

# ANNUAL REPORT

---

2020-2021



**WORKING TO END  
SEXUAL VIOLENCE**

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**Our message to anyone  
looking for support is:  
we are here for you,  
and you are not alone.**

# INTRODUCTION

With the spread of the COVID-19 pandemic and a strict lockdown in force from March, this was a year that brought unprecedented challenges for survivors and others in need of our services, as it did also for us as an organisation.

We adapted our working practices and equipment in many ways in order to minimise the impact on people needing support and on our wider work. Developments like the introduction of text support offered important alternatives for people with little privacy at home during the lockdown and it's perhaps not surprising that written support overall rose by a striking **21%** over the previous year.

Paradoxically in what was in many respects a very isolating year our network of centres was more connected than ever, with online meetings allowing improved connection and involvement, particularly for those in remote and rural areas.

And although schools remained closed for a substantial part of the year, we delivered prevention programmes to **5190** young people in **29** schools. We were delighted to contribute to Lady Dorrian's important review of the management of sexual offences, whose bold and imaginative recommendations hold much promise for improvement to the ways in which our justice system responds to people who have experienced sexual violence.

The coming year will see us continue to respond to the ongoing impact of the pandemic and whatever other challenges emerge – and making sure that survivors have access to the high quality services and support they deserve.



# HELPLINE

The Rape Crisis Scotland helpline received a total of **5316** support and information contacts in the course of the year. **67%** of these were phone calls.

Written support comprised of **30%** of all support and information contacts, an increase from **21%** in 2019-20. This includes support by email, text and letter. This is largely due to the introduction of text support in the spring of 2020, a service which has been growing throughout the year.

In addition to the above we also made **28** intelligence sharing reports on behalf of survivors and signed up **116** individuals to the Scottish Women's Rights Centre's [\*\*FollowItApp\*\*](#), enabling survivors to record incidents of stalking. We also offered support to **577** survivors who had recently reported incidents of serious sexual violence to Police Scotland, as part of the Direct Police Referral scheme.

In addition to the support and information contacts above, we also had **1100** hang ups and **143** silent calls in the course of the year, indicating how challenging it can be to reach out for support.

Unmet need continued to be a source of considerable concern, with **8509** phone calls unable to get through to the helpline over the course of the year, an almost **60%** increase on the previous year.





# HELPLINE FEEDBACK



*I find it easier to express my feelings in writing, it is helping me get my thoughts out in a safe space. The Support Worker who called me was so brilliant and understanding as are everyone who replies to emails.*



*When you doubt every thought you have, and have no self-esteem, it sometimes doesn't matter what those closest to you or on your side say. It takes an outsiders view point to clarify things and sometimes to make you realise that you are not going mad, you are not stupid, and people are taking you seriously.*



*I couldn't get privacy at home during lockdown and it was a sensitive and embarrassing topic I wanted to discuss so this felt easier by text.*




*It helped me see that my feelings were valid and that I do have the strength and that I am allowed to feel the way I do but not to punish myself for it.*



*Thank you once again for playing a key role in my recovery and reassuring me that my emotions and normal for a survivor.*



*It has made me more confident in answering questions from my stepdaughter and passed information and support along to her mum too.*

An illustration of a hand in shades of purple and brown, holding a small building with a sign that reads 'RAPE CRISIS CENTRE'. The background consists of large, overlapping, organic shapes in various shades of purple, pink, and brown. Three circular callouts contain text.

*'Such a source of support and wisdom from across boards, great to hear of all the resources available.'*

*'Having the opportunity to connect with colleagues across the Network has been really grounding and supportive, working remotely can feel lonely especially as we are all adjusting to a new way of living and working.'*

*'The course has reinforced the ethos of building up women and it has been really useful to analyse the pitfalls that we often fall into as female leaders. I am more determined than ever.'*

# SUPPORTING CENTRES

**We continued to deliver and develop a range of learning & development opportunities across the Rape Crisis network, including an accreditation framework we will be developing to ensure best practice in trauma informed survivor centred support.**

Facilitated support sessions, fortnightly check-ins and open drop-ins available to all frontline staff all helped to support wellbeing, along with the sharing of resources and important opportunities for connection and access to support during this challenging period.

During the year **262** workers and volunteers attended events, as well as the peer networks provided to managers, Advocacy workers and Prevention workers, with ongoing evaluations evidencing the positive impact and identifying ongoing learning needs.

Online meetings allowed better access for workers in remote and rural areas; this will be further enhanced in the year ahead with the development of an online Knowledge Hub and Support Toolkit, which Centres identified as a need to share learning and best practice across the developing workforce.

A scoping exercise helped us to identify the needs and priorities of Board members across the network in the lockdown context. We continued to manage Moray Rape Crisis, including all of their funds, as we have been doing since 2018.

Moray Rape Crisis will become a fully autonomous Centre from October 2021. We also assisted Shetland Rape Crisis to undertake a constitutional review.

We were delighted that our application to the Tampon Tax resulted in an award of **£1,020,000** for RCS and all Centres – funding which will increase support capacity with a focus on access and inclusion, training accreditation and the development of the Knowledge Hub. The Scottish Government also approved funding for centres to increase their capacity to meet demand over the coming year.

Funding for an update to Rape Crisis Scotland's funding model, to assist in developing a more strategic approach to funding beyond October 2021, was also agreed.

# PARTNERSHIP WORKING

**Rape Crisis Scotland continues to work closely with a range of key partners.**

We contributed to Lady Dorrian's review of the management of sexual offences; the report from this review was published in March 2021, and made many welcome recommendations, including the creation of a new, national specialist Court with trauma-informed procedures to deal with serious sexual offence cases in Scotland. We also took part in Lady Dorrian's group considering the feasibility of restarting jury trials during COVID-19 restrictions, and submitted evidence to the Justice Committee on this issue.

Our training for Police Scotland, the Crown Office and Procurator Fiscal Service and the Criminal Injuries Compensation Authority resumed in October with a mixture of face to face and online delivery.



## **OTHER PARTNERSHIP WORKING**

### **WE TOOK PART IN INCLUDED:**

- EPPIC (Intelligence Sharing Portal with Police Scotland) steering group
- Trauma Training Steering Group chaired by the Deputy First Minister
- Representation on the Joint Strategic Board on Violence Against Women
- Cross party working group on Violence Against Women
- Cross party working group on Adult Survivors of Childhood Sexual Abuse
- Involvement in the Crown Office Expert Group on Sexual Offences
- Scottish National Stalking Group





## WORKING FOR CHANGE

We highlighted our support for provisions in the emergency Coronavirus legislation which would have permitted the use of judge-led trials to allow for the most serious cases to proceed during this period.

