recent efforts to effect real improvements for survivors going through the criminal justice system, such as the [consultation on legislating for specialist sexual violence courts](#). This is a time of significant potential for genuine, transformative change in how the justice system responds to sexual crime. We look forward to working with survivors and decision-makers to bring these changes to fruition.



FINANCE & FUNDING

Statement of Financial Activities for the year ending 31st March 2022

INCOME AND ENDOWMENTS FROM:

Donations **£202,628**

Charitable activities

Sexual violence support **£5,486,065**

Investment income **£74**

Total incoming resources **£5,688,767**

Expenditure on Charitable activities

Sexual violence support

Total resources expended **£5,614,175**

Net Income **£74,592**

Other recognised gains/(losses)

Actuarial gains/

losses on defined benefit schemes **£180**

Net Surplus **£74,772**

FUND BALANCES AS OF:

1st April 2021 **£268,342.00**

31st March 2022 **£343,114.00**

Core Funding **£122,000**

Donations **£49,767.00**

National Helpline **£130,000**

Donations **£5,537.00**

3rd Sector Early Intervention **£327,927.00**

Scottish Government – Justice funding **£1,364,767.00**

Scottish Women’s Rights Centre **£611,496.00**

Whole School Approach **£42,298.00**

Prevention **£171,774.00**

Training & education **£21,615.00**

Moray PFG **£40,908.00**

Sexual harassment **£50,000.00**

Access Fund -

Tampon Tax **£642,328.00**

COVID-19 Fund -

COVID-19 Recovery **£941,993.00**

Waiting List **£562,500.00**

Delivering Equally Safe (DES) **£412,895.00**

DES Partnership **£190,971.00**

£5,688,767.00

Please contact us if you would like a copy of our audited accounts.

LOCAL CENTRES

This year was incredibly busy for Rape Crisis Centres. Increased demand and emergency funding meant that local centres were able to provide support to a record number of individuals, **8198** individuals, an overwhelming increase of **34.5%** on the previous year.

INCREASED DEMAND AND EMERGENCY FUNDING MEANT THAT LOCAL CENTRES WERE ABLE TO PROVIDE SUPPORT TO A RECORD NUMBER OF INDIVIDUALS

Rape Crisis Centres welcomed the Scottish Government's much-needed investment of an additional **£2.25 million** to help address waiting lists for specialist support. This funding allowed centres to employ additional staff to reduce the time survivors need to wait to access support.

Despite a return to face-to-face support, Rape Crisis Centres continued to provide digital support throughout this period which was taken up by survivors at a **significant rate**.

During 2021-22, the proportion of online appointments was higher than the previous year, rising from **11.98%** to nearly one fifth of appointments at **19.61%**, despite an absence of lockdowns. Similarly, the percentage of support related contacts received by centres via text remained relatively stable at **37.7%**, compared with **38.95%** the previous year.

The considerable increase in individuals receiving support may be partly attributed to the widening of access through alternative means of contact such as text and online appointments, as we have seen with the national helpline. It is also likely that reduced waiting lists significantly impacted local centres' abilities to support more individuals.

Survivors continue to report that sexual violence has a profound impact on their lives with **79.76%** of people seeking support who described the effects of

their experience reporting anxiety, and depression affecting **54.81%**. Over half experienced flashbacks, 36.98% had panic attacks, **53.30%** had sleep problems and nearly a quarter (**24.95%**) of survivors suffered from self-harm.

The nature of abuse experienced by survivors receiving support remained relatively consistent, although individuals receiving support after experiencing digital abuse is on the rise. The percentage of survivors reporting **image-based abuse** has risen by a third, from **0.9%** to **1.20%** and online abuse by nearly a third from **0.9%** to **1.16%**, perhaps reflecting the upward trend in these crimes which we have seen in [statistics provided by the Scottish Government](#) for the last few years.

