

Rape Crisis Scotland

Annual
Report
2014-15

**RAPE
CRISIS
SCOTLAND**

Introduction

For almost 40 years, the rape crisis movement in Scotland has supported survivors who have experienced sexual violence, pressed for legal change and countered the many myths about rape and sexual abuse. It is now a thriving network of 14 member centres which provide free and confidential support to survivors of sexual violence. Rape Crisis Scotland (RCS) supports the work of local centres and campaigns to improve responses to rape.

The RCS helpline, a free and confidential service offering initial support and information, is open every day from 6pm to 12 midnight. Police Scotland operates a referral system on an opt-out basis to our helpline, meaning that help and support is provided on a proactive basis to survivors of sexual violence.

This report gives a brief overview of the main developments within RCS and its affiliated centres over the past year.

01. Supporting local centres

Shared Vision day looking at Equally Safe

In October, Rape Crisis Scotland engaged in a consultation with member RC centres in developing the RCS 4 year strategic plan during our annual Shared Vision Day. Our discussions were focused on the key priority areas identified in Scotland's strategy for preventing and eradicating violence against women and girls 'Equally Safe'. The strategy has been produced by Scottish Government and COSLA, with input from key justice agencies (Police Scotland and COPFS) and from third sector agencies which support women.

All feedback was collected from the day and a report from the day was circulated to all member centres.

Rape Crisis Scotland National exchange day for Centre board members: November 2014

RCS hosted a day for Trustees to support their unique roles within member Rape Crisis centres.

Exploring governance themes:

- » Board recruitment: promotion and selection
- » Board review practices: learning / development plans
- » How to demonstrate the effectiveness of board practices and procedures
- » Identifying training and development for current and future trustees

Rape Crisis Scotland newsletter

In April, we launched a monthly newsletter for RCS member centres. The aim of the newsletter is to keep the network updated with national and local news, developments and events. We encourage all centres to offer feedback and add updates from their centre.

Rape Crisis Scotland organisational consultation with all members centres: board, staff and volunteers

RCS undertook a survey to gather feedback from colleagues in Member Centres about Rape Crisis Scotland provision to member centres. The aim of the survey was:

- » To collect feedback on centres experience of support, information and advice offered by RCS,
- » To identify what we can be doing differently or better
- » To identify what they would like us to prioritise for our strategic plan post March 2015.

All feedback was collated and used to inform an action and development plan for RCS.

02. RCS Helpline

Key Statistics 1/4/14 – 31/3/15

Total Calls: 4,498

Support	4,098
Information	278
Silent	103
Prank	15
Abusive	4

Nature of Assault:

Rape	53%
Sexual Assault	9%
Sexual Harassment	3%
CSA	24%
Other forms of sexual violence	11%

Callers:

Survivor	4,048
Friend	80
Relative	115
Partner	47
Worker	146
Other	62

Contacts:

Email	755
Police Direct Referral	518
3rd Party Reports	11

Gender:

Female	91%
Male	6%
Unknown	3%

Quotes from callers:

"I was very nervous about phoning you but it was well worth it as you gave me the number for the Aberdeen office. I found the call to you most supportive and it put me at ease. Within a week I started counselling at Aberdeen. It has helped me immensely to come to terms with the rape and to be positive about the future. I can't praise the service enough."

"I feel very comforted knowing I can call the helpline when I feel anxious or need to talk anything through. It's an excellent service."

Helpline Developments

The RCS Helpline continues to grow and develop to better meet the needs of survivors contacting us, to offer an accessible service, to produce helpful information for survivors and workers and to support the network of Rape Crisis Centres across Scotland.

During 2014 – 15 we piloted the development and monitoring of call outcomes to evaluate the support, information and access to follow on services offered by RCS Helpline. These are completed, by workers, following support calls to record whether or not the caller has made comments that indicate how their call has affected them:

69% of callers indicated feeling better at the end of the call

42% of callers indicated feeling less isolated

75% of callers indicated feeling more aware of the options available to them

19% of callers discussed ongoing safety

51% of callers accepted signposting information

26% of callers requested referrals to follow on services

Additionally, the RCS Helpline attained 100% completion of the National Rape Crisis Service Standards which provide assurance of the quality of service offered, staff training and recruitment, management, policy and governance.

The RCS Helpline works with local Rape Crisis Centres to ensure that support offered on the national helpline and in local centres is complementary and that callers are able to access follow on support in their own area. In 2014-15, seven centres within the network utilised the RCS Helpline to offer evening helpline contacts across their service area, enabling them to reallocate staff and volunteer time to ongoing, in person support provision.

During 2014 – 15 the RCS Helpline launched a DVD, the 'Survivors Guide to the Scottish Justice System' for anyone who is considering reporting a sexual crime or who has already reported and their case is within the justice process. The DVD contains interviews with key professionals who explain what to expect at each stage of the process and provides an overview of the process from reporting to court. The 'Survivors Guide to the Scottish Justice System' is an accessible resource with English language subtitles and voiceovers in 6 community languages. The DVD was widely distributed and is also available on the RCS website under the Help and Information section.

The RCS Helpline has been working towards the LGBTI Chartermark throughout 2014-15, participating in social media events, delivering 2 in house training sessions and culminating in the production and launch of the LGBTI support resource. The RCS Helpline is committed to providing an accessible service that recognises the barriers callers may experience when considering contact and is promoting access by running two LGBTI badged access sessions a week, on Mondays and Thursdays from 7 – 9pm. Many thanks to the survivors who advised us on the development of this resource and to LGBT Youth Scotland and the Scottish Transgender Alliance for their support.