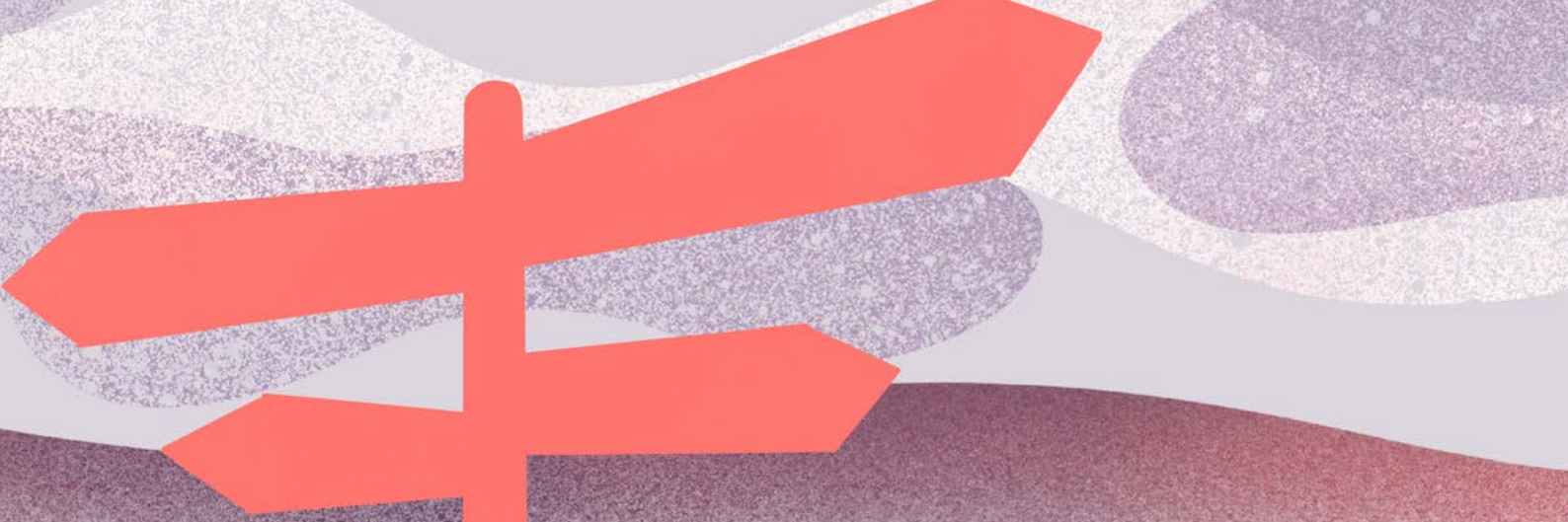
Unfortunately these provisions (which could have alleviated at least some of the distress to survivors waiting to go to court resulting from the Courts Service decision not to start any new jury trials), were not adopted.

We collaborated with Professor Karen Boyle to develop and promote guidelines to support the media in responsible reporting on sexual assault trials.

Together with representatives from our local Rape crisis centres, we gave evidence to the Health & Sport Committee on the Forensic Medical Services (Victims of Sexual Offences) (Scotland) Bill.

We also supported survivors from our Survivor Reference Group to give evidence to the Committee to share their experiences and concerns about how forensic examinations are conducted.

Our Chief Executive spoke at a seminar organised by the Equality & Human Rights Commission Scotland on the use of sexual history evidence in criminal trials. We also worked with the Scottish Government to organise a roundtable in November on privacy issues for sexual offence complainers, with a specific focus



on independent legal representation where applications are made to introduce a complainers' sexual history.

In consultation with three Rape Crisis Centre managers and the NSPCC we worked to support a pan-island pilot across Orkney, Shetland and Western Isles to raise awareness of the NSPCC – PANTS children's campaign.

In the context of ongoing restrictions, we began the campaign and associated activities with a focus on reaching professionals who work with children and families on the islands.

For International Women's Day, together with Engender, we co-organised a public event with Laura Bates and over **300** participants looking at misogyny, online radicalisation and the Scottish context.

Also in March, in advance of the Scottish elections, we published key asks drawing on priorities identified in consultation with the Survivor Reference Group, RCS team and Centres.

# PREVENTION

**We continued to work closely with Rape Crisis Centres to deliver the national prevention programme.** It was a challenging period with schools closed for a substantial part of the year, but we nevertheless delivered programmes to **5190** young people in **29** schools.

Centres found creative ways of reaching young people during the pandemic, delivering programmes in schools via online video link, creating video resources for schools and developing a range of online content such as podcasts and videos. With usual programme delivery limited, centres were able to devote more time to their relationships with local partner agencies, working together to better meet the needs of specific groups of young people, planning joint campaigns for the 16 Days of Action Against Violence against Women and delivering training to a range of agencies. There was also a programme of training for prevention workers including transformative practice, trans-inclusion and a session on online misogyny with writer Laura Bates.

**The Equally Safe at School** (ESAS) whole school approach for secondary schools moved into a new

phase. We developed an online platform so that schools across the country could access ESAS, with interactive tools to take them through a series of steps to embed a preventative approach, including tools for student participation and information developed by young survivors about their needs when disclosing to schools. ESAS will be ready for schools to access in the next academic year.

Training delivery to colleges and universities was adapted to webinar format and delivered in **12** institutions in partnership with rape crisis centres and women's aid groups, and we delivered a programme of capacity-building support to centres to increase skills and confidence for workers delivering the training. We also launched a student eLearning module so that institutions could reach students at scale with key messages about consent, sexual violence and access to support. **19** institutions undertook to implement the module this year with others also expressing interest.

We also supported strategic work around prevention at a national level through participation in the Gender Equality Taskforce in Education & Learning and the gender-based violence working group for schools.



*I learned that it is important to ask people if they feel comfortable before going any further.*

*You shouldn't feel pressured to do something that you don't want to do and if this happens to someone you know you should help them as much as you can.*

*I learned that consent is important so you don't get hurt or pressured into things.*



# COMMUNICATION & EVENTS

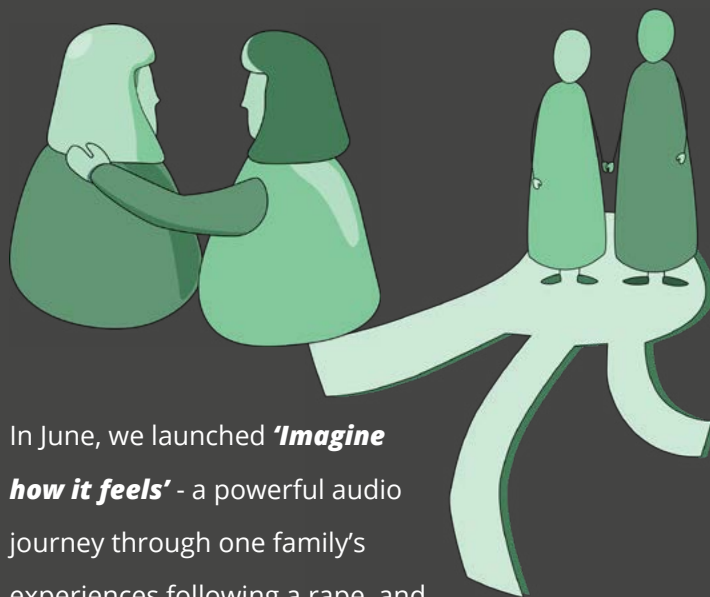
This year has been unlike any we've ever lived through. The challenges and pain of COVID-19 and the restrictions and grief that we have all endured have been difficult for all of us and have presented uniquely difficult situations for many survivors.

Early on in the pandemic through our helpline and work with local centres we identified the particularly triggering impacts of lockdowns on survivors, many of whom were stripped of their usual coping mechanisms and struggling in hostile or unsupportive environments.

The need for effective, supportive and validating communication in a situation of high intensity and pressure was great and we hope that our efforts made a difference in letting survivors know that they were not alone, and that despite any and all logistical challenges we would be there to support them.

We broadened the ways that we reach out to survivors through video, and podcasts and increased use of all of our social media channels to continually signpost to local and national support, validate their experiences and provide warmth and reassurance.

Prevention teams across the country unable to access schools took over our Instagram to take a deep dive into different issues facing young people. These are still available on our highlights and are worth checking out.



In June, we launched **'Imagine how it feels'** - a powerful audio journey through one family's experiences following a rape, and offering resources and information at each stage.

In the world of podcasts we launched our very own, with the first episode looking at the Not Proven Verdict with Prof. Vanessa Munro and our CEO Sandy Brindley, and we took part in a Gender Equal Media Scotland podcast of a discussion we took part in on responsible reporting of sexual assault trials along with Dani Garavelli, Karen Boyle and Alys Mumford.

