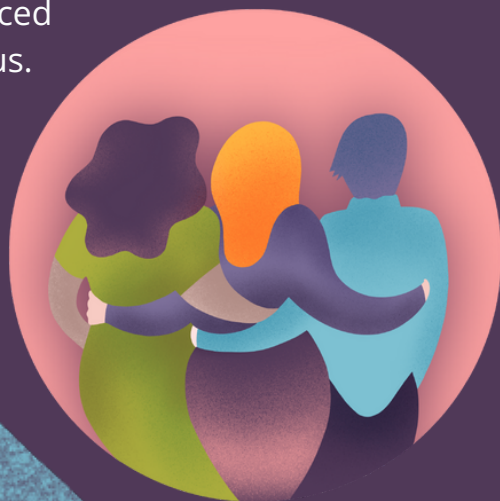


# EQUALLY SAFE IN COLLEGES AND UNIVERSITIES

Rape Crisis Centres offer a range of services to help colleges and universities prevent gender-based violence (GBV), respond to disclosures of GBV, and support students and staff who are experiencing or have experienced GBV - whether on or off campus.



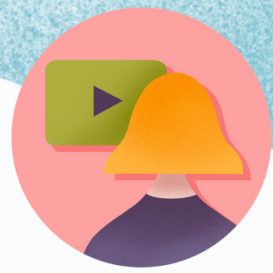


# STAFF TRAINING

## GBV First Responder Training Programme

**This** is a two-tiered programme designed to equip college and university staff with the skills and confidence to respond effectively to disclosures of GBV. Institutions that invest in designated First Responders demonstrate a clear commitment to supporting survivors and fostering a safer, more supportive environment for students and staff.

Level	Participants	Content
<b>Level 1 (Essential) 1 Day</b>	All staff	<ul style="list-style-type: none"><li>• What is GBV?</li><li>• Prevalence and statistics</li><li>• Societal attitudes toward GBV</li><li>• The criminal justice system</li><li>• Introduction to responding to disclosures</li></ul>
<b>Level 2 (Enhanced) 1 Day</b>	Staff in frontline or student facing roles, or those with a remit related to GBV, and who have completed Level 1.	<ul style="list-style-type: none"><li>• Responding effectively to disclosures</li><li>• Defining trauma and trauma symptoms</li><li>• Understanding coping strategies</li><li>• Trauma-informed practice</li><li>• Boundaries and vicarious trauma</li></ul>



# STUDENT EDUCATION

## **GBV eLearning Module**

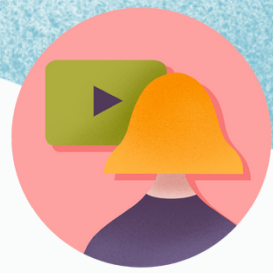
The GBV e-Learning Module is a free, interactive learning tool designed to introduce students to key issues around GBV. The module covers:

- Facts and figures about GBV
- Consent and healthy relationships
- Impact of GBV and how to be a supportive friend
- Where to find support for those affected by GBV

Developed with input from key stakeholders across the GBV, further education (FE) and higher education (HE) sectors, the module is developed specifically for the Scottish context. It includes:

- A gendered analysis in line with 'Equally Safe' policy
- Information on Scotland-specific support for survivors and their supporters
- Relevant Scottish legislation and legal definitions
- Links to RCS's wider Equally Safe in Colleges and Universities (ESCU) project.

**If you would like to discuss tailored student education packages, please contact your local Rape Crisis Centre for more information.**



# STUDENT EDUCATION

## Peer Education Programme

Let's Talk about Sexual Violence is a peer education programme, designed in partnership with the University of Glasgow Students' Representative Union and Glasgow Caledonian University, for students with a keen interest in challenging sexual violence.

Peer educators complete a 3-day train-the-trainer course, equipping them to deliver 90 minute peer workshops for fellow students. The programme asks institutions to champion its values, advertise the training, recruit participants, and support students to coordinate workshops - amongst other requirements (see the [Let's Talk Brochure](#) 'Commitment' page for further details).

**If you would like to discuss tailored student education packages, please contact your local Rape Crisis Centre for more information.**

### **More information:**

If you are interested in finding out more about our work in colleges and universities, please contact:

### **Andrea Lawrie**

Equally Safe at Colleges & Universities Co-ordinator  
[andrea.lawrie@rapecrisisscotland.org.uk](mailto:andrea.lawrie@rapecrisisscotland.org.uk)



**Rape Crisis Scotland Helpline (for anyone aged 13+) 08088 01 03 02**

**Further information about our prevention education programmes available [here](#).**

**Further Information about our support services available [here](#).**

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