During 2021-22, local centres have provided essential, life-saving services to survivors of rape and sexual abuse during incredibly difficult circumstances. They face extraordinary demand on their services which appears to be on the rise. Secure and adequate funding would allow centres to maintain a safe, secure and continuous service for survivors and we

look forward to to the outcome of the [Independent Strategic Review of Funding and Commissioning of Violence Against Women and Girls Services](#) in light of this.

For the last four decades, Rape Crisis Centres in Scotland have led the way in fighting to end sexual violence in their communities and worked tirelessly to ensure that survivors know that they are not alone. This work will continue. Innovative and more accessible methods of contact and support have allowed centres to reach survivors in ever-increasing numbers and we won't stop striving until every survivor has access to support.

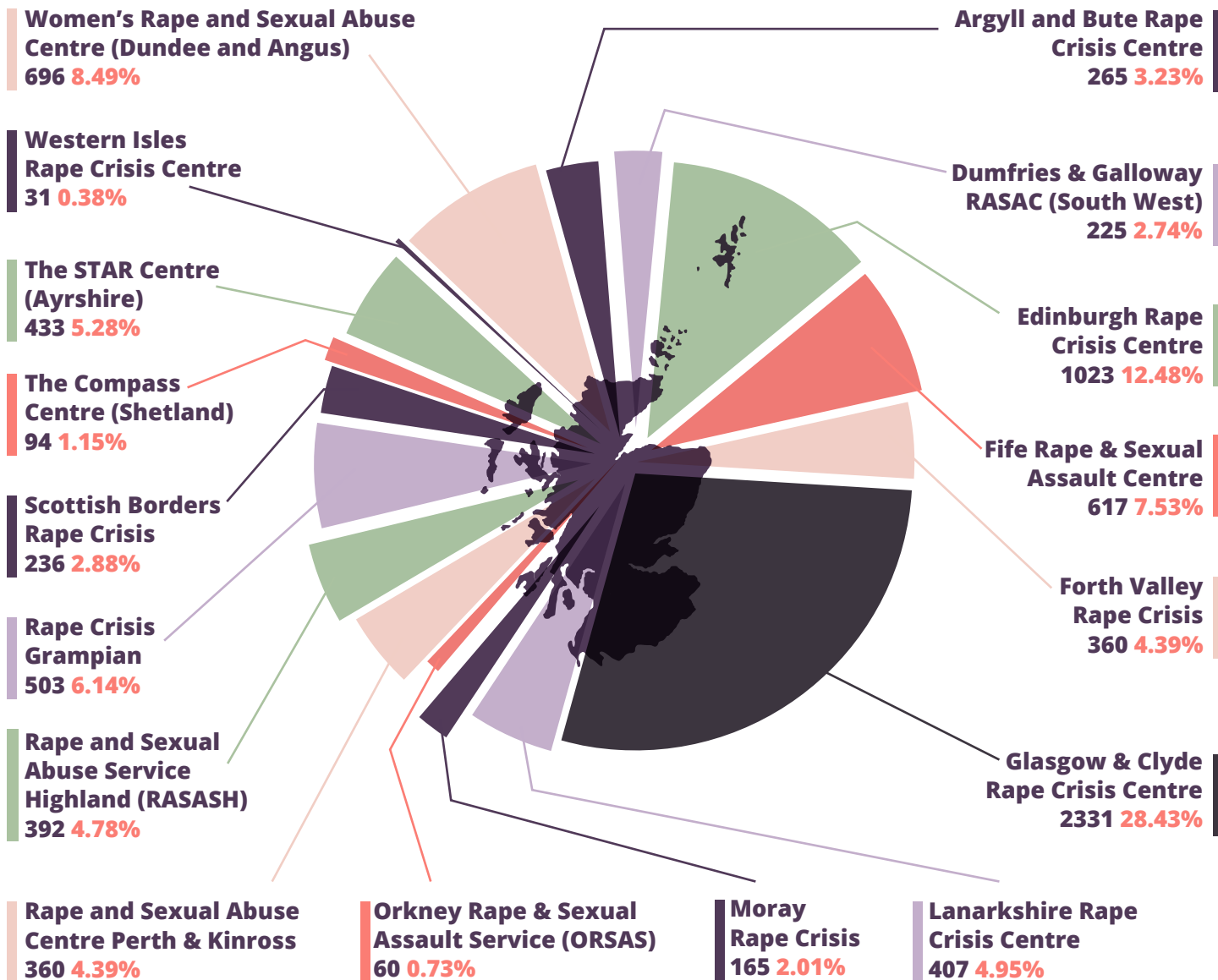
TO SURVIVORS, YOU ARE NOT ALONE. YOU ARE DESERVING OF SUPPORT. WHEN YOU'RE READY TO TALK, WE ARE HERE.