We are proud to work closely with the Survivor Reference Group in our communications, supporting many members to speak out about the issues they are passionate about and drive change by influencing consultations and decision makers.

We developed and delivered a busy campaign around 16 Days of Action featuring a podcast launch, blogs, and a social media takeover by Shetland Rape Crisis Centre.

As part of 16 days an Edinburgh duo undertook a chilling challenge to swim each day of 16 days of action in just their swimsuits, raising money for our national helpline. They braved the sea each day across November/December and managed to raise an incredible **£21,650** from almost **1000** generous members of the public.



The relaunch of our brand new website in March was warmly received, and reflected both in its structure, content and design the valuable input of the many individuals who fed into its development.

We are very grateful to everyone who helped to shape this important resource, which for some online visitors marks their first tentative step towards seeking life-changing - and sometimes life-saving - support.

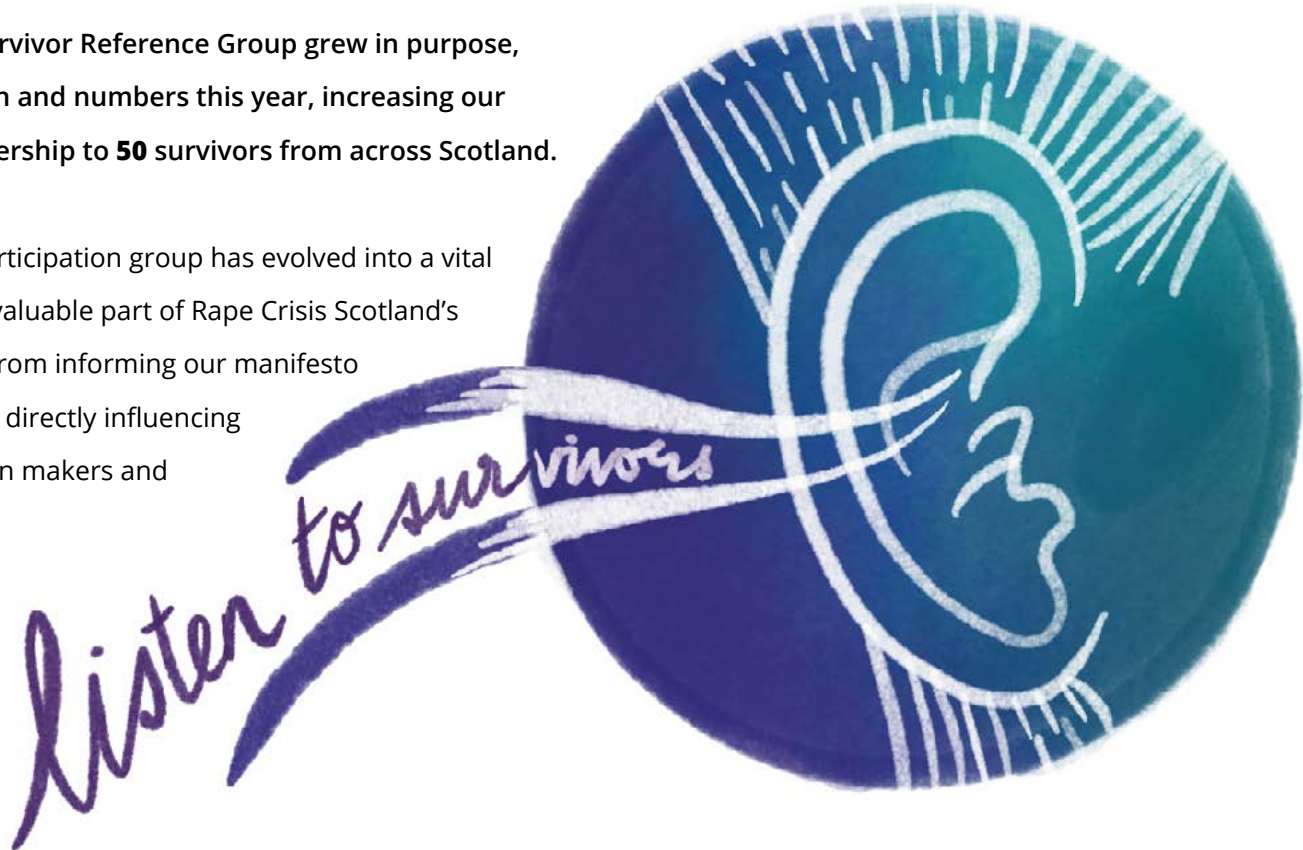
We published **10** news stories and **5** blogs on our website in the course of the year.

We also gave **30** training presentations and hosted two events with journalist and author Laura Bates: one for the Rape Crisis network, and one externally.

# SURVIVOR REFERENCE GROUP

The Survivor Reference Group grew in purpose, passion and numbers this year, increasing our membership to **50** survivors from across Scotland.

The participation group has evolved into a vital and invaluable part of Rape Crisis Scotland's work, from informing our manifesto asks to directly influencing decision makers and



*listen to survivors*

raising issues in media to bring greater awareness and attention to the challenges survivors in Scotland face.

Though COVID-19 meant we were not able to meet in person we kept in touch online and members of the group spoke out about court delays, the impact of lockdown and even created our own podcast, creating the resource that members would have

valued when they first started looking for support. This will be launched later in 2021.

We're incredibly grateful and wish to thank all members of the Survivor Reference Group for the commitment and energy they've shown throughout an incredibly tough year – their contributions have made a real difference and we look forward to seeing what is next.



*“If it wasn’t for Rape Crisis Scotland,  
I wouldn’t be here today.”*

# NATIONAL ADVOCACY PROJECT

The National Advocacy Project provides support and advocacy to anyone who has engaged with or is considering engaging with the criminal justice system following a sexual crime. There continues to be growing demand for advocacy support, which has led to ongoing issues with capacity across the network, and high caseloads and waiting lists in several centres which has been exacerbated by the suspension of trials during the pandemic.

The suspension of Jury Trials led to significant delays in cases moving through the criminal justice system. National Advocacy Project workers have experienced first-hand the impact this has had on survivors' wellbeing and have reported that they provided far more crisis and emotional support during the year than in previous years.

In response to the COVID-19 pandemic, most advocacy workers in the network moved to remote working, with some face-to-face work restarting in line with local lockdown restrictions. Jury Trials restarted in August

2020 and advocacy workers throughout the country have continued to provide support to survivors whose cases come to trial.

Quarterly network-wide National Advocacy Project meetings offered an opportunity to consider particular areas of work in depth as well as an opportunity for peer support during a difficult year.

An increase in funding in September 2020 allowed a number of centres to recruit additional advocacy workers and by the end of 2020-21 there were **49** advocacy workers throughout the network. This funding increase has allowed there to be a National



Advocacy Project team in Moray Rape Crisis Centre for the first time, meaning survivors in all areas of the country can now access the National Advocacy Project at their local centre. As well as offering additional capacity for individual centres the increase in funding allowed Rape Crisis Scotland to recruit its own team of Advocacy workers who provide additional floating capacity for the whole network. We would like to welcome Kim Walker, Nida Khalid and Sarah Higgins to the Rape Crisis Scotland National Advocacy Project team.

### **Key National Advocacy Project statistics for 2020 - 21:**

- Approx. **1600** survivors were supported by the National Advocacy Project
- **527** survivors spent some time on a needs assessed waiting list for advocacy
- **67** survivors were supported during police statements
- **54** people were supported in court to give evidence.
- A further **9** were supported at court (but not whilst giving evidence)
- **10,256** advocacy sessions were done in the period
- **14** survivors were supported at a court familiarisation visit
- **13** survivors were support at a VIPER
- **42** people were supported to complete a Victim Impact Statement



# SCOTTISH WOMEN'S RIGHTS CENTRE

This year presented a number of challenges and changes for the SWRC due to the ongoing COVID-19 pandemic. Efforts were mainly focused on responding to the challenges that survivors of gender based violence faced during this time, including finding safety, continuing or starting a justice process and accessing support.