Left to right: Mridul Wadhwa (Rape Crisis Scotland), Brandi Lee Lough Dennell (LGBT Youth Scotland), James Morton (Scottish Transgender Alliance) & Sandie Barton (Rape Crisis Scotland) at the launch of Rape Crisis Scotland's new service and resource for LGBTI survivors

03. Working for change

In the last year there have been some key developments and Rape Crisis Scotland continues to work for positive changes, especially in the arena of criminal justice.

Scottish Women's Rights Centre

During 2014-15, Rape Crisis Scotland continued, along with partner agencies, to develop plans for a Scottish Women's Rights Centre and secured funding from the Scottish Government (through the Scottish Legal Aid Board) and from Foundation Scotland. This is a partnership project between Rape Crisis Scotland, the Legal Services Agency and The University of Strathclyde Law Clinic. The SWRC will offer free legal information and advice to women survivors of gender based violence and is a much needed service which will help survivors access legal support and protection.



Corroboration & the Bonomy review

Rape Crisis Scotland was represented on the reference group for the Bonomy review which considered safeguards which should be introduced in the event of the corroboration requirement being removed. Following publication of Lord Bonomy's report, the Scottish Government announced that they were postponing the planned removal of the corroboration requirement to enable consideration of the suggested changes. Rape Crisis Scotland looks forward to contributing to future discussions around this, as we are of the view that the corroboration requirement presents a significant barrier to justice for crimes such as sexual and domestic abuse, which most often take place in private.

Partnership working

RCS continues to work in partnership with a range of key partners including:

- » Contributing to Crown Office sexual offences training course
- » Cross party working group on Violence Against Women
- » Cross party working group on Adult Survivors of Childhood Sexual Abuse
- » Delivering training on the Police Scotland SOLO training course
- » Involvement in the Crown Office Expert Group on Sexual Offences
- » Involvement in the Police Scotland expert advisory group on sexual crime
- » Medics Against Violence
- » Scottish National Stalking Group
- » Specialist Adult Sexual Assault Forensic Service Delivery Subgroup
- » White Ribbon Scotland Steering Group

04. Prevention

This year saw the expansion of the national prevention project to include Highland as the tenth participating centre. Prevention workers delivered education to 6591 young people on issues such as consent, sexualisation and the impact of sexual violence, and continued to liaise with a wide range of local partner agencies and groups.

The external evaluation was completed at the end of the year, and we were delighted that the findings indicated that the intervention is very successful in improving knowledge and attitudes. There was strong support amongst teachers and young people interviewed for programmes to be led by specialist external speakers and the materials were found to be appropriate and relevant to the Curriculum for Excellence.

Prevention workers and youth groups took part in a consultation on the materials to enable us to update them and include more materials relevant to LGBT and BME young people.

The national project also undertakes to support young people to become involved in prevention education themselves, one example of which was the highly successful theatre project developed in

Edinburgh. Representatives spoke at the Men's Violence Against Women Cross Party Group, highlighting their concerns and advocating for prevention education to be available to all young people.

On a strategic and policy level, we have fed into the Teenage Pregnancy and Young Parenting strategy working group and submitted to the information sharing guidance for Children and Young People's (Scotland) Act 2014. We also initiated a working group with partner agencies to develop guidance and support for schools addressing gender based violence.

05. Information & awareness-raising

Website & social media

We continued to publish news and updates on our website on a regular basis (21 new stories in the course of the year and 3 blog posts) and added many new resources, including our new resources for LGBTI survivors. Our website also now includes a new and discrete section devoted to Prevention work. We continued to maintain an active presence across a range of social media, including Facebook, Twitter, Google+, Kiltr and YouTube. We published our new 'Survivors' Guide to the Scottish Justice System' on YouTube in a variety of community languages as well as with BSL signing (in addition to the originals) and our campaign video 'Not Ever' has now been viewed there over 800,000 times.

We used social media extensively in the course of the year in order to obtain direct feedback from survivors to inform the development of our new resource for LGBTI survivors, and around their experiences of sexual history and character evidence in the course of trials (to provide evidence of the need for change within the Criminal Justice Bill). In advance of the Scottish Referendum, we participated in a multi-agency

group looking at 'Women and Constitutional Change' and canvassed survivors' views on priorities within a future Scotland.

Twitter

Aug 28

"Great to see @rapecrisisscot have just released a new set of resources for LGBT+ survivors of sexual violence & abuse <http://www.rapecrisisscotland.org.uk/news/new-resource-and-helpline-service-for-lgbti-survivors/> ..."

Nov13

"Brilliant training at @scotwomensaid facilitated by staff from @rapecrisisscot today."



Stalls, presentations and enquiries

We held stalls at 8 events and gave 19 presentations.

In addition to general administration calls and calls to the helpline, we responded to 656 enquiries, 96 of which were media enquiries and 323 of which were responses to requests for information. This represented a 23% increase on 2013/14.

Online safety seminar

During April, Rape Crisis Scotland hosted a seminar looking at online safety. This included presentations on subjects such as sexual violence in intimate relationships, online harassment and revenge porn as well as research into sexting, cyberbullying, sexual harassment and grooming.

Rape Crisis Network Europe

Rape Crisis Scotland received funding to develop the Rape Crisis Network Europe website, and undertook this work in the course of the year. The RCNE website (www.rcne.com) is a central hub for support agencies across the continent and offers contact and access information on a range of organisations offering support and information to survivors of sexual violence in 46 countries in the region.

Screenings

Rape Crisis Scotland took part in the DOCUMENT Human Rights Film Festival in November, introducing the screening of 'Banaz', a documentary on the subject of so-called 'honour killing'. We also held another public screening of the drama documentary "Consent" at Glasgow University. This was again hosted by the university's Amnesty group, and the screening was followed by an interesting and lively discussion.

