

WOMEN'S RAPE AND SEXUAL ABUSE CENTRE

BOOK LIST

RAPE

- McColgan, A, "The case for taking the date out of rape" Pandora's Soap Box.
- Russell, D, "Rape In Marriage", Indiana Uni Press.
- Caroselle, C, "Who's afraid of the dark?" Harper Perennial.

CHILD SEXUAL ABUSE

- Bass, E and Davis, L, "The Courage To Heal: A Guide For Women Survivors Of Child Sexual Abuse", Heinemann.
- Elliot, M, "Female sexual abuse of children - The ultimate taboo", Longman.
- Sanford, L, "Strong At The Broken Places: Overcoming The Trauma Of Childhood Abuse", Virago.

RITUAL ABUSE

- Sakheim, D and Devine, S, "Out Of Darkness: Exploring Satanism And Ritual Abuse", Lexington Books.
- Sinason, V, "Treating Survivors Of Satanic Abuse", Routledge.

SEXUAL HARRASSMENT

- Curtis, L, "Making Advances", BBC

SELF-HARM / INJURY

- Alderman, T, PhD, "The Scarred Soul", New Harbinger Publications inc.
- Babiker, G, & Arnold, L, "The Language of Injury", BPS Books.

All these books are available for loan from the Women's Rape and Sexual Abuse Centre - subject to availability and loan conditions.

SURVIVORS OF SEXUAL ABUSE RESOURCES AND CONTACTS

FOR WOMEN, YOUNG WOMEN AND GIRLS WHO HAVE BEEN RAPED OR SEXUALLY ABUSED AT ANYTIME IN THEIR LIVES

Women's Rape and Sexual Abuse Centre

PO Box 83, Dundee, DD1 4YZ.

Helpline (01382) 201291

Monday 12pm - 2pm, Tuesday 10am - 12pm, Thursday 2pm - 4pm
Wednesday and Friday's 7pm - 9pm, Saturday 2pm - 4pm
answering machine at all other times. (Calls returned discreetly)

Text-phone: (01382) 226936 **Business line:** (01382) 205556.

e-mail: wrasac@btconnect.com

Aberdeen Rape Crisis Centre

PO Box 123, Aberdeen.

Helpline (01224) 620772 Thursdays 7 pm - 9 pm.

Edinburgh Women's Rape and Sexual Abuse Centre

PO Box 120, Brunswick Road, Edinburgh.

Helpline (0131) 556 9437

Monday 7 pm - 9 pm, Tuesday and Thursday's 6 pm - 8 pm.

e-mail: ERASAC@aol.com

Rape Crisis Centre

PO Box 53, Glasgow, G2 1YR

Helpline (0141) 331 1990

Check answering machine for Helpline times

e-mail: glasgowrcc@AOL.com

FOR WOMEN AND MEN WHO HAVE BEEN SEXUALLY ABUSED AS CHILDREN

Abuse Not

4 Victoria Street, Dunfermline, KY12 0LW.

Helpline: (01383) 739084, Monday to Friday 10am-4pm

Kingdom Abuse Survivors Project:

29 Townsend Place, Kirkcaldy, Fife, KY1 1HB

Telephone: (01592) 644217

Rape and Abuse Line

PO Box 10, Dingwall.

Helpline (0808) 800 0123 Every night 7pm-10 pm (Women workers)

Helpline (0808) 800 0122 Wednesday 7pm-10pm (Men workers)

FOR WOMEN AND MEN WHO HAVE BEEN RITUALLY ABUSED

Women's Rape and Sexual Abuse Centre:

See previous page. (Women only)

SAFE

3 Lumley Walk, Amesbury, Wiltshire

Helpline (01722) 410889. Monday - Saturday 6pm - 8 pm

OTHER USEFUL CONTACTS

The Corner:

Health and Information Services for Young People Age 11 to 25.

'Drop In': 13 Shore Terrace, Dundee, DD1 3NP

Telephone: (01382) 206060 **Website:** www.thecorner.co.uk

Bristol Crisis Service for Women:

Support and information for women who self-harm.

PO Box 654, Bristol, BS99 1XH

Helpline (0117) 925 1119

Friday and Saturday 9.00 pm -12.30 am, Sunday 6pm - 9pm.

WOMEN'S AID

Support, Information and refuge accommodation for women and their children who have experienced domestic abuse

Dundee Women's Aid:

61 Reform Street, **Telephone:** (01382) 202525

East Fife Women's Aid:

33 Argyle Street, St Andrews, Fife, KY16 9BX

Telephone: (01334) 477747