The SWRC's legal and advocacy helpline continued to operate as usual, but with solicitors and advocacy workers staffing shifts from home. Furthermore, advice surgeries moved to telephone and video calls. As women no longer needed to travel for surgery appointments, we could open up our surgeries to women located anywhere in Scotland. During this time we also implemented temporary measures so women had more opportunities to reach us, including an online contact form and urgent legal appointments.

In December, the legal helpline was adjusted to increase its capacity in light of the high demand. This was done by integrating Thursday's sexual harassment legal helpline into our regular schedule of legal helplines. The SWRC

legal helpline is now available Monday to Friday and women can now call any day of the week with questions about sexual harassment cases.

During national lockdown, the Centre's external communications were prioritised to keep survivors informed about their rights and support available. A dedicated COVID-19 section was added to the website with blogs regularly published covering topics such as child contact during lockdown, changes to courts, accessing virtual hearings, immigration rights, as well as a list of support organisations working throughout the pandemic.

Beyond the COVID-19 response, funding was secured to develop a prototype for a sexual harassment incident-recording app. Survivors, support organisations, Police Scotland, the Crown Office and Procurator Fiscal Service and legal professionals were invited to workshops to co-design the app and its features. The workshops were very successful and the prototype has now been completed, with the goal of securing funding to develop and launch the app.

Work continues on developing training resources for legal professionals. The animation **"Coercive Control and the Law"** created with partner organisations and

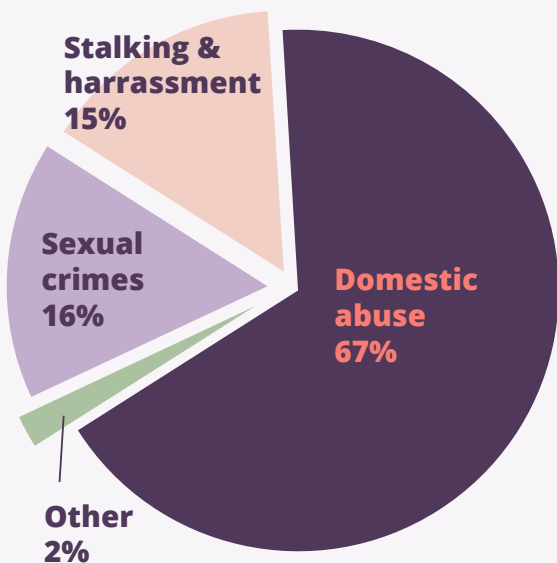


funded by the Scottish Government is now available for CPD on the Law Society of Scotland website and it has been nominated for an EVCOM (Event and Visual Communication Association) Clarion Award.

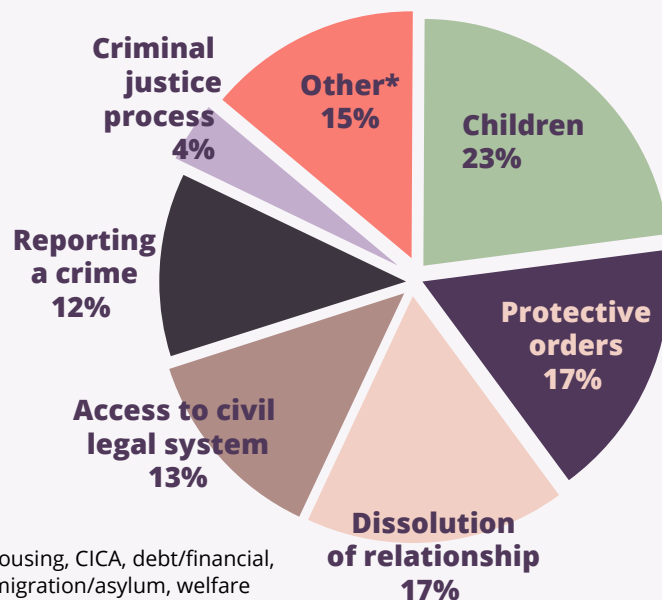
A consultant was also commissioned to research the experience of women who have reported stalking to the police. For this, a survey was created for survivors to share their experiences and the consultant did one-to-one interviews with some of the respondents. The aim is to identify how to improve the reporting process for survivors.

A priority during this year was also finding ways to increase and improve accessibility to SWRC services. We worked with staff members and a consultant to develop an inclusion plan aimed at ensuring that our services consider the diversity of survivors who should be able to access our services. As an initial step, we created an animation about SWRC services, which was translated into 3 languages (Urdu, Panjabi and Arabic) and has been shared on the Centre’s website. We expect to continue adding translation in the coming months.

**Contact with the Scottish Women’s Rights Centre related to:**



**Specific issues discussed were:**



\* Housing, CICA, debt/financial, immigration/asylum, welfare rights/benefits, employment

# LOOKING AHEAD

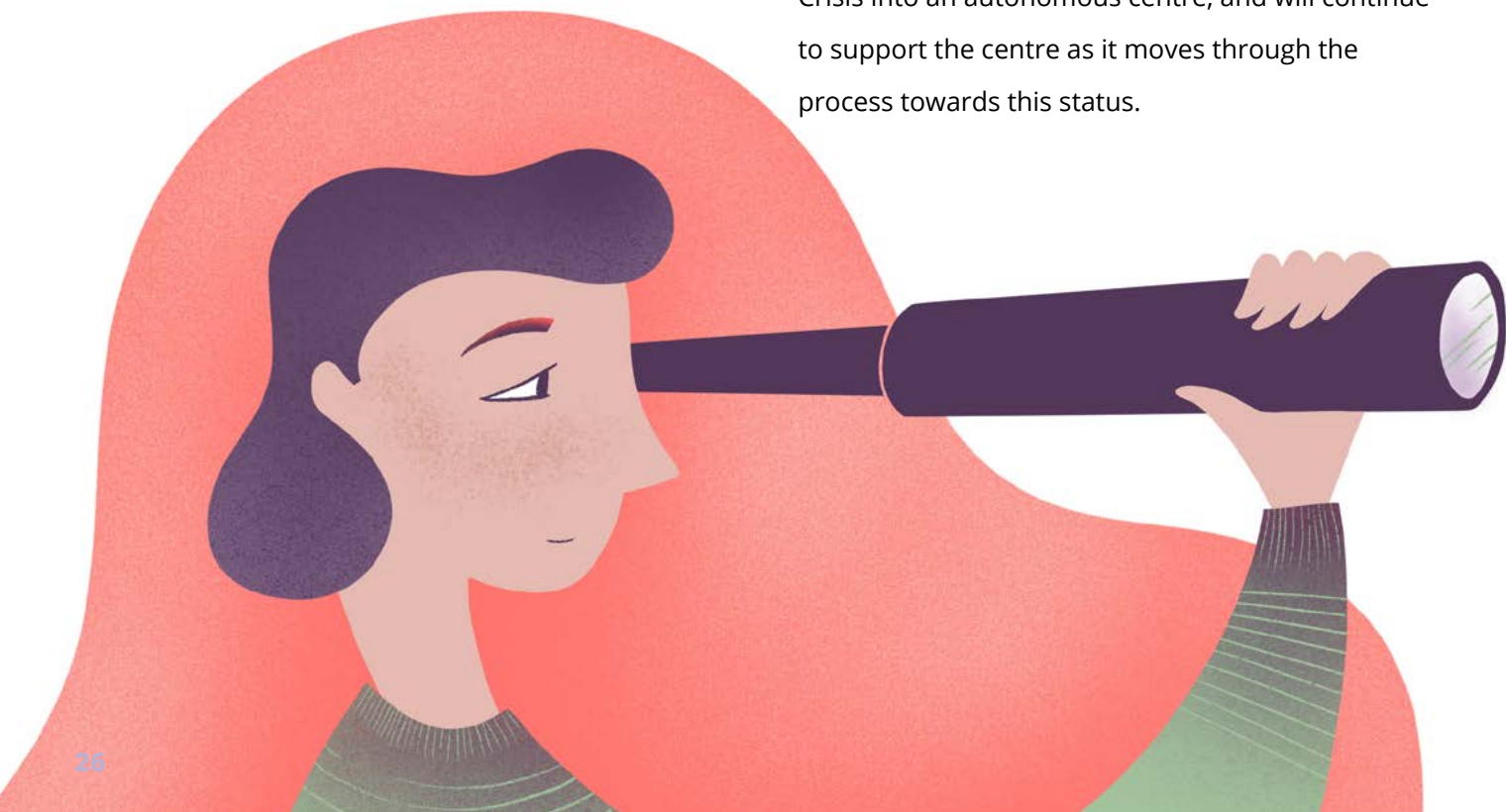
Rape Crisis Scotland will continue to work to meet increased demand both at a local and national level, and to adapt as we move forward.