06. Finances

Statement of Financial Activities For the Year Ended 31 March 2015

Income resources 2015

Incoming resources from generated funds:

Bank interest	£804
Donations	£9080

Incoming resources from charitable activities:

Core funding	£244,000
National Helpline	£260,000
Other restricted Grants*	£408,194

Total incoming resources: £922,078

Resources expended:

Charitable activities	£924,677
Governance costs	£5,548

Total expended resources: £930,225

Net deficit (£8,147)

Fund Balances as at 1 April 2014 £154,970

Fund Balances as at 31 March 2015 £146,823

* Other restricted Grants

Big Lottery Fund – (3rd Sector Early Intervention)	£249,236
Foundation Scotland – (Scottish Women's Rights Centre)	£3,582
Lankelly Chase – (Prevention Coordinator)	£9,026
NHS Highlands (interim RCC Service development project)	£8,850
Scottish Government – (Advocacy project)	£75,000
Scottish Government – (Forth Valley RCC development)	£12,500
Scottish Government – (Highland RC Centre)	£50,000

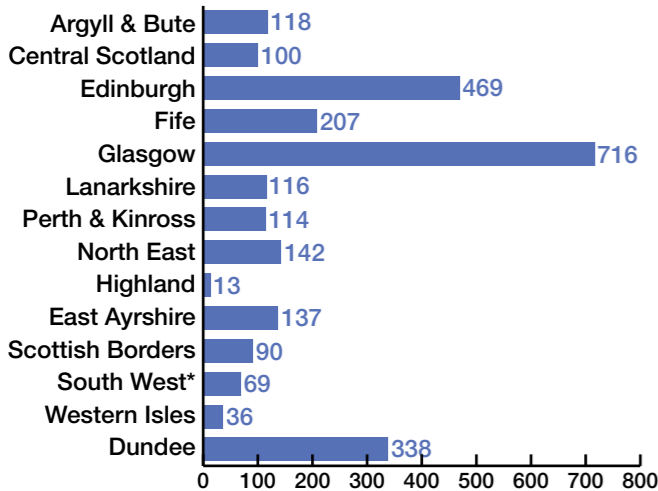
Please contact us if you would like a copy of our audited accounts

07. News from local centres

Statistics from rape crisis centres across Scotland.

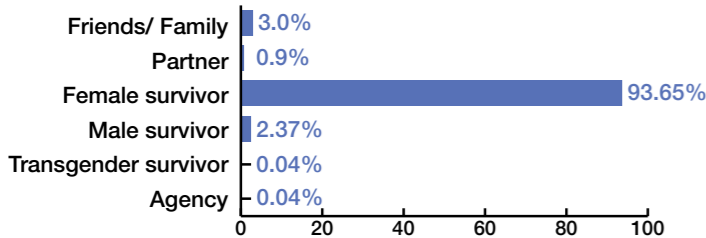
Clients by centre

Total clients: **2,665**



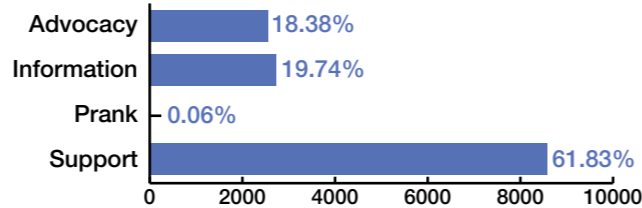
*South West centre only recently joined OASIS and statistics from this centre are therefore incomplete.

