

Rape Crisis Scotland

Annual
Report
2012

**RAPE
CRISIS
SCOTLAND**

Introduction

Sexual violence can affect anyone. Despite stereotypes involving strangers jumping out from behind bushes, most people are assaulted by someone they know, including partners, family members and acquaintances. Sexual violence is frightening, degrading and humiliating and can have a significant and long-term impact.

For over 30 years, the rape crisis movement in Scotland has supported survivors who have experienced sexual violence, pressed for legal change and countered the many myths about rape and sexual abuse. It is now a thriving network of 13 member centres which provide free and confidential support to survivors of sexual violence by telephone, letter, email and in person. A national office – Rape Crisis Scotland (RCS) – supports the work of local centres and develops new centres in areas where there are no or few specialist services.

This report gives a brief overview of the main developments within RCS and its affiliated centres over the past year. In this time, there have been many significant developments both within RCS and within the criminal justice system.

The RCS helpline, a free and confidential service offering initial support and information, is open every day from 6pm to 12 midnight. Police forces across Scotland operate a referral system on an opt out basis to our helpline, meaning that help and support is provided on a proactive basis to survivors of sexual violence.

1. Supporting local centres

National Service Standards

Rape Crisis Scotland and Rape Crisis England and Wales continue to work in partnership on the development of Rape Crisis National Service Standards (RCNSS).

The RCNSS have been developed in recognition of the need to have in place service standards that are specific to sexual violence services and provide a benchmark for excellence. We also know that in a climate of commissioning and tendering commissioners increasingly require re-assurance and evidence of the quality of the services they are purchasing. In recognition of this national development the Scottish Government has included the adherence and completion of RCNSS as one of the conditions of funding for Rape Crisis specific Funding for RCS member centres.

The benefits of meeting the RCNSS are:

- » *It reassures centre staff (including volunteers / trustees) that they are following best practice*
- » *It lets the survivors know that there is a consistency of best practice throughout the rape crisis centres in England, Wales and Scotland*
- » *It helps build and maintain trust and confidence in rape crisis centre service provision*
- » *It promotes the professional status, credibility and profile of Rape Crisis Services*

This implementation of RCNSS will undergo 2 phases:

Phase One

All member centres were registered in January 2012 onto the self-assessment online tool to assist with gathering evidence and this is then mapped against all the standard section

requirements. This process enables centres to:

- » *Systematically examine their services / practice*
- » *Give focus and process for changes / improvement*
- » *Be inclusive / democratic*
- » *Link what the organisation does with the results it achieves (outcomes)*
- » *Provide an opportunity to celebrate and build on achievements*

This process is due to be completed by member centres in spring 2013. To support this process RCS have facilitated RCNSS support meetings for centres to discuss their progress and share resources. A third meeting with centres is planned for September 2013. RCS staff liaise regularly with the RCEW Lead for the implementation of service standards and are presently reviewing the progress of the RCNSS and discussing proposals for Phase Two of the implementation process: External assessment and accreditation.

Information session – Data Protection

A data protection information session was hosted by RCS for member centres in Feb 2012. This was facilitated by: Sheila Logan, Operations

and Policy Manager with the Information Commissioner office in Edinburgh. This was an opportunity to discuss good practice and receive information on the responsibility of organisations to ensure they comply with the Data Protection Act 1998. This was also an opportunity to support centres in relation to the RCNSS required evidence: Organisational requirement Standard 1.5 Protecting Service users and staff / volunteers Standard 6.2.

RCS Shared vision day with centres

The annual World Cafe event took place at the Albany Centre, Glasgow involving 18 participants from Rape Crisis Centres across Scotland and RCS staff team. This was an opportunity for centre consultation on the proposal for RCS membership structure and the Best Practice model (Rape Crisis Northern Ireland) which was adapted for Scottish member centres. This model offers guiding principles for services addressing sexual violence. A report from the day will be made available to centres.

2. RCS Helpline

The RCS Helpline offers free and confidential support to survivors of sexual violence, their friends, relatives and workers. The Helpline is open daily between 6pm – 12 midnight, staffed by trained workers and volunteers who provide initial and crisis support and information as well as signposting and referrals to local Rape Crisis Centres or other local services that offer longer term support.

In 2011 – 2012, the RCS Helpline received:

- » *2,566 support calls*
- » *146 information calls*
- » *135 silent calls*
- » *23 prank calls*
- » *3 abusive calls*

The RCS helpline works across Scotland with female and male survivors of sexual violence, no matter when in their life it happened. Of support and information calls received, 67% were from survivors of rape and sexual assault, 29%

from survivors of childhood sexual abuse and a further 4% from survivors who had survived sexual exploitation, sexual harassment or ritual abuse.

The RCS Helpline offers a first point of contact for many survivors of sexual violence seeking Rape Crisis support regardless of whether they were recently attacked or whether this happened some time ago. Over half of the calls (54%) received are from survivors who were attacked within the previous year; 4% of these callers were living with ongoing abuse, 12% contact within 1 week of the attack, 21% contact between 1 week – 3 months after the attack and a further 17% between 4 – 12 months following the attack. This indicates that the RCS Helpline is reaching survivors of recent attacks ensuring that emotional support, practical information and safety planning are available.

The RCS Helpline is also effective in reaching survivors of less recent attacks (46%), with 19%

of calls from survivors contacting between 1 – 5 years after the attack; 4% calling between 6 – 10 years and 9% between 11 – 20 years; a further 14% of calls were from survivors who were living with the effects of the abuse for 20 years or more. This demonstrates that the impact of sexual violence often lasts a lifetime and there remains the need for a safe and confidential space to explore this, to acknowledge both the pain and fear but also to recognise the strength and resilience necessary to survive.