We look forward to progressing our efforts to help shape a justice system that survivors can have confidence in and which takes account of the realities and impact of sexual violence, as we work with the Scottish

Government and justice agencies to take forward the recommendations made by the review led by Lady Dorrian.

We will continue to work with centres across Scotland, to ensure that survivors in every part of the country receive the high quality trauma-informed support they need and deserve.

We look forward to the transition of Moray Rape Crisis into an autonomous centre, and will continue to support the centre as it moves through the process towards this status.



# FINANCE & FUNDING

Statement of Financial Activities

For the year ending 31st March 2021

## INCOME AND ENDOWMENTS FROM:

Core Funding from Scottish Government **£244,000**

Donations **£85,689**

### Charitable activities

Sexual violence support\*\* **£3,970,460**

Investment income **£137**

Total incoming resources **£4,300,286**

### Expenditure on Charitable activities

Sexual violence support

Total resources expended **£4,213,021**

Net Income **£87,265**

### Other recognised gains/(losses)

Actuarial gains/

losses on defined benefit schemes **£1,306**

Net Surplus **£85,959**

## FUND BALANCES AS OF:

1st April 2020 **£182,383**

31st March 2021 **£268,342**

\* Core Funding **£244,000**

Donations **£33,674**

\*\* National Helpline **£260,000**

Donations **£33,951**

3rd Sector Early Intervention **£320,000**

Scottish Government – Justice funding **£1,036,049**

Scottish Women’s Rights Centre **£582,228**

Whole School Approach **£46,187**

Prevention **£295,507**

Training & education **£40,428**

Moray PFG **£69,345**

Sexual harassment **£41,443**

Tampon Tax **£124,460**

COVID-19 Fund **£226,309**

COVID-19 Recovery **£946,568**

*Please contact us if you would like a copy of our audited accounts.*

# LOCAL CENTRES

This was an unprecedented year in many respects, with the impact of COVID-19 creating barriers to the structured support needed by many survivors.

Contacting a Rape Crisis Centre to talk about experiencing abuse can be difficult at any time, but with lockdown leading to a lack of privacy for many, seeking out help became more difficult for some, making alternatives to phone contact, such as text support very important.

Alternatives to face to face support were a key development for centres: **Appointment – Online** appears as a new category in centre statistics this year, reflecting the greatly increased significance of internet-based support in the face of COVID restrictions – almost 12% of support from local Rape Crisis centres was delivered in this way.

The impact of the difficulties brought by COVID-19 are reflected in the statistics from centres for the year, which saw a significant drop in the number of appointments (**43.87%**), although the number of people supported fell only slightly (**4.2%**) compared to

the previous year. The total number of support-related contacts received by Rape Crisis Centres in 2020-21 saw an increase of **16.25%** this year to **66,751**.

That Rape Crisis Centres in Scotland continued to support almost the same number of people, and to adapt so quickly in order to respond effectively to the challenges presented by COVID-19 – and an increase in demand, says much about the ingenuity, flexibility and determination they applied to overcome the barriers between survivors and healing.

A total of **6096** individuals were supported by Rape Crisis Centres in Scotland during 2020-21, with centres in Argyll and Bute, Glasgow, Lanarkshire, Perth, Orkney and Shetland all reporting an increase in the number of people supported, in spite of the pandemic. At almost **90%**, female survivors were, as in every previous year, the overwhelming majority of people seeking help.

In addition to the statistics shown here, our annual snapshot exercise in November (which captured the work undertaken by Rape Crisis Centres across Scotland on a single day) showed that on a typical day

in Scotland, the number of survivors waiting to access life-saving Rape Crisis support had risen by almost **3%** from the previous year, from **1035** to **1324**. The snapshot also showed that the number of people supported on a single day rose by more than a quarter from **404** to **503**.

The proportion of people reporting to police increased by **1.66%** from 50.35% to **52.01%**.

The profound impact of sexual violence on the lives of survivors can be seen clearly in these figures, with **80.51%** of people seeking support who described the effects of their experience reporting anxiety, and depression affecting over half, while almost **40%** had experienced panic attacks. The number of people reporting physical health problems following sexual violence rose significantly, from **6.26%** to **10.50%**, underlining the wider harm that sexual violence can have on the general physical health of survivors.

Local centres continue to face extraordinary pressures and demands on their services, with the ongoing impact of the pandemic continuing to bring changes and uncertainty.

What is not in doubt, however, is that Rape Crisis Centres across Scotland will continue to act as a lifeline to the thousands who turn to them for support every year in the wake of the devastation sexual violence can cause. Our sincere message and promise to each and every one who does is that you are not alone: you deserve support, and we are here for you.

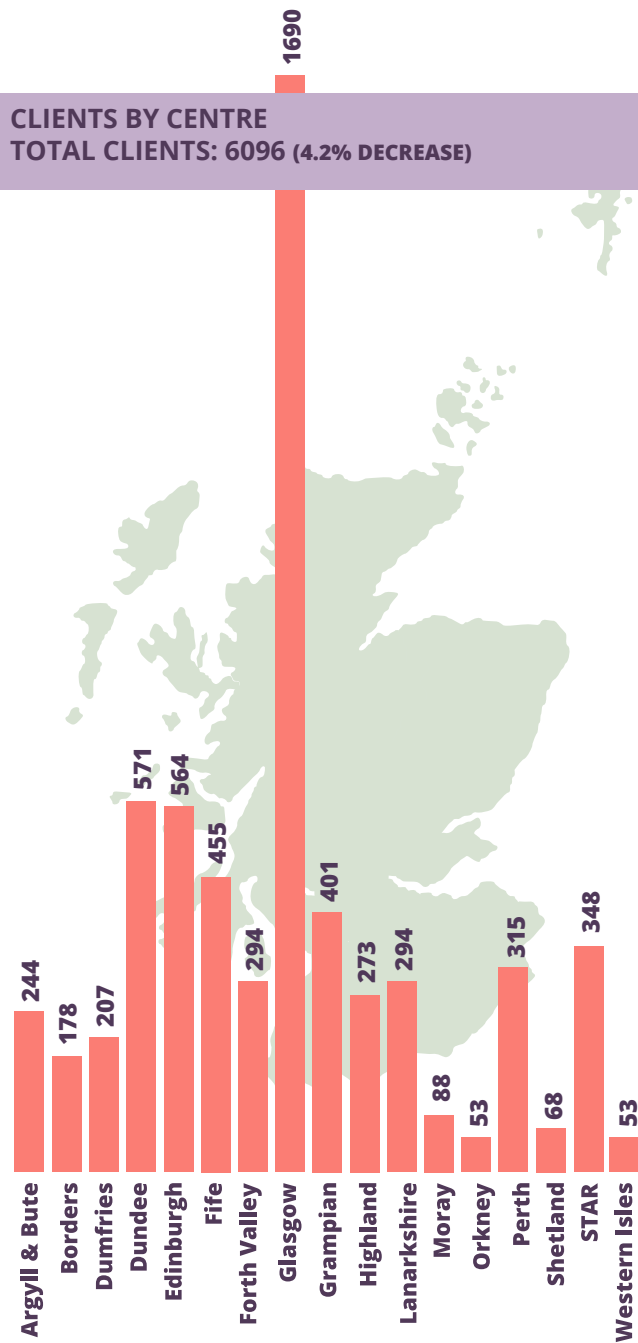


For contact details of every  
Rape Crisis centre in Scotland  
[click here.](#)