Client Type



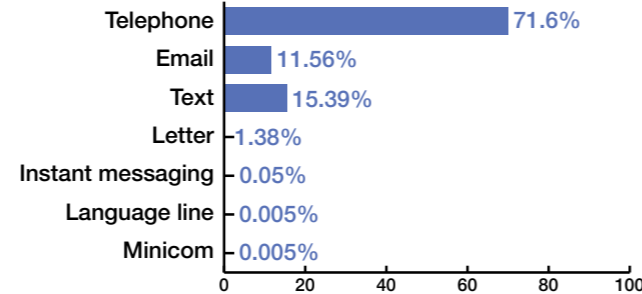
Call Type

Total calls: **13,876**

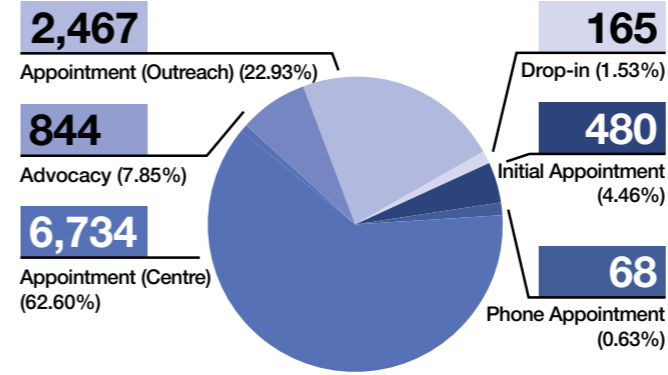


Contact Method

Total contacts: **19,378**



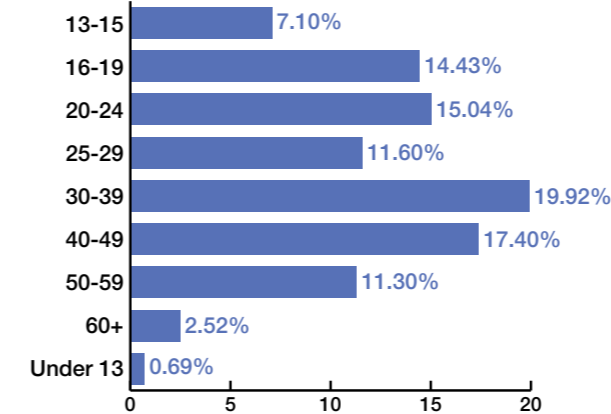
Appointments: **10,758**



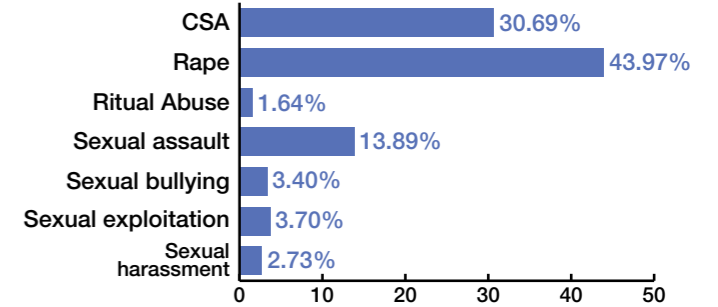
Group Support

- no. of sessions attended: **1,341**

Survivor age*

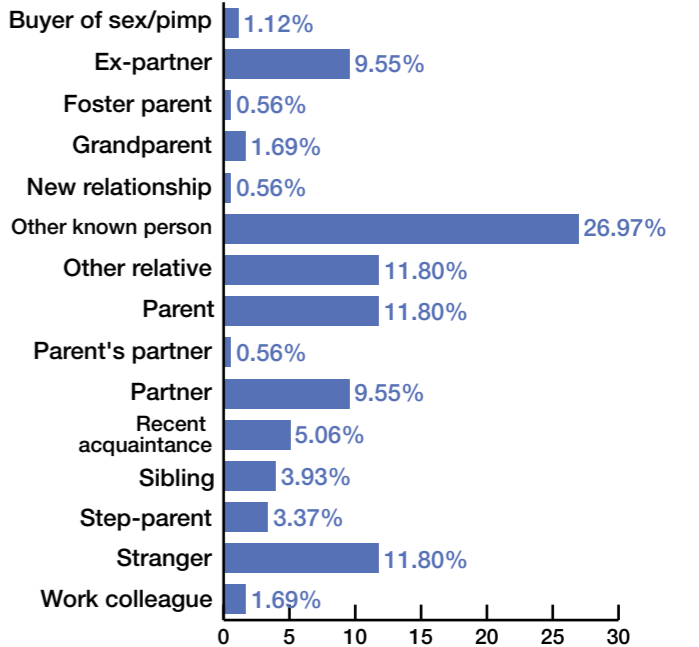


Nature of abuse*



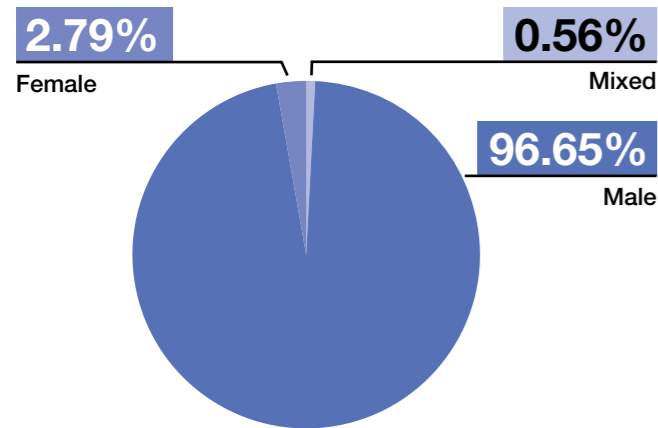
Some clients have experienced more than one form of abuse.

Relationship of abuser*

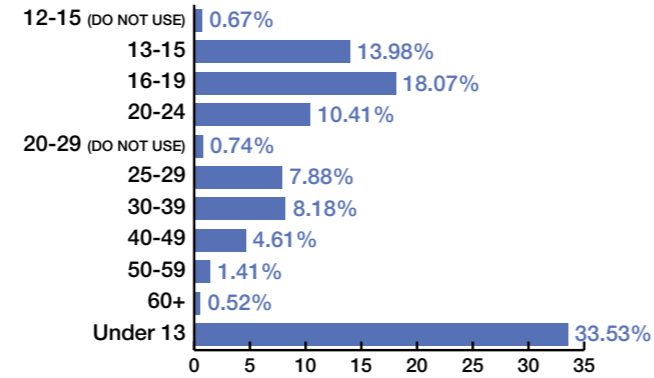


*(where known)