On 30th Nov, the RCS Helpline began offering email support. This service was developed to improve access to support and complements that offered on the helpline and minicom. Between Dec and March we responded to 106 support emails, offering an additional channel of support means that more people are able to access support in a way and at a time that suits them. We find that often survivors using email support go on to either contact us on the helpline or to access support directly at their local centre.

During this period RCS worked closely with Shakti Women's Aid towards improving access

for BME survivors. In collaboration with Shakti, we completed a survey to determine awareness of the RCS Helpline and more generally of sexual violence within BME organisations, (who may have contact with survivors of sexual violence). RCS have continued to work towards the recommendations of this survey to improve access including: ongoing staff training, the production of multi-language information leaflets and through building networks with BME organisations.

The RCS Helpline continues to work with ACPOS to deliver a proactive support service to survivors of sexual violence after they have made a report to the police. This process was piloted between: Dec 2010 & May 2011, and has been rolled out across Scotland during 2011 – 12. The direct referral process is available to any survivor aged 16+, regardless of whether it is a recent or historic crime they have reported, and is a significant development of the Helpline's initial and crisis remit. Between April 2011 – March 2012, RCS Helpline received 193 police referrals.

The RCS Helpline produced 2 information leaflets during 2011-12. A leaflet on Stalking

was developed in response to legislation coming into force which defined the offence of Stalking. The leaflet explains the law in relation to Stalking and some of the associated behaviours which perpetrators use to cause fear and alarm. The leaflet also offers support and information both around the impact that this can have and on practical measures which survivors can take to help improve their safety. This resource was developed in conjunction with the National Stalking Working Group and was accompanied by staff training for Helpline workers. As with all leaflets produced by the RCS Helpline this resource is available in translation via the RCS website. The leaflet for survivors who were 'Attacked Whilst Abroad' was developed in response to calls received on the RCS Helpline and difficulties expressed by survivors in accessing relevant support or information due to the attack happening overseas. It offers practical information on accessing support, safety planning, health and reporting to the police whether the survivor is abroad or has returned to Scotland. The resource was developed with input from the Police and the Foreign and Commonwealth Office who also attended an information seminar for Helpline workers.

3. Working for change

Legal Change

In the past year **Lord Carlaway** published a report from his review of key elements of Scottish criminal law and practice, recommending that the requirement for corroboration be abolished. Rape Crisis Scotland supports this recommendation – corroboration has a significant impact in limiting the number of sexual offences which can be prosecuted; due to the nature of sexual offences - which often take place in private – corroboration can be very difficult to obtain.

In the past year, we have been involved in a number of multi-agency activities and groups, including:

- » *Contributing to Crown Office sexual offences training course on regular basis*
- » *Involvement in the Crown Office Expert Group on Sexual Offences*
- » *National Group to Address Violence Against Women*
- » *White Ribbon Steering Group*
- » *Scottish National Stalking Group*

4. Offering support & Information

Website

We continued to publish news and updates on our website on a regular basis (18 new stories in the course of the year) and added many new resources to our website, including translations of our leaflet on Drug-assisted sexual violence.

Stalls, presentations and enquiries

We ran stalls at six events and gave 14 presentations. In addition to general administration calls and calls to the helpline, we responded to 544 enquiries (a 40% increase on the previous year), 88 of which were media enquiries (an 11% increase on 2010/11).

5. Raising awareness

“This Is Not An Invitation To Rape Me” & “Not Ever”

We continued to receive many enquiries about our public awareness campaigns “Not Ever” and “This Is Not An Invitation To Rape Me” from individuals and organisations within the UK, including many requests to adapt these for use locally. Internationally, interest in these campaigns continued to spread, and we received enquiries from a wide range of countries in the course of the year, including New Zealand, Argentina, Canada, Lithuania, Sweden, Norway and the United States. Campaigners, educators, students and parents were among many groups with whom these campaigns resonated, and comments and discussions were posted in considerable volume on both campaign websites during the period.

DVD

We produced a new training DVD for staff and volunteers involved in providing support

to survivors of sexual violence. The DVD is intended to highlight some of the key values, skills and qualities involved in providing support. We published an extract (“key tips”) from the DVD on YouTube at : www.youtube.com/watch?v=iMUr78DnO50&feature=youtu.be

Consent

We held another public screening of the drama documentary “Consent “ – this year in Livingston, West Lothian. This was very well attended. The screening was followed by an interesting and lively discussion between an invited panel (including representatives from the Crown Office, ACPOS, the West Lothian Domestic & Sexual Assault Team (DASAT) and Rape Crisis Scotland) together with a local audience.

10 Top Tips To End Rape

We developed a new poster and postcard campaign (“10 Top Tips To End Rape”) to

highlight the absurdity of rape prevention campaigns which focus entirely on women (as until recently the vast majority of them have done) by warning them to exercise caution and place limits on their behaviour – when it is only men who can really bring about an end to rape, by not committing the crime. The campaign sparked a good deal of online discussion and we received many requests for the campaign materials both from people in Scotland and elsewhere in the UK, as well as from much further afield.

Campaigning with ACPOS

We continued with ACPOS to move forward with plans for a new campaign aimed at potential perpetrators of sexual offences.

Rape Crisis News

We produced two extensive issues of Rape Crisis News during the period, including a special issue of Rape Crisis News on which we collaborated with the Women's Support Project. This issue looked in detail at the growing sexualisation of our culture, and at sexual exploitation, and comprised a diverse range of articles, including ones on the mis-use of

women's images, the impact of pornography, lapdancing, and gender and sexualisation in films. A further issue of Rape Crisis News, which we published in December, brought together a range of articles which look at the Scottish criminal justice system's response to rape.