# STATISTICS FROM CENTRES

## CLIENTS BY CENTRE

TOTAL CLIENTS: 6096 (4.2% DECREASE)



## CLIENT TYPE

TOTAL: 6096

Female survivor 5463 89.62%



Male survivor 166 2.72%



Trans survivor 21 0.34%



Non-binary survivor 10 0.16%



Survivor (gender non-disclosed) 262 4.3%



Partner 23 0.38%



Friends & family 148 2.43%

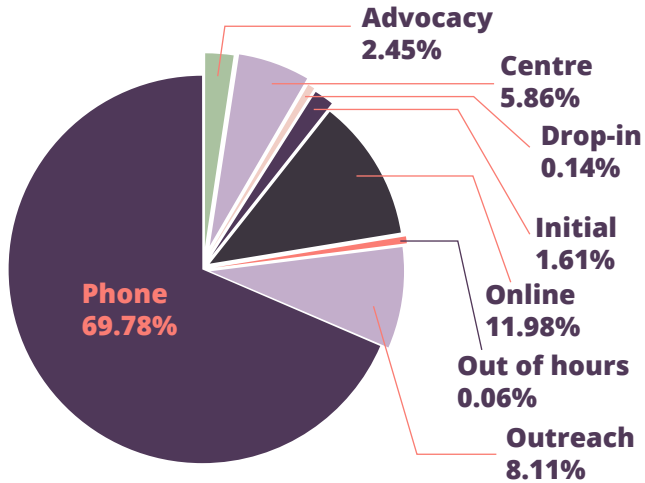


Agency 3 0.04%



### APPOINTMENTS

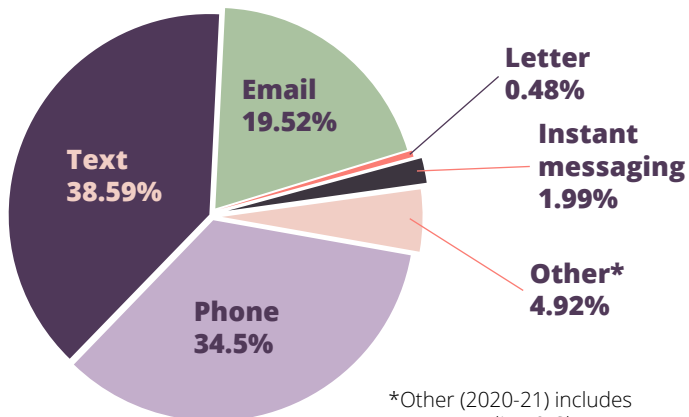
TOTAL APPOINTMENTS 12,775 (43.87% DECREASE)



### GROUP SUPPORT

NO. OF SESSIONS ATTENDED: 2306 (6.86% INCREASE)

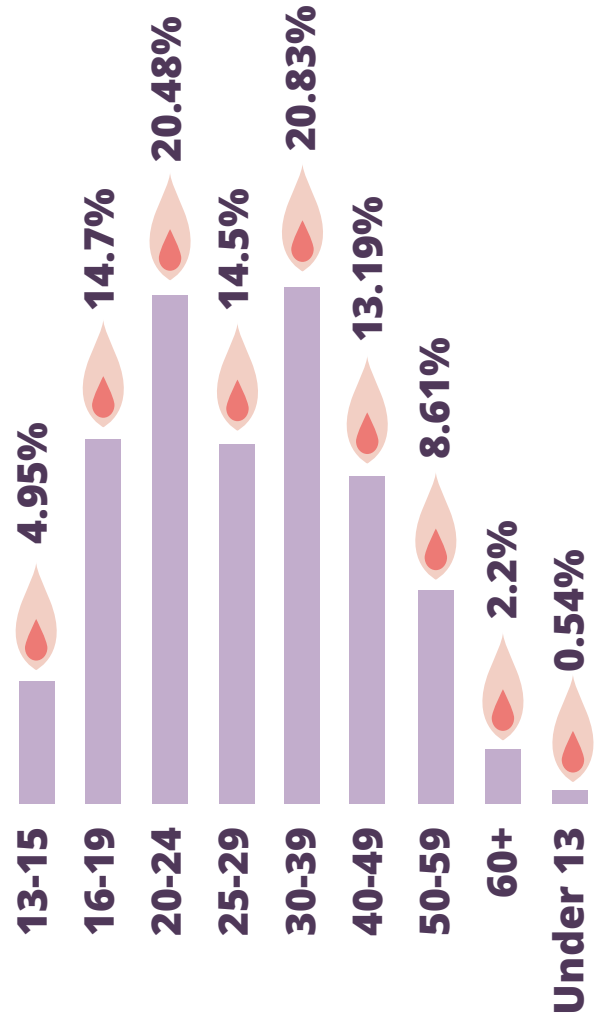
SUPPORT RELATED CONTACTS RECEIVED BY CENTRES  
TOTAL NUMBER OF CONTACTS:  
66,751 (16.25% INCREASE)