For contact details of every Rape Crisis centre in Scotland [click here](#).

STATISTICS FROM CENTRES

CLIENTS BY CENTRE

TOTAL CLIENTS: 8198 (34.5% INCREASE)



CLIENT TYPE

SURVIVOR AGE
*WHERE KNOWN

Female survivor 86.44%



Male survivor 2.97%



Trans survivor 0.39%



Intersex survivor 0.01%



Non-binary survivor 0.53%



Survivor (gender non-disclosed) 6.45%



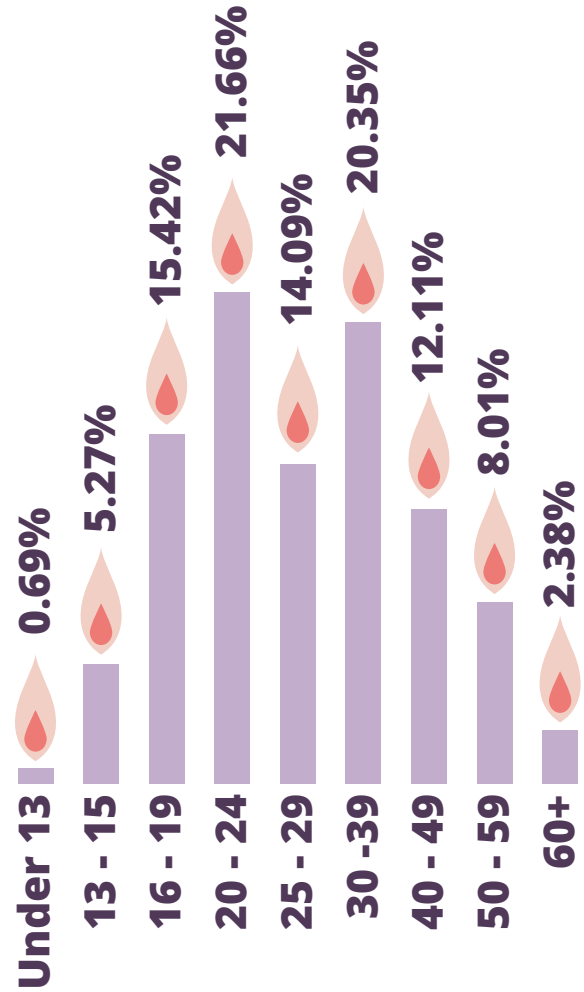
Partner 0.34%



Friends & family 2.71%

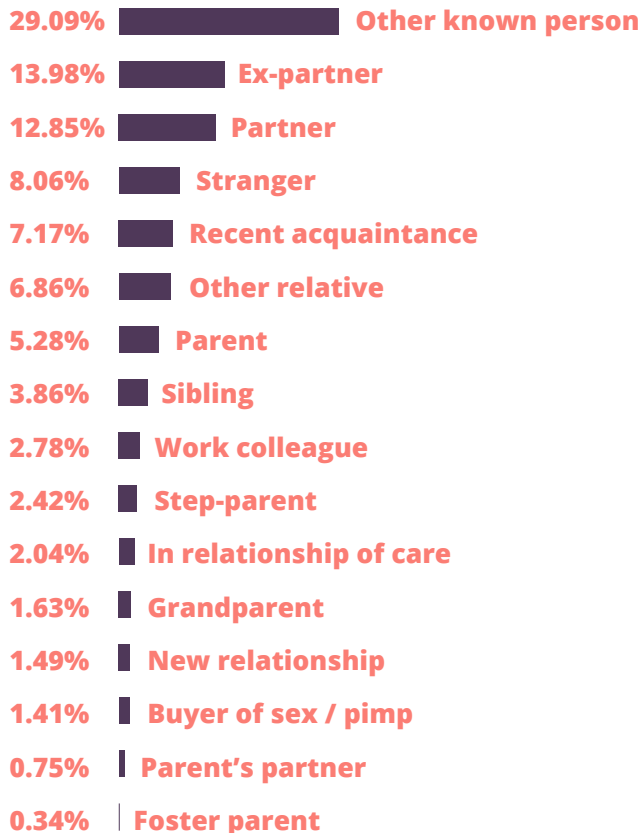


Agency 0.14%

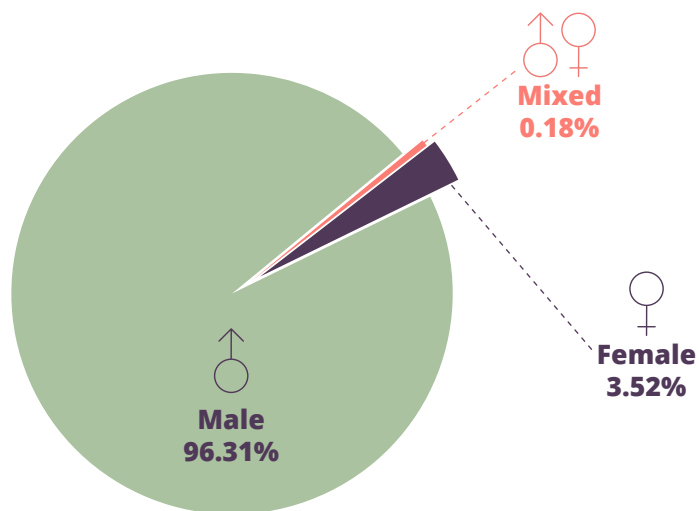


STATISTICS FROM CENTRES