6. RCS Database Project

Just under 40% of survivors in contact with rape crisis centres are survivors of child sexual abuse, and over 43% have experienced rape as an adult.

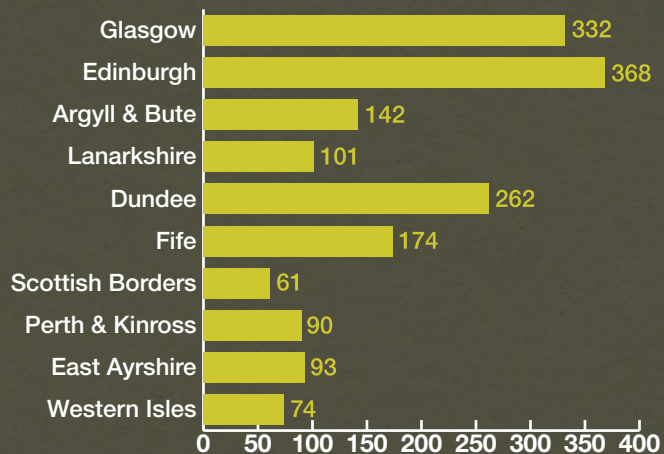
Rape Crisis Scotland has introduced a common statistical gathering system for use by member centres. The purpose of this database project is to produce accurate and reliable statistics on the nature and occurrence of sexual violence experienced by clients using Rape Crisis Centres across Scotland, and statistics that will assist RCCs with their continued development and effective operation. During the year covered by this annual report, 10 centres participated in the project – these centres were: Argyll & Bute, Dundee, East Ayrshire, Fife, Glasgow, Edinburgh (including ELSAS their East Lothian project), Lanarkshire, Perth & Kinross, Scottish Borders and the Western Isles.

The statistics below give a summary of the support offered by these centres for the period 1st April 2011 – 31st March 2012. It is clear from these figures that there is a significant demand for rape crisis services across the country. It is important to bear in mind that the actual level of support offered by rape crisis centres in Scotland is greater than the figures given here, as it only represents the data from the 10 of our 13 member centres who participating in the project for this period. In addition, the actual level of prevalence of sexual violence in Scotland is likely to be far greater than the figures represented here, as many survivors of sexual violence don't feel able to tell anyone about what has happened to them.

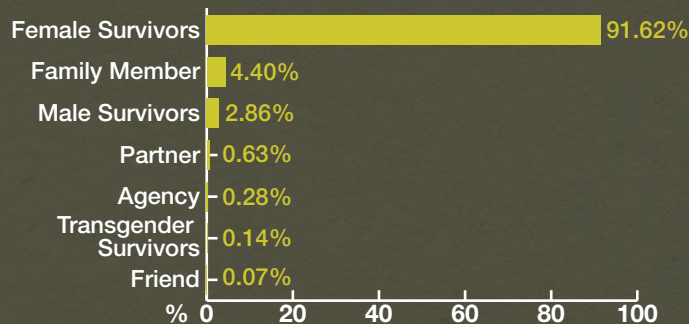
Over 57% of incidents of sexual violence took place either in the home of the survivor or in the perpetrator's home.