Gender of abuser*

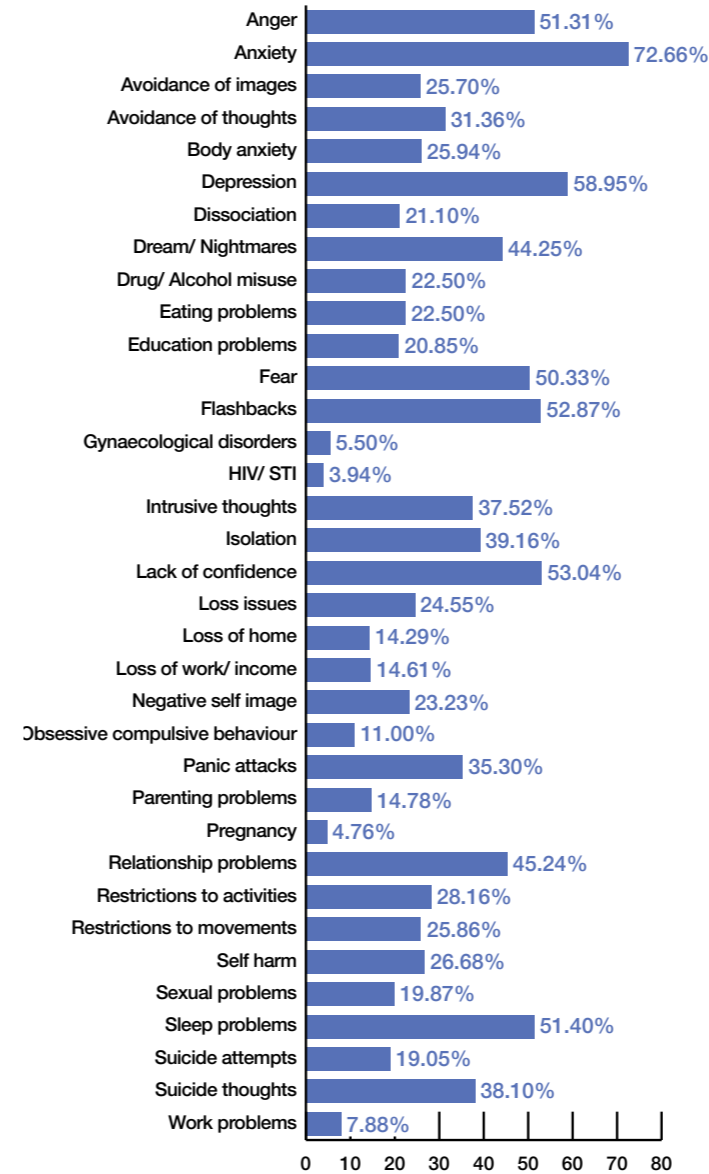


Survivor's age at start of abuse*

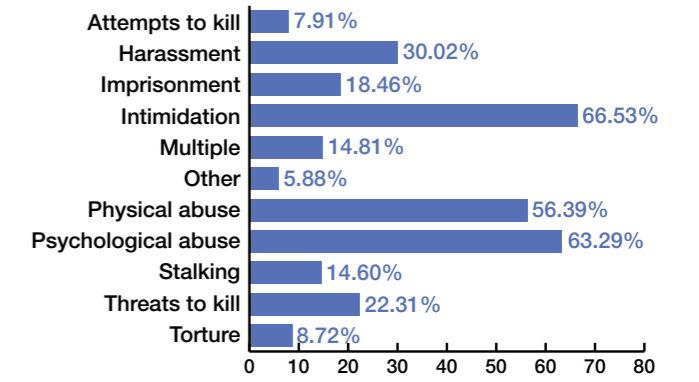


Please note that there is a small overlap in age categories during 2014-15 due to a change in age categorisation within the database.

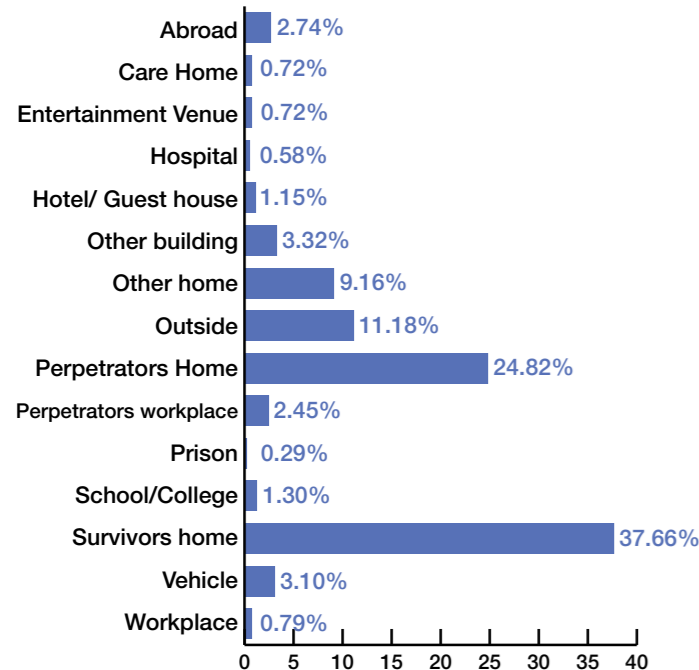
Effects of the abuse*



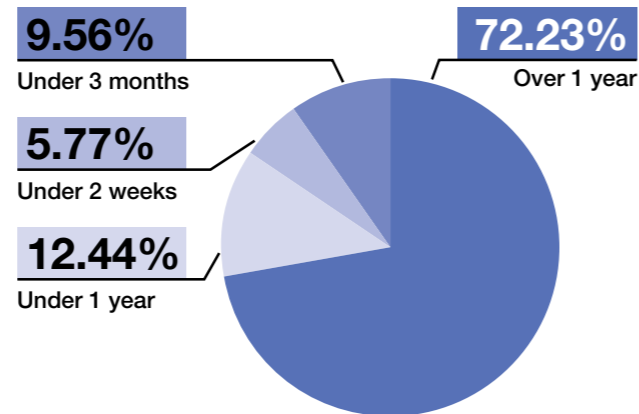
Additional violence involved*



Location of abuse*

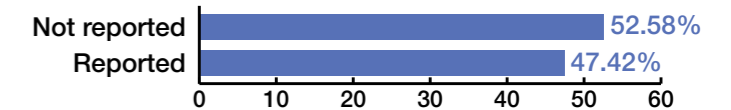


Time elapsed since abuse*

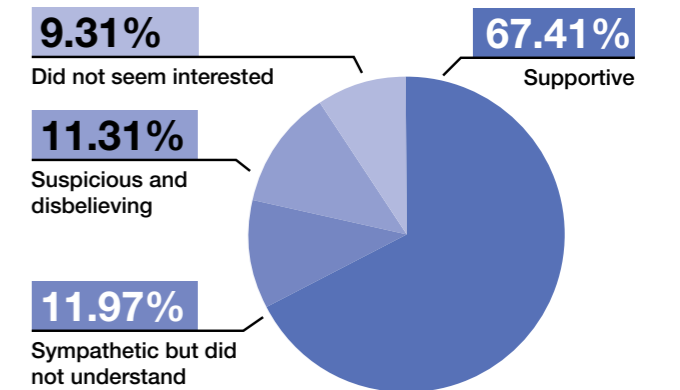


*(where known)

Timeframe of Reporting*



Perception of police response*



*(where known)

Aberdeen

In the last year we have moved premises, and now occupy a larger building which will enable us to see more clients and undertake more support work. We will be fundraising for more group work and will also be able to host additional forms of support for example, for users with drink/drug issues.