\*Other (2020-21) includes Language line & Skype

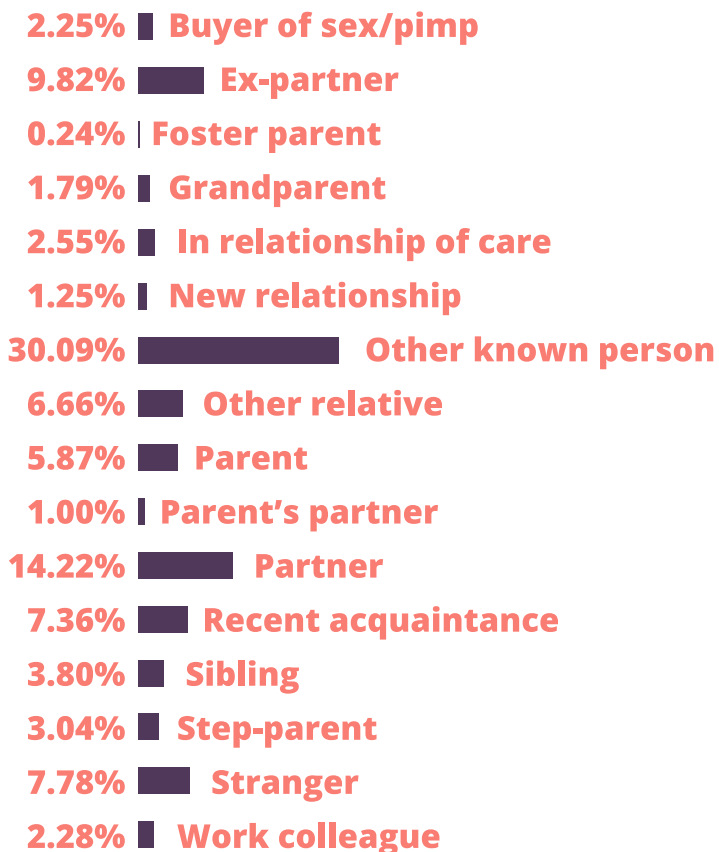
### SURVIVOR AGE

\*WHERE KNOWN

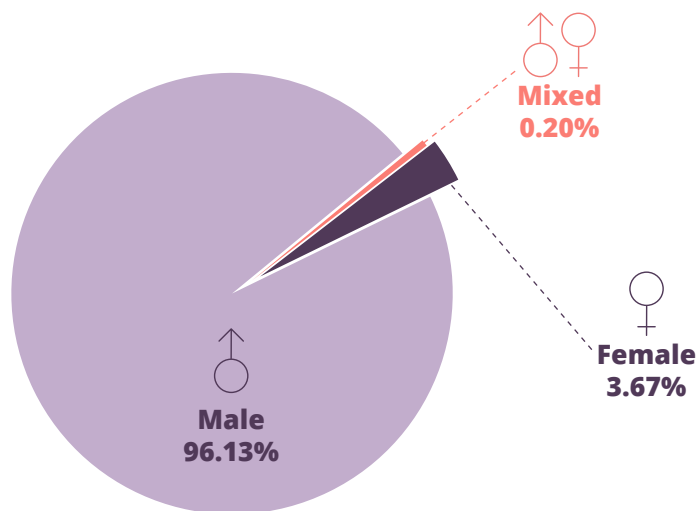


# STATISTICS FROM CENTRES

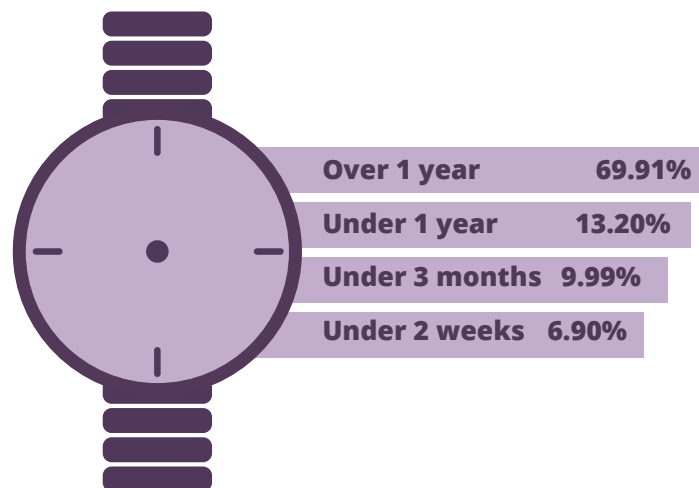
## RELATIONSHIP OF ABUSER \*WHERE KNOWN



## GENDER OF ABUSER \*WHERE KNOWN



## TIME ELAPSED SINCE ABUSE \*WHERE KNOWN

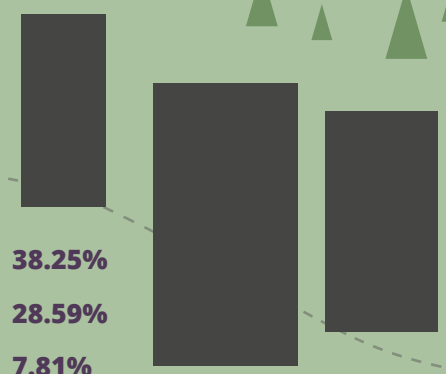




**LOCATION OF ABUSE**  
\*WHERE KNOWN

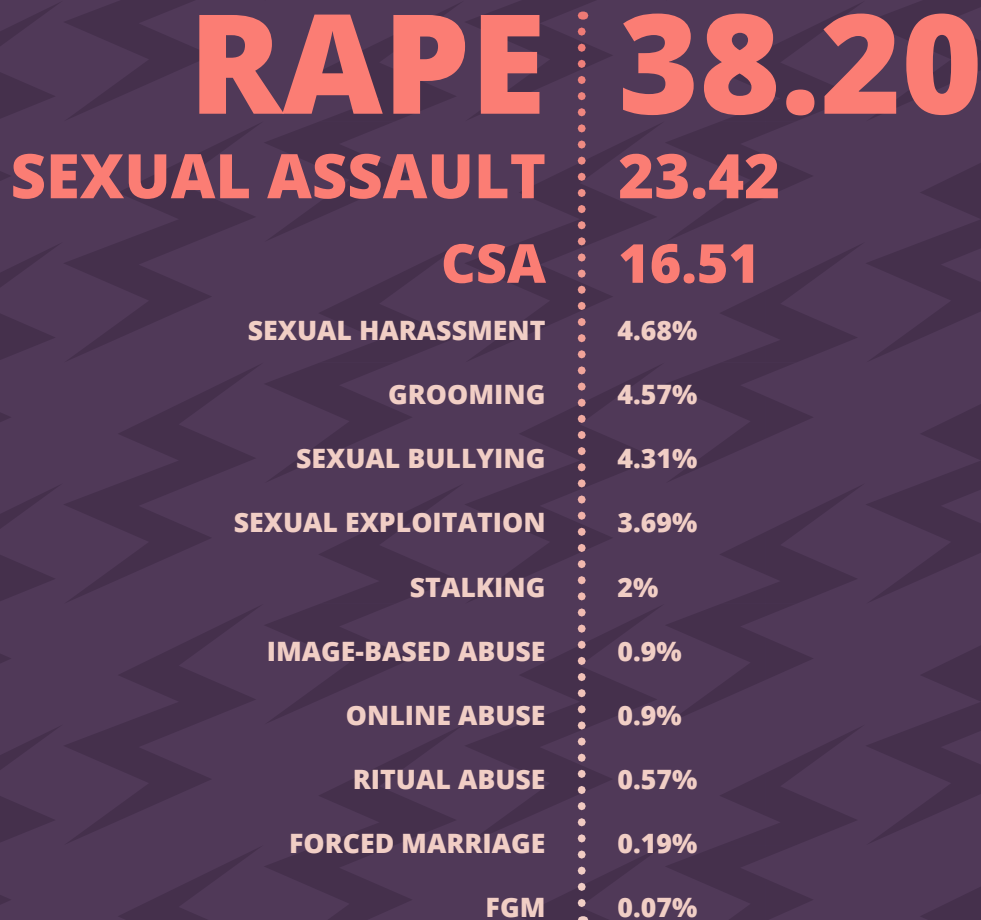


<b>Survivor's home</b>	<b>38.25%</b>
<b>Perpetrator's home</b>	<b>28.59%</b>
<b>Outside</b>	<b>7.81%</b>
<b>Other home</b>	<b>6.02%</b>
<b>Abroad</b>	<b>3.74%</b>
<b>Other building</b>	<b>2.97%</b>
<b>Vehicle</b>	<b>2.80%</b>
<b>Hotel/Guest house</b>	<b>2.58%</b>
<b>School/college</b>	<b>2.14%</b>
<b>Perpetrator's workplace</b>	<b>1.29%</b>
<b>Workplace</b>	<b>1.24%</b>
<b>Entertainment venue</b>	<b>1.07%</b>
<b>Care home</b>	<b>0.82%</b>
<b>Hospital</b>	<b>0.49%</b>
<b>Prison</b>	<b>0.16%</b>