Total Clients: 1,697

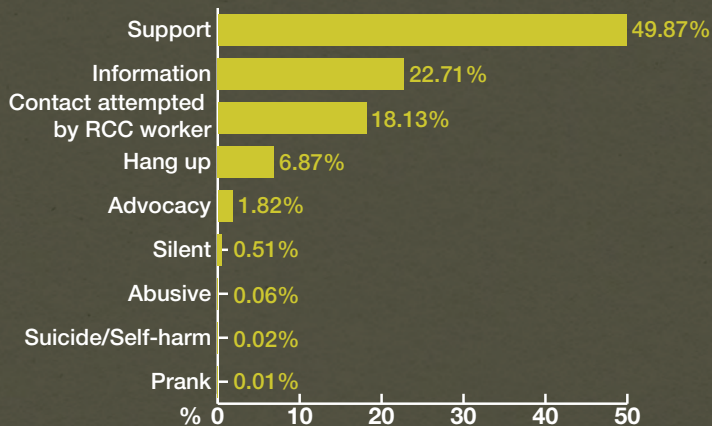
Clients supported per centre



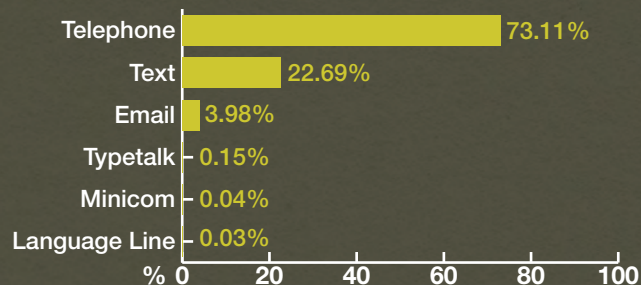
Client Type



Total Calls: 12,622

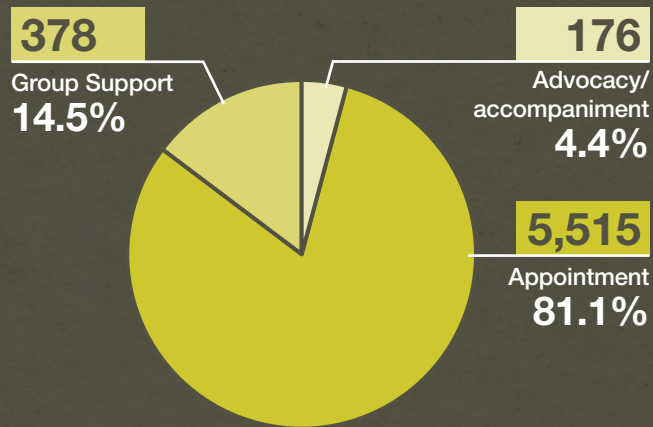


Method of Contact

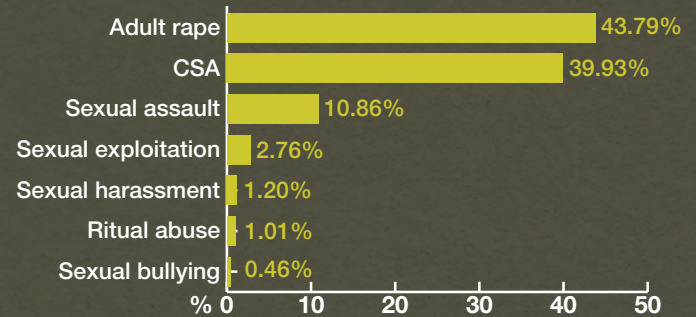


In the past year, rape crisis centres in Scotland provided over 6,000 support sessions to survivors of sexual violence.

Appointments: 6,069

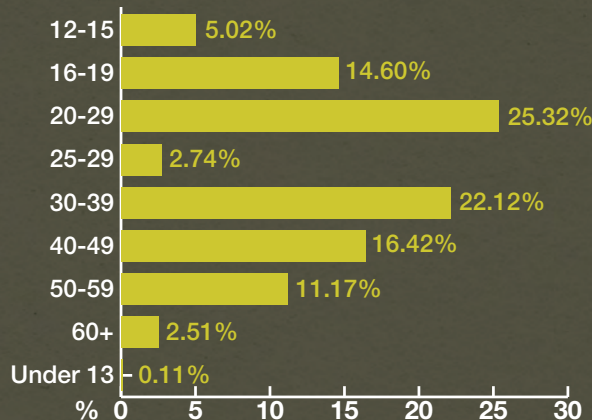


Nature of Abuse*



Some clients have experienced more than one form of abuse.

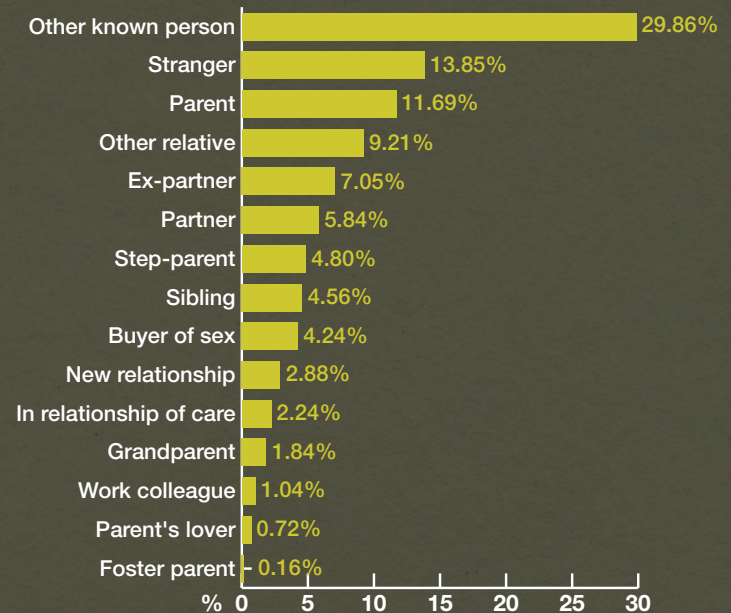
Survivor Age*



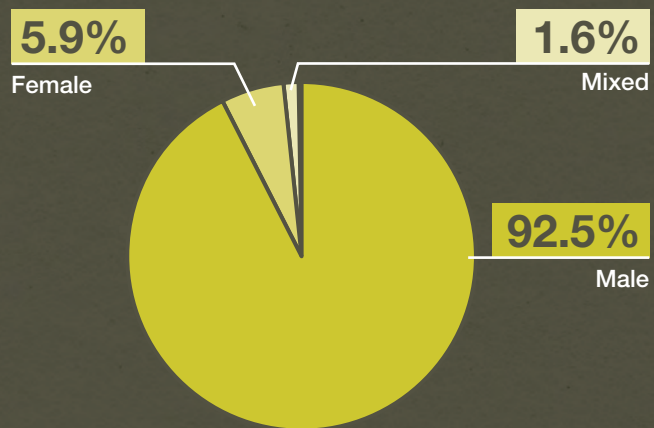
Please note there is a small overlap in age categories during 2011-12 due to a change in how age is categorized within the database.