We have secured funding for a full time manager's post. In the course of the year we created a new garden area for people to use, and have also set up support groups for survivors and continue to offer outreach support in Aberdeenshire. We have also worked with over 1500 young people through our prevention programme. We provided over 1300 hours 1-1 support for users.

The Nexen Secret Garden will provide a space for workshops, reflection and hopefully gardening projects - it was created by Nexen Volunteers and is open to all users.

Argyll & Bute

The Tessa Mainstream Youth Support and Prevention project and The Tessa LD Youth Support and Prevention project have once again been extremely successful. We are delighted to have received a further 3 year funding package from Comic Relief to continue Tessa Mainstream

workshops and allow a slight extension of Tessa LD workshops.

Tessa LD is only facilitated in 3 areas of Argyll, but 38 young people with Learning Disabilities are currently accessing bespoke, one to one support and prevention workshops. The evaluations of both projects have been extremely positive and encouraging.

Our Partnership Groupwork Programme is gathering momentum and now a number of partner agencies across Argyll and Bute are keen to participate. The 10 week sessions of Art Therapy, Craft Therapy and Confidence building Therapy for Survivors who have a range of additional complex issues which prevent them from accessing face to face support, has proved to be very successful in providing survivors alternative and innovative ways to express emotions, reduce isolation, and increase social interaction and confidence. Partner Agencies participating to date include Drug/Alcohol support, Mental Health support, ex female prisoners and a 'Men's Shed' organisation.

Central Scotland

Central Scotland Rape Crisis and Sexual Abuse Centre underwent some difficulties in 2014-15. The Scottish Government, Voluntary Action Fund and Rape Crisis Scotland worked with the Centre

to look at improvements but the service went into liquidation at the end of January 2015. The Scottish Government provided funding to ensure that everyone being supported by the Centre was contacted and transitional support made available while Glasgow Rape Crisis Centre set up the interim outreach service. Glasgow Rape Crisis's face to face support based in Falkirk, Alloa and Stirling within Forth Valley College is backed up by phone and email support from the national helpline and ensures that survivors in the Forth Valley area have ongoing access to support. This service has been in place since February 2015 and will continue until the establishment of the new Forth Valley Rape Crisis Centre which is in development.

East Ayrshire

Our Sexual Violence Prevention Worker has been delivering workshops in schools around East Ayrshire alongside developing links with agencies, including The White Ribbon campaign and Kilmarnock Academy, with a view to developing projects such as a play on the topic of consent written by local students.

Additionally we secured funding earlier this year from The Brook Trust which enabled us to fund a new position at the Centre of Young Person's Support Worker.

We also secured funding from Voluntary Action Fund to develop our volunteering services. We carried out a 3 month Volunteer Project where we offered training and development to ten local women. This has been continued with our monthly Staff Development days.

Dumfries & Galloway

The New Beginnings Club has been really successful with members attracting funding from the Scottish Women's Fund and also from holding two pop-up shops in Dumfries. This has enabled the club to finance social activities including trips to the pantomime and a local musical.

Our Prevention worker has continued to work very hard delivering the pack to schools throughout Dumfries and Galloway. Feedback has been very positive.

Dundee

Last year has been another challenging year where we have been trying to meet the growing demands on our service with reduced income. We supported an incredible 383 survivors, including 62 women who are involved or at risk of involvement in Prostitution / Commercial Sexual Exploitation. We have continued to adapt our service to meet these challenges.

The Prevention Project has been a roaring success. In total this year we have delivered 158 workshops working with 712 young people in Dundee between the ages of 11-25! The feedback has been fantastic and now every high school in Dundee is receiving the Stay Safe prevention workshops as well as a number of off-site schools and other youth settings.

We received funding to develop a unique piece of research into the scale, nature and prevalence of Sexual Exploitation of Children and Young People in Dundee. This is a partnership piece of work with Dundee City Council and other voluntary sector organisations. The findings of the research will help to plan service delivery to these young people.

“You have given me a glimmer of hope that I haven’t had in years, I now wonder if I just might see my kids grow up.”

A survivor from Angus.

Edinburgh

Alongside our core specialist and trauma-informed support services for survivors – helpline (transferred to RCS’s national helpline in January 2015), email, long-term, group, crisis and advocacy support; we continued to provide outreach services in East and Midlothian, alcohol counselling and specialist trauma-

focused complementary therapies. New service developments include expanding our young people’s STAR Project to include boys and young male survivors of sexual violence aged 12-18. Following this we changed our name (from Edinburgh Women’s Rape and Sexual Abuse Centre) to reflect our new provision for boys and young men. In total we supported 581 service users in 2014-15, providing 2,060 face-to-face support sessions.

As part of Rape Crisis Scotland’s new National Prevention Network, our Prevention Worker delivered sexual violence prevention education workshops to over 1,000 young people in 11 Edinburgh secondary schools. Our prevention project worked with pupils at Leith Academy to develop a theatre production ‘Do You Know’ which was performed at a reception hosted by Malcolm Chisholm MSP in March 2015 and is being made into an educational DVD which will be used in schools nationally.

Our training service continued to raise awareness of sexual violence through the delivery of training courses, and input into Police Scotland’s sexual offences training. We also distributed 4,558 information packs, including 228 copies of our new trauma-informed psycho-educational resource for survivors, the Little Green Book.