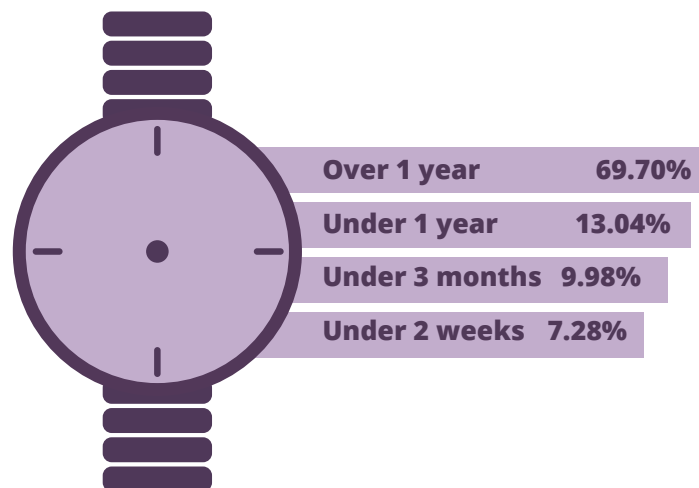
RELATIONSHIP TO ABUSER *WHERE KNOWN



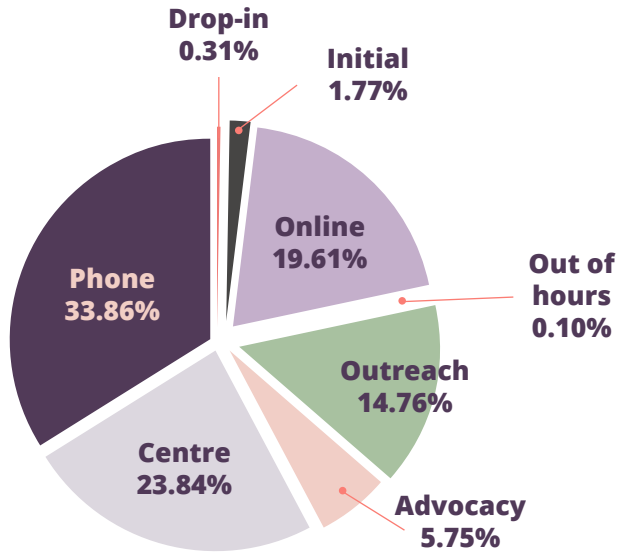
GENDER OF ABUSER *WHERE KNOWN



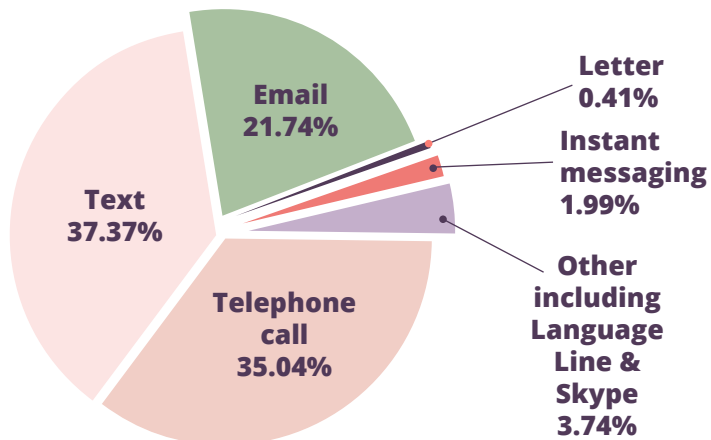
TIME ELAPSED SINCE ABUSE *WHERE KNOWN



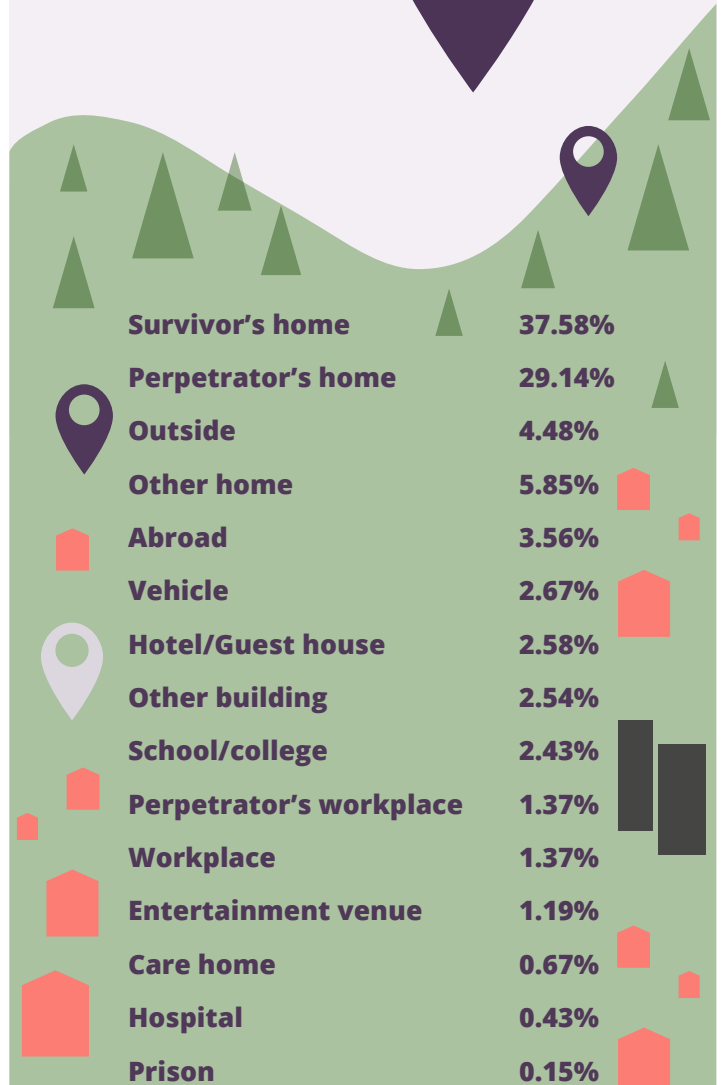
APPOINTMENTS



SUPPORT RELATED CONTACTS RECEIVED BY CENTRES