* (where known)

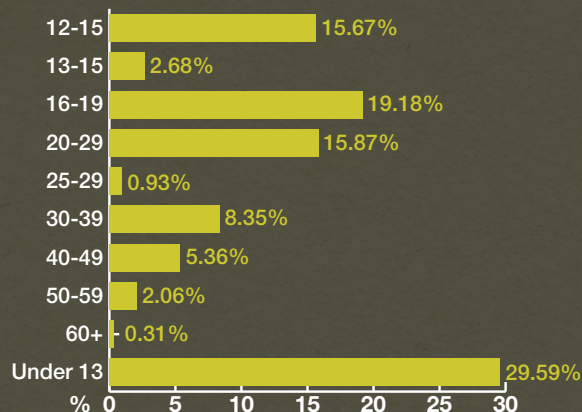
Relationship of Abuser*



Gender of Abuser*

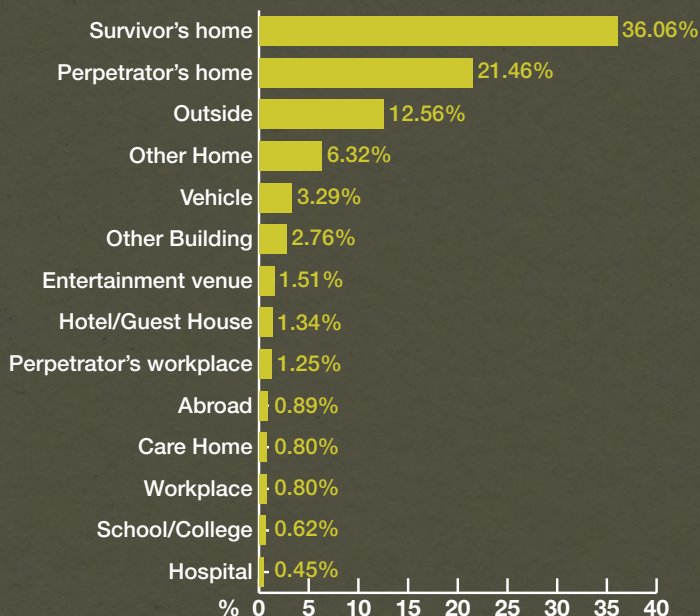


Survivor's age at the start of the abuse*

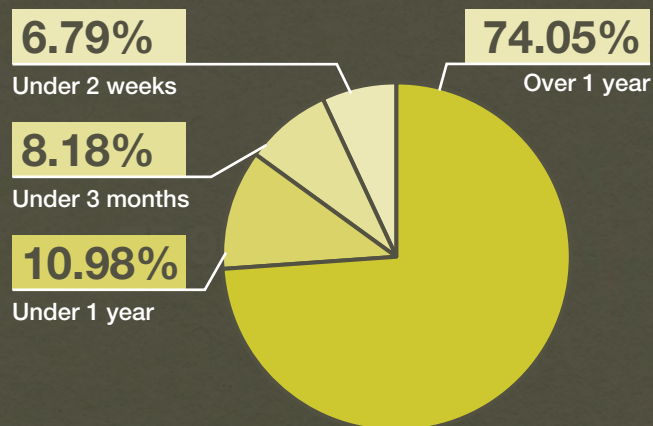


Please note there is a small overlap in age categories during 2011-12 due to a change in how age is categorized within the database.

Location of Abuse*

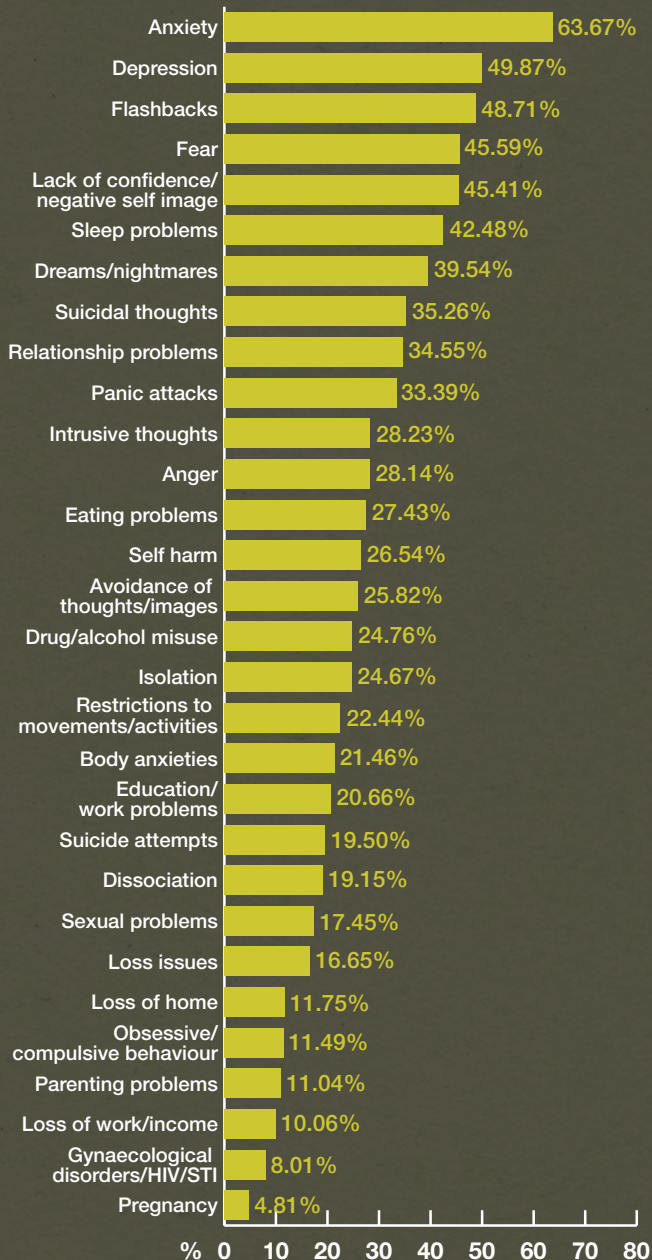


Time elapsed since the abuse*



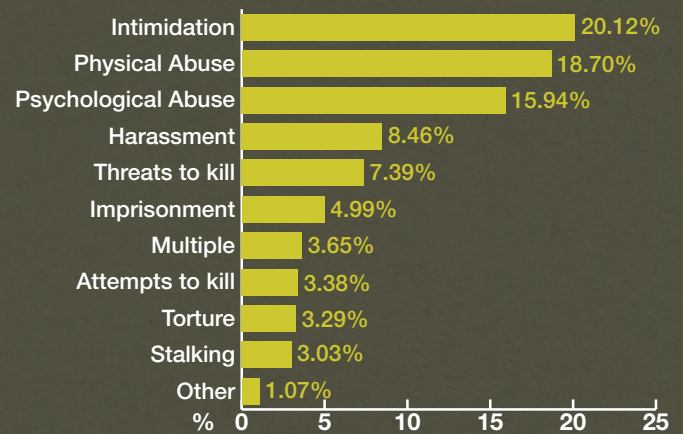
*(where known)