We ran a successful community fundraising

appeal which raised around £34,000 which has helped bridge gaps in funding streams. We also secured funding from several new funders, including five year funding from the Big Lottery for our STAR Project.

Fife

FRASAC continues to provide and further develop quality counselling and support services during 2014-15. The Comprehensive Resource Model - CRM is now available to service users. We are now putting more of a focus on education and resourcing.

In the course of the year, we introduced time limited support – this means support is limited to 24 sessions after which the service user can be re-referred following a 2 week break.

We were awarded £3000.00 after Viewforth High School in Kirkcaldy won a Youth and Philanthropy Project where they chose FRASAC to be the charity that they researched and presented. A massive thank you for all their hard work.

Glasgow

Managing the increasing demand on our service year upon year has been a major achievement. In 2014/15 we had over 5,000 calls to the centre and supported over 700 survivors and their family

members. We have developed a new website, and instant messaging plus a new Freephone number have, in addition to the increased level of contact we have received via our email support service this year, added to the wide range of services we provide.

The Ruby Project continues to grow and demand increases monthly. We provide advocacy with our ISVA, we offer one to one support, groupwork, we developed a buddying system for new women coming to the project and we are seeking funds to develop this project to meet the demand. We also secured funds to help us support more survivors of FGM and also to develop our groupwork programme.

We are also very pleased to be part of the Scottish Women’s Rights Centre project as it fits well with our Support to Report work and is much needed.

Lanarkshire

It has been a very busy year for LRCC and a lot of positive work has been completed. The following provides a summary of some of the achievements:

- » Supported 115 survivors
- » Supported over 1500 helpline calls
- » Answered just under 200 one off calls

- » Developed provision to be more inclusive, including establishing relevant links with various agencies
- » More of a balance across North and South Lanarkshire in terms of service provision and access to services
- » Delivered outreach support to school in North Lanarkshire
- » Ongoing prevention work in local schools
- » Established links with LGBTI community
- » Set up a sign on screen for the deaf community to access provision
- » Secured funding from Young Start and set up young person's project STAMP, which challenges sexualisation in the media
- » More input to local VAW partnerships in relation to developing local strategies
- » Delivered specialised training through local VAW partnerships and generated small pockets of income
- » A new board of directors has taken the initiative to enhance recruitment and retention of additional members
- » Reviewed service provision, impact and forward planning
- » LRCC has moved to bigger premises within the same building

Perth & Kinross

RASAC Youth Initiative entered its fourth year. Increased visibility and engagement across schools and community groups led to further demands on the project. This evidenced the need for a Team Leader, and we were thrilled to receive support from Comic Relief to fund this position. The project has since engaged with over 2000 young people in schools and 888 people across community settings. We have recruited 'Youth Ambassadors', whose enthusiasm and commitment in raising awareness about inequality and supporting our work towards ending sexual violence is truly inspiring.

We have been busy working in partnership with Perth College and local community group, Ad Lib Theatre Arts, in the production of an awareness raising DVD about sexual violence, the role of prevention and the work of RASAC P&K. Staff members are busy developing a resource pack to accompany the DVD for use by teachers and other youth workers.

We have increased our staff and volunteer teams; experienced a 36% growth in the number of survivors supported through our group programmes; built the foundations for tackling Commercial Sexual Exploitation through the establishment of a multi-agency group, and enhanced our support service through the use of

our Survivor Wheel - an evaluation tool used at regular intervals within support to aid survivors in their journey of recovery. Our Board of Directors has recruited new members, undergoing training, who are committed to supporting this work.

This year we have received 61 new referrals and 675 helpline calls. 115 women and young people were supported through ongoing support. We experienced a 14% growth in email support across the last 12 months, with 202 email support sessions taking place. We have experienced increasing demand alongside lengthier waiting times. However, such challenges have been addressed within our survivor-centred approach and we have strived to remain responsive and needs-led across all projects.

Scottish Borders

We celebrated our fifth Birthday and recently moved to new larger fit-for-purpose premises and feedback from everyone has been extremely positive. We also recruited 6 volunteer support workers who are now providing support, this has reduced our waiting time considerably. Year on year we continue to see an increase in our referrals and within this increasing number of referrals the age profile is changing and we are receiving referrals for more young people than ever before. We know that some of this increase is a direct result of the Sexual Violence Prevention

Project work and over the last year we have worked in five schools, delivered 157 workshops and reached over 1200 young people.

Our 10 week self-esteem and confidence building programme, the Butterfly Project continues to grow and develop. Due to its success we have been able to open up this group to survivors from other organisations that have experienced sexual violence, and feedback from survivors has been overwhelmingly positive.

Another area we have been working hard to improve is our monitoring and evaluation methods and with the support of VAF and Evaluation Scotland we have embedded new tools and methods for evaluation. We have also started working towards achieving our silver LGBT chartermark.

As part of 16 day of action we organised in partnership with other voluntary organisation and the VAW partnership our fourth Reclaim the Night March, this was a great success, and we participated in the local VAW Conference.

Scottish Highlands

Rape & Abuse Service Highland (RASASH) was established as a SCIO on 29 July 2014. The Centre Manager started work in September 2014, with a Support & Development Worker & Prevention & Campaigns Worker following in

November, and an Admin Finance Worker, in December (all part-time). One Support Volunteer was recruited in November 2014.

A (paid) student intern was appointed to Communications Development Intern post in November. RASAC (the rape crisis centre in Perth) delivered training for us over the winter. We started supporting survivors in January & opened the centre (after much hard work) in April.

We came into some one off unexpected money & appointed an additional Support & Development Worker in June. We successfully applied to VAF for Volunteering monies for 7 hours a week to develop StandUp RASASH, a volunteer programme for young (under 25) volunteers to get involved in our prevention & campaigning work.