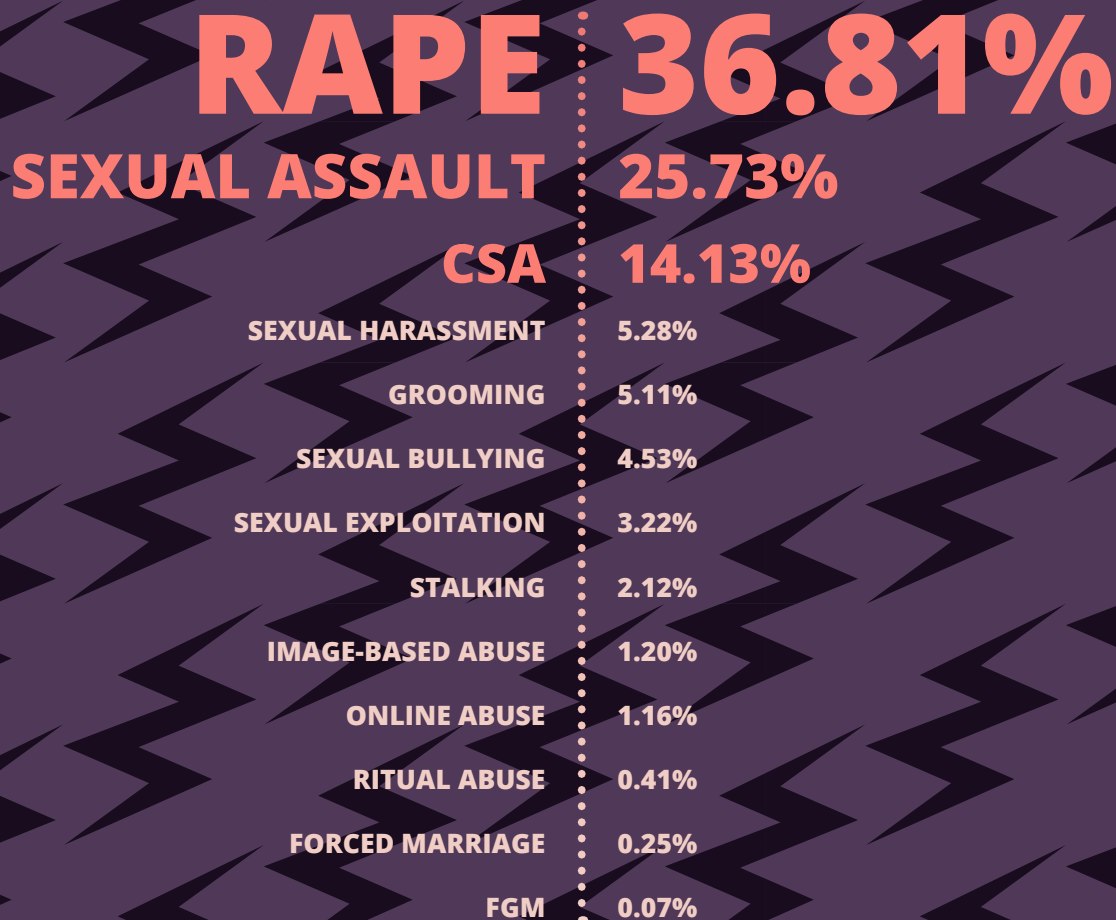


LOCATION OF ABUSE *WHERE KNOWN



STATISTICS FROM CENTRES

NATURE OF ABUSE
*WHERE KNOWN



**ADDITIONAL VIOLENCE
*WHERE KNOWN**



PSYCHOLOGICAL ABUSE
72.08%

INTIMIDATION
69.57%

PHYSICAL ABUSE
50.57%

HARASSMENT
32.55%

THREATS TO KILL