Effects of the abuse*

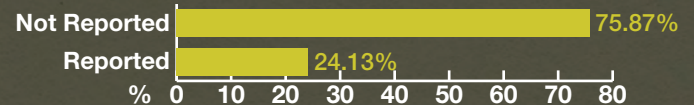


Some clients have experienced multiple effects of abuse.

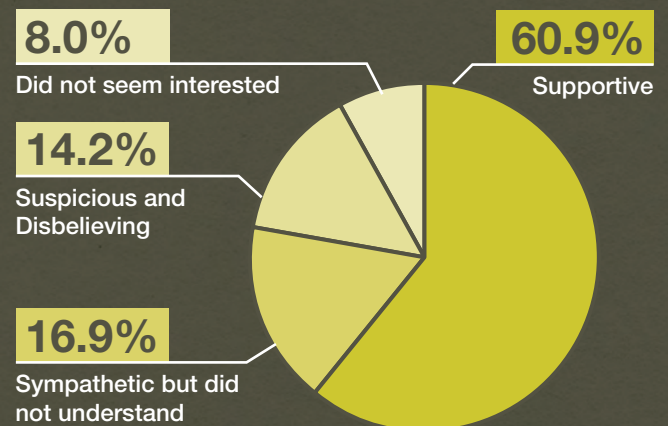
Additional violence involved*



Reported to the police*



Perception of police response*



* (where known)

Less than a quarter of survivors in touch with rape crisis centres have reported their experience to the police.

Over 85% of survivors were raped or abused by someone known to them.

Statistics for the three remaining member centres – Aberdeen, Central Scotland & Dumfries & Galloway – may be available either from their websites or by contacting the centre directly. Please visit the RCS (www.rapecrisisscotland.org.uk) website for contact information. These centres are members of the database project but have either recently joined or due to resource issues have not been able to actively participate in the project for the year April 2011 - March 2012.

7. Finances

Summary accounts for the period April 2011 – March 2012

Auditor: Campbell Dallas

Income

Core funding	£245,000
National Helpline	£269,272
Donations	£9,878
Bank interest	£479
Grants to Local Centres	£650,000
Total:	£1,174,649

Expenditure

Charitable expenditure	£1,176,937
Governance costs	£5,027
Total:	£1,181,964

Please contact us if you would like a copy of our audited accounts.

8. News from local centres

Aberdeen

Our main focus, for 2011/12, was to strengthen and increase our service provision. We were therefore able to recruit and train two cohorts of volunteer support workers in order to enhance the level of service provision.

To help connect with the “hard to reach” women/communities, we were able to have our leaflets printed in a number of languages.

We have started to provide local schools with a programme of presentations/workshops to 6th year pupils. The aim of these is to give guidance on awareness and prevention and to be included as part of the Curriculum For Excellence.

Our Outreach Worker has now joined the Joint Domestic Abuse Group, Joint Domestic Abuse and Sex Industry Forum and the Child Sexual Abuse Forum. These partnerships are in addition to the strong working relationships developed

with Grampian Police, NHS, Social Services and Aberdeen Women’s Aid.

Funding is always the forefront of concern for RAS and we are continually sourcing additional funds and through fundraising events, to be able to continue to provide our specialised services in the North East of Scotland.

Argyll & Bute

Securing Comic Relief Funding was a major achievement for the Centre. We can now facilitate a 3 year rolling programme of age appropriate prevention workshops within all 10 secondary schools in Argyll and Bute. Over 5, 500 young people in year groups S1 through to S6 will participate and significantly, young people disclosing sexual abuse will have access to support services and early intervention.

Additionally, we have been striving for several years to secure funding for a paid worker’s post in Oban to meet the demand for Rape

Crisis Support Services. This has finally been achieved by securing funding from The Henry Smith Charity. We now have 2 part-time support and development workers meeting local need in Oban, but also providing monthly services to the Isle of Mull and the Isle of Tiree. This funding has also been secured for a 3 year period.

Volunteer recruitment and training has been successfully carried out in Campbeltown. We now have 5 committed volunteers providing face to face and telephone support in the Kintyre Peninsula.

Our Group Support Therapies Programme has been carried out in Cowal (incorporating survivors from Helensburgh & Lomond and Isle of Bute) and Oban. Group Support Therapies have been particularly beneficial to young people who have homeless/drug/alcohol issues as a direct result of their sexual abuse, but who do not feel ready or confident enough to access face to face support. We hope to extend our group work to other areas of Argyll by working in partnership with agencies that provide additional support to this very vulnerable group of young people.

Central Scotland

We have had another busy year supporting survivors, which unfortunately suggests that the incidents of sexual violation are not decreasing. By raising awareness of the issues surrounding rape, sexual assault and child abuse within the three local authority areas, we hope that our efforts will bring about more understanding and in turn, a less blaming societal attitude towards survivors.