We would like to thank the staff at RCS and at Perth for their support, mentoring, help & encouragement over the past year.

Western Isles

In the past year we secured funding through VAF to commission a business and project plan for our organisation. We are aiming to secure funding for an additional worker. We will know the outcome of this in September.

08. Looking ahead

The coming year sees the 40th anniversary of rape crisis in Scotland, and we will be planning a series of events to celebrate what has been achieved and to take stock of what still needs to be done to work towards our objective of ending rape. We will also continue to provide immediate and crisis support to anyone affected by sexual violence through our national helpline, and will support the provision of a new rape crisis service in the Forth Valley.

Contact information

Aberdeen

Rape and Abuse Support (RAS)
88 John Street, Aberdeen AB25 1LE
Helpline: 01224 620 772
Office: 01224 639 347
Email: info@rasane.org.uk
Web: www.rasane.org.uk

Argyll & Bute

Argyll & Bute Rape Crisis Centre
PO Box 9338, Dunoon PA23 8WS
Helpline (women): 0800 121 46 85

Helpline (men): 0800 032 0399

Office: 01369 700 800

Email: info@ab-rc.org.uk

Email: support@ab-rc.org.uk

Web: www.ab-rc.org.uk

or visit www.tessaproject.co.uk

Dumfries and Galloway

South West Rape Crisis & Sexual Abuse Centre
9 George Street Meuse, Dumfries DG11HH

Helpline: 01387 253 113 (Dumfries)

Helpline: 01776 889 331 (Stranraer)

Email: admin@rape-crisis.org.uk

Web: www.rape-crisis.co.uk

Dundee

Women's Rape & Sexual Abuse Centre
2 Dudhope Street, Dundee DD1 1JU

Helpline: 01382 201 291

Office: 01382 205 556

Email: info@wrasac.org.uk

Email (Support): support@wrasac.org.uk

Web: www.wrasac.org.uk

East Ayrshire

Rape Counselling & Resource Centre
PO Box 23, Kilmarnock KA1 1DP

Helpline: 01563 541 769

Office: 01563 544 686

Email: rrc1@btconnect.com

Web: www.rapecounsellingandresourcecentre.co.uk

Edinburgh

Edinburgh Rape Crisis Centre
1 Leopold Place, Edinburgh EH7 5JW

Support Service: 0131 556 9437

Business: 0131 557 6737

Email: support@ercc.scot (Support enquiries)

Email: info@ercc.scot (General email enquiries)

Web: www.ercc.scot

Fife

Fife Rape & Sexual Assault Centre
182a The Esplanade, Kirkcaldy KY1 1RE

Office: 01592 642 336

Email: info@frsac.org.uk

Web: www.frsac.org.uk

Forth Valley

Telephone Support: 08088 01 03 02

(6pm - midnight daily)

Email (support): support@rapecrisisscotland.org.uk

(6pm - midnight daily)

Email (Admin): forthvalleyrccmanager@outlook.com

Face to Face Appointments: 08088 00 00 14

(Daily 11am – 2pm & Mon-Thursday 5.30-7.30)

Glasgow

Glasgow Rape Crisis Centre
5th Floor, 30 Bell Street, Glasgow G1 1LG

Helpline: 08088 00 00 14

Office: 0141 552 3201

Minicom: 0141 552 4244

Email: info@rapecrisiscentre-glasgow.co.uk

Support: support@rapecrisiscentre-glasgow.co.uk

Web: www.rapecrisiscentre-glasgow.co.uk

Lanarkshire

Lanarkshire Rape Crisis Centre
Brandon House Business Centre,
23-25 Brandon Street, Hamilton ML3 6DA

Helpline: 01698 527 003

Office: 01698 527 006

Minicom: 01698 527004

Email: info@lanrcc.org.uk

Web: www.lanrcc.org.uk

Perth & Kinross

Rape & Sexual Abuse Centre Perth & Kinross
(RASAC P&K)

18 King Street, Perth PH2 8JA

Helpline: 01738 630 965

Office: 01738 626 290

Email: info@rasacpk.org.uk

Support: rasacpk@gmail.com

Web: www.rasacpk.org.uk

Scottish Borders

Rape Crisis Centre
1A Wilderhaugh, Galashiels, TD1 1PW

Office: 01896 661070

Email (office): info@sbrcc.org.uk

Email (support): support@sbrcc.org.uk

Web: www.scottishbordersrapecrisis.org.uk

Scottish Highlands

Rape and Sexual Abuse Service Highland
(RASASH)

Support line: 03330 066909

Office: 01463 257657

Email (Office): info@rasash.org.uk

Email (Support): support@rasash.org.uk

Web: www.rasash.org.uk

Western Isles

Rape Crisis Centre
74 Kenneth Street, Stornoway,
Isle of Lewis HS1 2DS

Helpline & Office: 01851 709 965

Email: info@wircc.org.uk

Web: www.wircc.org.uk

Rape Crisis Scotland would like to thank everyone who has supported our work during the past year. We are grateful to the Scottish Government for their continued financial support, as well as to the many individuals who have made incredible fundraising efforts on our behalf.

Rape Crisis Scotland

Tara House, 46 Bath Street
Glasgow, G2 1HG

Office tel: 0141 331 4180

Office fax and minicom: 0141 332 2168

Email: info@rapecrisisscotland.org.uk

Web: www.rapecrisisscotland.org.uk

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Recognised by the Inland Revenue as a Scottish Charity No SC025642

RCS Helpline 08088 01 03 02

(voice and minicom)

Open daily 6pm – 12 midnight



Rape Crisis Scotland

T: 0141 331 4180

E: info@rapecrisisScotland.org.uk

Or visit our website www.rapecrisisScotland.org.uk