17.11%

STALKING
14.65%

IMPRISONMENT
11.04%

MULTIPLE
9.38%

ATTEMPTS TO KILL
7.49%

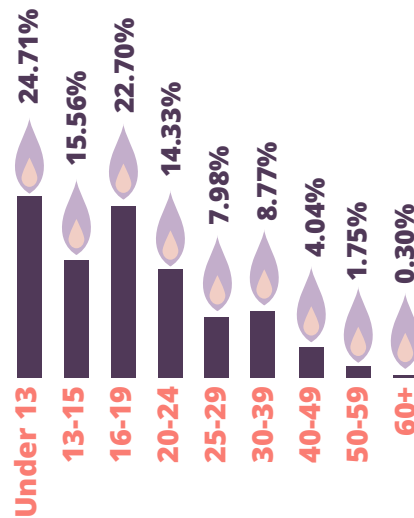
OTHER VIOLENCE
6.86%

TORTURE
5.09%

**DURATION OF ABUSE
*WHERE KNOWN**



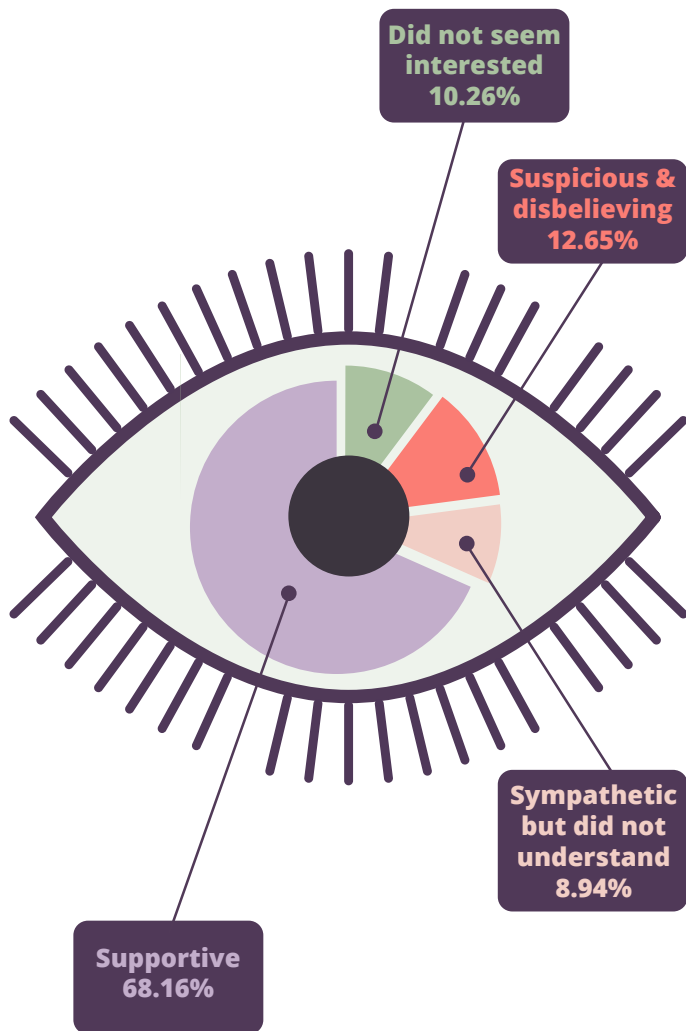
**SURVIVOR AGE @ START OF ABUSE
*WHERE KNOWN**