Our Youth Project and Senior Pupils Presentations have gone exceptionally well during the year under review with over 7,482 students having participated. Taking account of 163 female and 21 male survivors, their families and friends, the talks we do with the community groups and statutory agencies, CSRC&SAC has touched the lives of over 8,050 people within Falkirk, Stirling and Clackmannanshire.

East Ayrshire

The past year has seen significant organisational change as we started the process of moving from a collective structure

to become a Scottish Charitable Incorporated Organisation. We also joined the RCS database project, which will help us record key statistics from our busy and much used support service which we provide throughout East Ayrshire.

Dumfries & Galloway

At the South West Rape and Sexual Abuse Centre, we are very glad to be surviving in the current economic climate. We were delighted to achieve an overall score of 5 (which is very good) in our recent Care Inspectorate inspection, with a 6 (excellent) in two areas. We are currently actively seeking funding to continue offering a counselling service for male survivors.

Dundee

A staggering 3982 hours has been contributed to the organisation by volunteers in 2011/12. At the end of March 2012 we had 20 volunteers and 6 placement students active in the organisation.

WRASAC has taken steps to improve access to the service for transgender women. This involved working towards the LGBT (Lesbian, Gay, Bi-sexual, Transgender) chartermark.

During 2011 we developed the Sexual Assault Referral Network (SARN) in partnership with NHS Forensic Medical Services and Tayside Police. The SARN allows women to be referred for forensic medical examination following a rape or/and sexual assault who do not wish to report the incident to the police at that time. Valuable forensic evidence can be stored should she ever wish to make a formal complaint to the police in the future.

In December 2011 we were delighted to be awarded funding from Survivor Scotland for a Complex Mental Health Support & Development Worker covering the Dundee and Angus areas.

The Vice Versa project received match funding from Dundee City Council for 1 year and Robertson Trust for 3 years which enabled us to maintain the service fully, whilst working towards securing funding from other sources.

Edinburgh

Over the past year we expanded our specialist counselling and complementary therapies services for survivors; our STAR project for girls and young women began using Children's

Accelerated Trauma Treatment which involves art therapy to help alleviate PTSD treatments; ran groups continuously throughout the year; and continued to deliver a wide range of training sessions to agencies in the statutory and voluntary sectors.

New developments also include an outreach service in Midlothian in partnership with Midlothian Women's Aid, and establishing facebook pages for EWRASAC and the STAR project.

We received the Investing in Volunteers Award for January 2012-2015 and produced a comprehensive handbook for our volunteers. We have been very grateful to have received funding from the City of Edinburgh Council, the Scottish Government, the Big Lottery Fund, BBC Children in Need and East Lothian Council.

Fife

FRASAC worked in partnership with Fife Domestic and Sexual Abuse Partnership in facilitating a Multi-Agency Conference: 'Rape and what has it got to do with you?' This conference has led to Fife producing Rape

Care Pathways, providing information to other agencies on how to respond when someone discloses that they have experienced Rape and Sexual Assault.

We have further developed FRASAC activities by offering a counselling service in addition to our valuable support services.

We have signed up to and are working towards Rape Crisis National Service Standards. FRASAC are pleased to be in a position to pilot Psychodrama group work for survivors of Rape and Sexual Assault starting March 2012.

FRASAC have planned a volunteer training to take place in 2012 to increase service capacity due to the high levels of demand on our service.

Glasgow

The year 2011/2012 was busy as always for RCC in Glasgow. The main pieces of work we undertook this year were:

- » *Developing a support project for young women 13 – 17 years funded by BBC Children in Need to support survivors in schools, youth projects, residential settings.*
- » *Development of a new outreach service for BME women living in the south side of Glasgow.*
- » *Comic Relief funding ended for our Asylum/ Refugee support service but we re-applied for funds to develop the project to appoint a specialist Independent Sexual Violence Advocate for women going through the asylum process.*
- » *Lot of work on the National Service Standards and improving our service.*

Lanarkshire

One of the major highlights for LRCC during 2011-12 has been the way that volunteers all came together to support us, both in delivering services and raising crucial funds. This enabled us to provide our services on a regular basis, while a number of fundraising ventures by our team contributed greatly to our income throughout the year. In addition to recruiting and training additional volunteers, we

- » *supported 77 new women*
- » *managed a 25% increase in demand for telephone support*
- » *had more involvement with local partnership groups and input to the local VAW strategy*
- » *Secured core funds for 2012-13*

Perth & Kinross

A major achievement for us during the past year has been the development of a Young People's Service 'SYSTA' to include a prevention programme purchased from Argyll & Bute and further developed for use in Perth & Kinross.

With the proposed use of our Young People's programme in schools across Perth & Kinross, consideration was made to the possibility of young men disclosing abuse. This led to the decision that support would be offered to any young man aged 12 to 18yrs who might disclose abuse as a result of their participation in the programme. In order to remove barriers and to enable young men to feel they could approach RASAC P&K workers for help, it was further decided to change the name of the organisation, removing the word 'Women's' from our title. The change was approved in November 2011 and

the organisation is now known as RASAC P&K. We are also now registered as a Limited Company.

Scottish Borders

Highlights and achievements of this year included:

- » *The recruitment and training of seven new support workers*
- » *The organization of another “Reclaim The Night” march and also a “Big Blether” event during the 16 Days of Action*
- » *A very successful fundraising event called “Sweet Harmony – Songs for Survivors” during the 16 Days*
- » *We co-facilitated four multi-agency Rape & Sexual Abuse Training Days which were oversubscribed*
- » *Development of women-centred advocacy*

We also faced the challenge of moving our office accommodation and operating the service from a reduced space. At the same time, there was an increase in the number of outreach venues, which meant that SBRCC is now able to offer support across the area.