# STATISTICS FROM CENTRES

NATURE OF ABUSE  
\*WHERE KNOWN



**ADDITIONAL VIOLENCE  
\*WHERE KNOWN**



**PSYCHOLOGICAL ABUSE  
72.75%**

**INTIMIDATION  
67.80%**

**PHYSICAL ABUSE  
54.56%**

**HARASSMENT  
31.42%**

**THREATS TO KILL  
17.06%**

**STALKING  
13.80%**

**IMPRISONMENT  
11.54%**

**MULTIPLE  
9.27%**

**ATTEMPTS TO KILL  
7.78%**

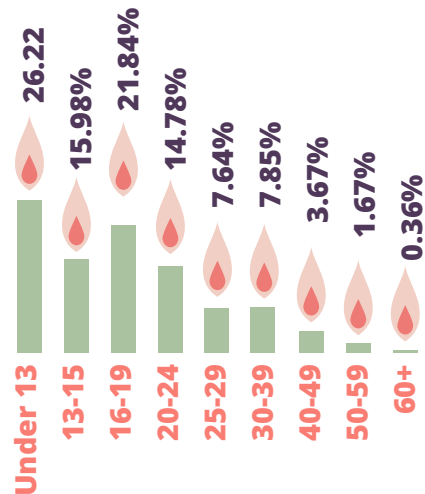
**OTHER VIOLENCE  
6.02%**

**TORTURE  
5.73%**

**DURATION OF ABUSE  
\*WHERE KNOWN**



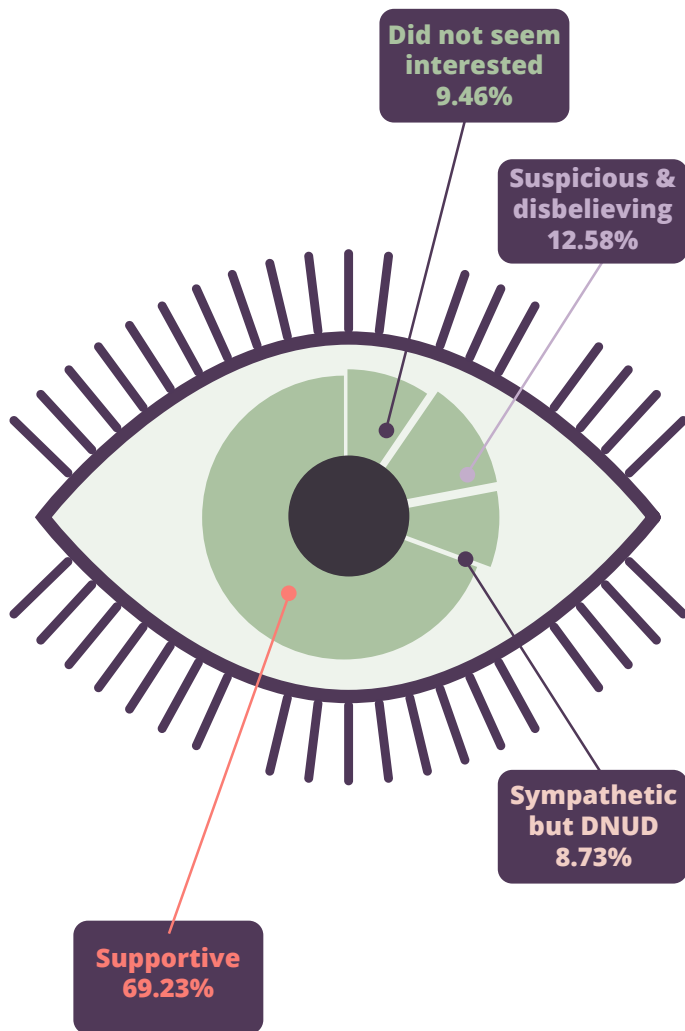
**SURVIVOR AGE @ START OF ABUSE  
\*WHERE KNOWN**



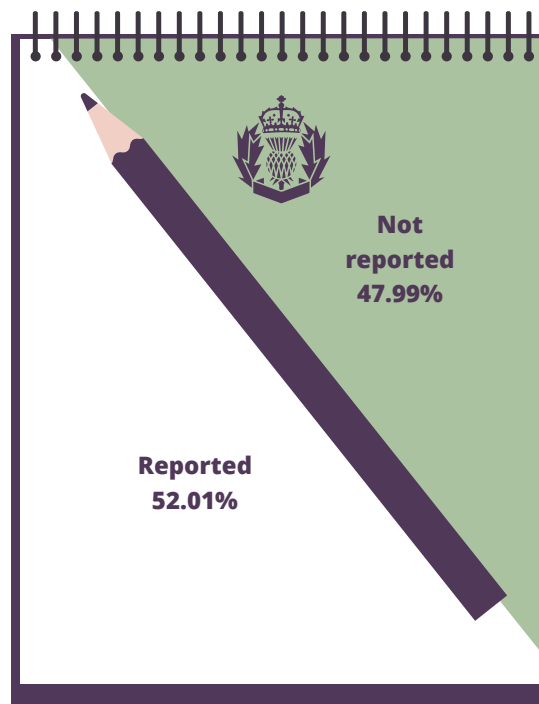
# STATISTICS FROM CENTRES

EFFECTS OF ABUSE *WHERE KNOWN					
♥	Anger	46.44%	♥ Loss issues	19.28%	
♥	Anxiety	80.51%	★	Loss of home	11.67%
♥	Avoidance of images	19.55%	★	Loss of work/income	14.56%
♥	Avoidance of thoughts	31.58%	♥	Negative self image	41.50%
♥	Body anxiety	27.91%	♥	Obsessive compulsive behaviour	9.29%
♥	Depression	56.78%	♥	Panic attacks	39.61%
♥	Dissociation	24.63%	★	Parenting problems	12.42%
♥	Dreams/nightmares	45.71%	⬢	Physical health problems	10.50%
★	Drug/Alcohol misuse	19.07%	⬢	Pregnancy	3.25%
⬢	Eating problems	20.63%	♥★	Relationship problems	38.47%
★	Education problems	13.02%	★	Restrictions to activities	30.14%
♥	Fear	49.65%	♥	Restrictions to movements	21.29%
♥	Flashbacks	53.80%	⬢	Self harm	24.57%
⬢	Gynaecological disorders	4.45%	⬢	Sexual problems	21.05%
⬢	HIV/STI	1.65%	♥	Sleep problems	55.94%
♥	Intrusive thoughts	43.19%	♥	Suicide attempts	18.05%
★	Isolation	42.47%	♥	Suicide thoughts	35.16%
♥	Lack of confidence	47.67%	★	Work problems	15.07%
<b>KEY:</b> ● = 0% - 24% ● = 25% - 49% ● = 50% +		♥ = Emotional/psychological ⬢ = Physical ★ = Social			

## PERCEPTION OF POLICE RESPONSE \*WHERE KNOWN



## REPORTING TO POLICE \*WHERE KNOWN

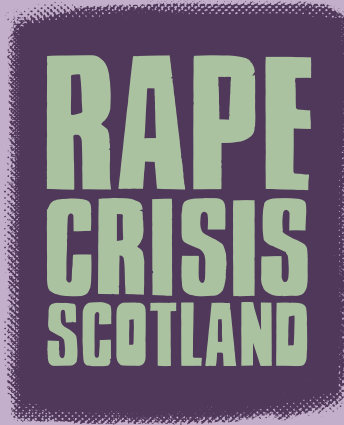






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*Rape Crisis Scotland would like to thank everyone who has supported our work during the past year. We are grateful to the Scottish Government, Rosa and the Scottish Legal Aid Board for their continued financial support, as well as to the many individuals who have made incredible fundraising efforts on our behalf.*

Rape Crisis Scotland,  
Abbey House,  
10 Bothwell Street,  
Glasgow G2 6LU

Office tel: 0141 331 4180

E: [info@rapecrisisScotland.org.uk](mailto:info@rapecrisisScotland.org.uk)

Web: [www.rapecrisisScotland.org.uk](http://www.rapecrisisScotland.org.uk)

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