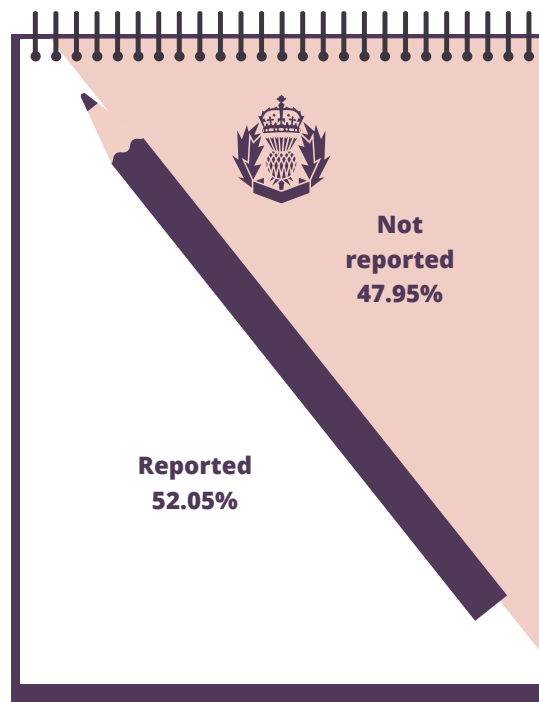
STATISTICS FROM CENTRES

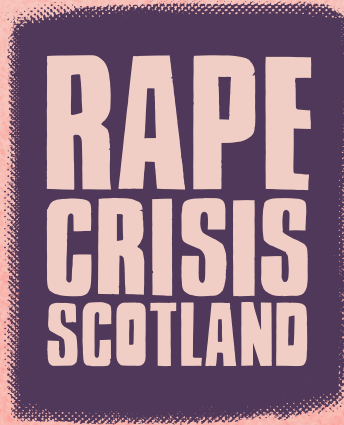
EFFECTS OF ABUSE *WHERE KNOWN					
♥	Anger	40.69%	♥ Loss issues	16.03%	
♥	Anxiety	79.76%	★	Loss of home	9.97%
♥	Avoidance of images	14.94%	★	Loss of work/income	13.41%
♥	Avoidance of thoughts	27.24%	♥	Negative self image	36.47%
♥	Body anxiety	24.64%	♥	Obsessive compulsive behaviour	7.04%
♥	Depression	54.81%	♥	Panic attacks	36.98%
♥	Dissociation	21.84%	★	Parenting problems	11.54%
♥	Dreams/nightmares	41.29%	⬢	Physical health problems	11.08%
★	Drug/Alcohol misuse	18.31%	⬢	Pregnancy	2.86%
⬢	Eating problems	20.38%	♥	Relationship problems	35.14%
★	Education problems	10.97%	★	Restrictions to activities	28.21%
♥	Fear	45.48%	♥	Restrictions to movements	19.67%
♥	Flashbacks	50.81%	⬢	Self harm	24.95%
⬢	Gynaecological disorders	4.06%	⬢	Sexual problems	17.65%
⬢	HIV/STI	1.38%	♥	Sleep problems	53.30%
♥	Intrusive thoughts	40.20%	♥	Suicide attempts	17.60%
★	Isolation	37.60%	♥	Suicidal thoughts	34.43%
♥	Lack of confidence	43.04%			
KEY: ● = 0% - 24% ● = 25% - 49% ● = 50% +		♥ = Emotional/psychological ⬢ = Physical ★ = Social			

PERCEPTION OF POLICE RESPONSE *WHERE KNOWN



REPORTING TO POLICE *WHERE KNOWN





Rape Crisis Scotland would like to thank everyone who has supported our work during the past year. We are grateful to the Scottish Government, Rosa and the Scottish Legal Aid Board for their continued financial support, as well as to the many individuals who have made incredible fundraising efforts on our behalf.

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