A number of service users expressed an interest in forming a group to feed into the development of the service.

SBRCC has just produced a comprehensive data report for our first two years to present to partner agencies and potential funders locally.

Western Isles

The centre is better able to support women face to face where required when they need it (weather permitting) throughout the Western Isles due to the additional funding from Survivor Scotland. We are reaching survivors by ensuring we offer non threatening openings to come forward for support without the fear of being identified as a survivor and also eliminating the stigma of being seen as a survivor.

We will receive Survivor Scotland funding till 2014. We are still looking for funding to secure our own premises as we cannot afford to rent more appropriate centre space, and the centre no longer serves our needs and is keeping us back from offering more to the women who use our service.

9. Looking ahead

Our priorities for the coming year include supporting our centres to implement the National Rape Crisis Service Standards and recruiting a National Sexual Violence Prevention Coordinator to support the prevention work being carried out at a local and national level. We will also continue to provide immediate and crisis support to anyone affected by sexual violence through our national, daily helpline.

Contact information

Aberdeen

Rape and Abuse Support (RAS)
88 John Street, Aberdeen AB25 1LE

Helpline: 01224 620 772

Office: 01224 639 347

Email: info@rasane.org.uk

Web: www.rasane.org.uk

Argyll & Bute

Argyll & Bute Rape Crisis Centre
PO Box 9338, Dunoon PA23 8WS

Helpline: 0800 121 46 85

Male Helpline: 0800 032 0399

Minicom prefix 08001

Office: 01369 700 800

Email: info@ab-rc.org.uk

Email: support@ab-rc.org.uk

Web: www.ab-rc.org.uk

or visit www.tessaproject.co.uk

Central Scotland

Rape Crisis & Sexual Abuse Centre
1 Glebe Avenue, Stirling FK8 2HZ

Helpline: 01786 471771

Male Helpline: 07733 964478

Office: 01786 446887

Email: csrcc@ic24.net

Website: www.rapecrisiscentralscotland.co.uk

Dumfries and Galloway

South West Rape Crisis & Sexual Abuse Centre
9 George Street Meuse, Dumfries DG11HH

Helpline: 01387 253 113 (Dumfries)

Helpline: 01776 889 331 (Stranraer)

Email: swrcandsac@btconnect.com

Web: www.rape-crisis.co.uk

Dundee

Women's Rape & Sexual Abuse Centre

PO Box 83, Dundee DD1 4YZ

Helpline: 01382 201 291

Office: 01382 205 556

Fax: 01382 226 936

Email: wrasac@btconnect.com

Email (Support): support@wrasacdundee.org

Web: www.wrasacdundee.org

East Ayrshire

Rape Counselling & Resource Centre

PO Box 23, Kilmarnock KA1 1DP

Helpline: 01563 541 769

Office: 01563 544 686

Email: rcrc1@btconnect.com

Edinburgh

Edinburgh Women's Rape

& Sexual Abuse Centre

1 Leopold Place, Edinburgh EH7 5JW

Helpline: 0131 556 9437

Office: 0131 557 6737

Email: support@ewrasac.org.uk

Email: info@ewrasac.org.uk

Web: www.ewrasac.org.uk

Fife

Fife Rape & Sexual Assault Centre

182a The Esplanade, Kirkcaldy KY1 1RE

Office: 01592 642 336

Email: info@frasac.org.uk

Web: www.frasac.org.uk

Glasgow

Glasgow Rape Crisis Centre

5th Floor, 30 Bell Street, Glasgow G1 1LG

Helpline: 0141 552 3200

Office: 0141 552 3201

Minicom: 0141 552 4244

Email: info@rapecrisiscentre-glasgow.co.uk

Web: www.rapecrisiscentre-glasgow.co.uk

Lanarkshire

Lanarkshire Rape Crisis Centre

Brandon House Business Centre,

23-25 Brandon Street, Hamilton ML3 6DA

Helpline: 01698 527 003

Office: 01698 527 006

Minicom: 01698 527004

Email: info@lanrcc.org.uk

Web: www.lanrcc.org.uk

Perth & Kinross

Rape & Sexual Abuse Centre Perth & Kinross
(RASAC P&K)

PO Box 7570, Perth PH2 1BY

Helpline: 01738 630 965

Office: 01738 626 290

Email: info@rasacpk.org.uk

Support: rasacpk@gmail.com

Web: www.rasacpk.org.uk

Scottish Borders

Rape Crisis Centre

41 Bridge Street, Galashiels TD11SW

Helpline: 0800 054 2445

Office: 01896 661070

Email: info@sbrcc.org.uk

Web: www.scottishbordersrapecrisis.org.uk

Western Isles

Rape Crisis Centre

74 Kenneth Street, Stornoway,

Isle of Lewis HS1 2DS

Helpline & Office: 01851 709 965

Email: info@wircc.org.uk

Web: www.wircc.org.uk

Rape Crisis Scotland would like to thank everyone who has supported our work during the past year. We are grateful to the Scottish Government for their continued financial support, as well as to the many individuals who have made incredible fundraising efforts on our behalf.

Rape Crisis Scotland

Tara House, 46 Bath Street, Glasgow G2 1HG

Office: 0141 331 4180

Office fax and minicom: 0141 332 2168

Email: info@rapecrisisscotland.org.uk

Web: www.rapecrisisscotland.org.uk

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RCS Helpline 08088 01 03 02

(voice and minicom)

Open daily 6pm – 12 midnight



Rape Crisis Scotland

T: 0141 331 4180

E: info@rapecrisisscotland.org.uk

Or visit our website www.rapecrisisscotland.org.uk